

# Culinary Resource Directory

## Cooking Schools & Tours



6th Edition  
\$6.95



# Cooking Club of America

**Betsy Wray**, *Executive Director*

**Doug McDougal**, *Member Benefits Director*

**Kimberly Miltimore**, *Senior Member Benefits Representative*

**Dan Bovitz**, *Senior Member Benefits Representative*

**Ross Tanner**, *Member Benefits Representative*

**Karin Margolis**, *Product Test Coordinator*

## Questions About Your Club?

*Give us a call if you:*

- Must make an address change
- Are missing Club materials or magazine issues
- Have any billing questions
- Would like information regarding benefits
- Are renewing your membership
- Would like to give a gift membership

## (888) 850-8202

7:30am - 6:00pm (CST)

*or write us:*

Cooking Club of America, Member Services Dept.  
PO Box 3438, Minnetonka, MN 55343

*IMPORTANT: Please have your Club member number ready when calling and always include your member number when corresponding with the Club.*

**Email:** [mail@cookingclub.com](mailto:mail@cookingclub.com)  
[www.cookingclub.com](http://www.cookingclub.com)

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## *Dear Cooking Club of America Member:*

If your love of food takes you outside your own kitchen and into your community, around the country or even abroad to learn more about cooking, this guide is for you.

We've contacted top cooking schools across the country and asked them to be a part of our Culinary Resource Directory. Many of them said yes and also agreed to offer discounts to members of the Cooking Club of America (if a discount is offered it is noted at the end of the listing). Those schools are listed here; check to see what's offered in your area of interest.

You'll also find a guide to travel operators who put together food and cooking related tours. Contact one of them if this sounds like a great way to spend a vacation.

Also included in the directory are mail order and online vendors, a great source for locating specialty foods and ingredients. Check out what's available on page 68.

We've packed the directory with lots of helpful information, including a section that lists opportunities for in-home cooking classes.

If there are cooking schools, tour operators, or mail order or online vendors you'd like to see in the directory, write to: C.K. Anderson, CCA—Culinary Resource Directory, PO Box 3430, Minnetonka, MN 55343. We'll contact them and ask if they'd like to be included in the next publication.

I encourage you to take advantage of these exclusive members-only benefits!

Sincerely,



Betsy Wray  
Executive Director



## CULINARY & WINE COURSES

Whether you are an experienced cook or a relative beginner, cooking classes have much to offer. The culinary schools listed in this directory offer classes which cover a wide range of topics such as confectionery arts, grilling techniques, instruction in various ethnic cooking, and even cheese-making. Enroll in a course that interests you and add to your knowledge with new and interesting techniques, or learn the basics of cooking.

The wine courses that are found throughout this section offer various aspects of wine knowledge such as smells and tastes of wines, wine and food pairing, the evaluation of old and new world wines, as well as tips on entertaining.

As an added incentive, besides the fun experience and wonderful new skills that will be yours, many of these culinary schools also offer discounts or a free gift to Members of the Cooking Club of America.

For easy reference, the schools are listed by state and then alphabetically by name. It is recommended that you visit the respective web sites or call the schools or tour agencies for further details about their programs and offers.

## CULINARY & WINE COURSES KEY

Company	—	<b>Culinary Concepts</b>
Contact	—	Judith B Berger, CCP
Address	—	2930 N Swan #126
City, State, Zip	—	Tucson, AZ 85712
Phone #	—	T: 520-321-0968
E-Mail Address	—	culinaryconcept@theriver.com
Web Site Address	—	www.culinaryconcepts.net
Cuisine(s)	—	Cuisine(s): Various
Course Emphasis	—	Course Emphasis: Nine week certificate courses. All subjects and cuisines.
Discount(s) Offered	—	Discount(s): 10% off merchandise

## United States

### ALABAMA

#### **Cook's Garden**

Priscilla Gold-Darby  
306 Cottage Hill Rd  
Mobile, AL 36606  
T: 334-476-6184  
Cuisine(s): All Regional & Ethnic  
Course Emphasis: Great recipes for class menus emphasizing techniques or chef's favorite dishes. Emphasis on technique.  
Discount(s): 10%

#### **Culinarid — The Culinary Institute of Virginia College**

Suzanne Tignor  
195 Vulcan Dr  
Birmingham, AL 35209  
T: 205-802-1200  
stignor@vc.edu  
www.culinarid.com  
Cuisine(s): Various  
Course Emphasis: Career and recreational culinary programs. Intermediate to advanced topics covering cooking, baking and wine appreciation.

#### **Southern Living Cooking School**

Kathryn Dunlap  
PO Box 2581  
Birmingham, AL 35202  
T: 206-877-6000  
kathy\_dunlap@spc.com

### ARIZONA

#### **Chef Brad's Kitchen Store & More**

Chef Brad  
1337 S Gilbert Rd, #106/107  
Mesa, AZ 85204  
T: 480-558-7088  
chef@chefbrad.com  
www.chefbrad.com  
Cuisine(s): Various  
Course Emphasis: Hands-on class. Demonstration classes are free. Baking, pressure cooking, nutrition and easy entertaining.

#### **Culinary Concepts**

Judith B Berger, CCP  
2930 N Swan #126  
Tucson, AZ 85712  
T: 520-321-0968  
culinaryconcept@theriver.com  
www.culinaryconcepts.net  
Cuisine(s): Various  
Course Emphasis: Nine week certificate courses. All subjects and cuisines.  
Discount(s): 10% off merchandise

#### **Elderwood, The Art of Cooking**

Ms Debbie J. Elder, CMP  
9455 E Raintree Drive #2030  
Scottsdale, AZ 85260  
T: 480-551-9769  
debbiejelder@msn.com  
www.grapeconnection.com  
Cuisine(s): Various  
Course Emphasis: Personalized demonstrations in student's home and hands-on cooking classes for individuals or small groups. Culinary tours and week-long European cooking vacations.  
Discount(s): 5%

#### **Kitchen Classics**

Shauna Halawith  
4041 E Thomas Rd  
Phoenix, AZ 85018  
T: 800-954-6828  
shauna@kitchen-clasics.com  
www.kitchen-classics.com  
Cuisine(s): Various  
Course Emphasis: Basic cooking skills series, hands-on and demonstration. About three dozen chefs from valley restaurants prepare every kind of cuisine in demonstrations. Also children's classes. Call for details on cooking tour.  
Discount(s): 10%

**Les Gourmettes  
Cooking School**

Barbara Fenzl  
6610 N Central Ave  
Phoenix, AZ 85012  
T: 602-240-6767  
barbara.fenzl@cox.net  
Cuisine(s): French, Southwest  
Course Emphasis: Classes are 1 1/2 to 2 hour demos followed by a meal with wine in the dining room of Barbara's central Phoenix home. Instructors are from all over the world so many different cuisines are taught.

**Les Petites Gourmettes  
Children's Cooking School**

Linda Hopkins  
12007 N 62nd Place  
Scottsdale, AZ 85254  
T: 480-991-7648  
lpgourmett@aol.com  
Cuisine(s): All cuisines  
Course Emphasis: Children's cooking classes that cover basic techniques and all cuisines. One and four-day hands-on courses for children ages 6-17.  
Discount(s): 10%

**Sweet Basil Gourmetware  
& Cooking School**

Martha Sullivan  
10749 N Scottsdale Rd, #101  
Scottsdale, AZ 85260  
T: 602-596-5628  
sweetbasil@sweetbasilgourmet.com  
www.sweetbasilgourmet.com  
Cuisine(s): Regional & International

Course Emphasis: Demonstration and hands-on classes in ethnic and regional cuisines. Entertaining, technique classes, field trips and specific subjects are also offered.

**Thai Gourmet House  
Cooking School**

Prapat Sturlin  
8313 E Monterosa St  
Scottsdale, AZ 85251  
T: 480-947-1258  
thaigourmethouse@cox.net  
www.thaigourmethouse.com  
Cuisine(s): Ethnic & Regional cuisines

Course Emphasis: Intensive instruction and overview of the ingredients, techniques, and theories of Thai cooking. Also covered are the basic fundamentals of selecting, preparing, and storing ingredients, organizing the kitchen, meal and menu planning.

**The Bisbee Cooking School**

Helen Saul  
Box 541  
Bisbee, AZ 85603  
T: 520-432-3882  
bisbeecookingschool@yahoo.com  
www.geocities.com/bisbeecookingschool

Cuisine(s): Southwest, Cajun, Provincial French  
Course Emphasis: Hands-on, half-day classes in various regional cuisines. Wine appreciation classes and garden tours.

**The House of Rice Store**

Kiyoko Goldhardt  
3221 N Hayden Rd  
Scottsdale, AZ 85251  
T: 480-949-9681  
houserice@aol.com  
www.houserice.com  
Cuisine(s): Chinese, Japanese, Vietnamese and Thai  
Course Emphasis: Single-session participation classes in a large kitchen with U-shaped counter. Private group classes offered.

**ARKANSAS****Cottage Inn Restaurant**

Linda Hager  
450 W Van Buren  
Eureka Springs, AR 72632  
T: 501-253-5282  
lthager@ipa.net  
www.cottageinneurekaspgs.com  
Cuisine(s): Mediterranean  
Course Emphasis: Hands-on, three-day classes that focus on the basics of preparing a 4-course entertaining menu paired with wine.

**School of Southern BBQ**

Jerry Roach  
2055 Hwy 165 S  
De Witt, AR 72042  
T: 800-432-8187  
jr@jrenterprises.com  
www.jrenterprises.com  
Cuisine(s): Barbecue & Grilling  
Course Emphasis: Barbecue cooking techniques; hands-on smoking and grilling instruction for novice or experienced chefs. Learn about rubs, sauces and temperature control.

**CALIFORNIA****A Store for Cooks**

Susan Vollmer  
30100 Town Center Dr , Ste R  
Laguna Niguel, CA 92677  
T: 714-495-0445  
store4cook@aol.com  
www.astoreforcooks.com  
Cuisine(s): Italian, French, Californian, Chinese  
Course Emphasis: Demonstration classes to teach basic techniques of cooking and baking for the home chef.  
Discount(s): 10%

**Academy of Cooking—  
Beverly Hills**

Meredith Jo Mischen  
400 S Beverly Dr #214  
Beverly Hills, CA 90212  
T: 310-284-4940  
meredith@acbh.com  
www.acbh.com  
Cuisine(s): California, Vegetarian, International  
Course Emphasis: For the beginner to the professional home chef. Complete participation from buffet presentation, to eating meal from 1st course to dessert. Experience dining at set tables with china and crystal.  
Discount(s): ACBH—Black canvas bag with logo.

**Affairs of the Vine**

Barbara Drady  
696 Elliott Ln  
Sebastopol, CA 95472  
T: 707-874-1975  
info@affairsofthevine.com  
www.affairsofthevine.com

**Ayurvedic Cooking  
and Nutrition**

Leanne Backer, Executive Chef  
7630 Fay Ave  
La Jolla, CA 92037  
T: 888-424-6772  
info@chopra.com  
www.chopra.com  
Cuisine(s): Holistic

**Bristol Farms Cooking School**

Grace-Marie Johnston  
1507 Rosecrans Ave  
Manhattan Beach, CA 90266  
T: 310-726-1350  
gmjonston@bristolfarms.com  
www.bristolfarms.com/cooking\_school  
Cuisine(s): International & Regional cuisines  
Course Emphasis: Hands-on and demonstration classes in baking, low-fat and basic cooking techniques.

**Cakebread Cellars**

Pat Kincaid  
8300 St Helena Hwy, Box 216  
Rutherford, CA 94573  
T: 707-963-5221  
patk@cakebread.com  
www.cakebread.com  
Cuisine(s): Various  
Course Emphasis: Demonstration and hands-on classes in seasonal specialties.

**California Sushi Academy**

Danielle Chase  
1600 Main St  
Venice, CA 90291  
T: 310-581-0213  
email@sushi-academy.com  
www.sushi-academy.com  
Cuisine(s): Sushi & Japanese  
Course Emphasis: Hands-on classes for beginners to advanced in Sushi and Japanese cuisines. History and etiquette are also taught.



**Can Do Chefs**

Pat & April  
 PMB #167 10832 C Lemon Dr  
 Yorba Linda, CA 92886  
 T: 714-792-1938  
 info@candochefs.com  
 www.candochefs.com  
 Cuisine(s): Various

**Capezzana Wine & Culinary School**

Lili Rollins  
 1607 Pearl St  
 Alameda, CA 94501  
 T: 510-865-8191  
 irr@prodigy.net  
 www.capezzana.it

**Chez Bay Gourmet**

Joel Goldfarb, Chef  
 PO Box 23553  
 Pleasant Hills, CA 94523  
 T: 925-943-2378  
 getcooking@chezbaygourmet.com  
 www.chezbaygourmet.com

**Chez Cherie**

Cherie Twohy  
 4638 Lsheart Dr  
 La Canada, CA 91011  
 T: 818-952-7217  
 cherie@chezcherie.com  
 www.chezcherie.com  
 Cuisine(s): Bistro, Weekend  
 Meals  
 Course Emphasis: Relaxation  
 and enjoyment in the kitchen  
 are hallmarks of Chez Cherie's  
 approach to classes.  
 Discount(s): 10%

**Chez Moi Cooking Instruction at Home**

Jordon Holtzman  
 38 Bayside Ct  
 Richmond, CA 94804  
 T: 510-235-2858  
 infochezmoi@aol.com  
 www.chezmoicooking.com  
 Cuisine(s): French  
 Course Emphasis: Cooking  
 fundamentals taught privately  
 in the comfort and convenience  
 of your own home.  
 Discount(s): \$100

**Cooking in Sonoma**

PO Box 1386  
 Sonoma, CA 95476  
 T: 707-996-0729  
 daryen@worldnet.att.net  
 Cuisine(s): Wine Country Cooking  
 Course Emphasis: Culinary  
 vacation—All inclusive  
 custom hands-on classes  
 for six or more people.  
 Discount(s): Free Wine

**Cooks, Books and Corks**

DJ Rae  
 148 E Prospect Ave  
 Danville, CA 94526  
 T: 925-831-0708  
 dj@cooksbookscorks.com  
 www.cooksbookscorks.com  
 Cuisine(s): International & French  
 Course Emphasis: French  
 classical technique. Hands-on  
 series focus on techniques.  
 Specialty classes on various  
 cuisines. Wine intro classes  
 w/food pairing. Interactive  
 parties, team building, and  
 private events.  
 Discount(s): 5%

**Copia—The American Center for Wine, Food & the Arts**

Brigid Callinan  
 500 First St  
 Napa, CA 94559  
 T: 707-265-5929  
 bcallinan@copia.org  
 www.copia.org  
 Cuisine(s): Various

**Dr. Alan Young Wine Programs**

Dr Alan Young  
 38 Portola Dr  
 San Francisco, CA 94131  
 T: 800-345-8466  
 alanyoung@wineacademy.com  
 www.wineacademy.com  
 Discount(s): 10%

**Draeger's Culinary Centers**

Pamela Keith  
 222 E Fourth Ave  
 San Mateo, CA 94401  
 T: 650-685-3795  
 info@draegers.com  
 www.draegers.com  
 Cuisine(s): Ethnic & Regional  
 Course Emphasis: Learn baking, vegetarian and healthful food preparation, entertaining menus, fundamentals and food history.

**East-West Cooks**

Haley Nguyen  
 6 Fort Sumter  
 Irvine, CA 92620  
 T: 949-225-0599  
 haley@pointronics.com  
 www.east-westcooks.com  
 Cuisine(s): Thai, Vietnamese & Chinese  
 Course Emphasis: We help students explore and understand the usage of Asian ingredients. Learn how to cook ethnic Asian cuisine, go on market tour excursions and international travels.  
 Discount(s): 10% off for cooking class only

**Eat Your Way Through L.A.**

Juliana Ferry  
 6007 LaPrada St  
 Los Angeles, CA 90042  
 T: 323-255-9879  
 tresfrijoles@earthlink.net  
 Cuisine(s): Hot food & pastry production  
 Course Emphasis: Hands-on cooking classes for all levels of cooks as well as culinary tours of the Los Angeles area. A specific focus on ethnic eateries, farmers markets and authentic food preparation. Customized tours.  
 Discount(s): 10%

**Epicurean School of Culinary Arts**

Tracey Diana  
 8759 Melrose Ave  
 Los Angeles, CA 90069  
 T: 310-659-5990  
 epicurean5@aol.com  
 www.epicureanschool.com  
 Cuisine(s): Various

**Erna's Elderberry House Cooking School**

Erna Kubin-Clanin  
 48688 Victoria Ln Box 2413  
 Oakhurst, CA 93644  
 T: 559-683-6800  
 chateau@chateausureau.com  
 www.elderberryhouse.com  
 Cuisine(s): California-French  
 Course Emphasis: Hands-on preparation of daily changing 6-course tasting menu.

**Fred McMillin Wine Courses**

Fred Mcmillin  
 2121 Broadway, #6  
 San Francisco, CA 95115  
 T: 415-563-5712  
 Course Emphasis: Classes for beginner and intermediate students. Six different courses cover all wine fundamentals.

**G. M. Pucilowski Wine Programs**

G M Pucilowski  
 7784 Magnolia Ave  
 Fair Oaks, CA 95628  
 T: 916-961-6150  
 gmpooch@pacbell.net

**Gourmet Retreats at Casalana**

Lana Richardson  
 1316 S Oak St  
 Calistoga, CA 94515  
 T: 877-968-2665  
 lana@value.net  
 www.gourmetretreats.com  
 Cuisine(s): Various

**Great News Discount Cookware & Cooking School**

Erika Schpero  
 1788 Garnet  
 San Diego, CA 92109  
 T: 888-478-2433  
 greatnews@great-news.com  
 www.great-news.com  
 Cuisine(s): Various  
 Course Emphasis: New classes every three months. All levels from basic beginning to fine restaurant executive chef. Also a full-line cookware store.  
 Discount(s): 10% off store equipment only—ask for details

**Hugh Carpenter's  
Camp Napa Culinary**

Hugh Carpenter  
PO Box 114  
Oakville, CA 94562  
T: 707-944-9112  
hugh@hughcarpenter.com  
www.hughcarpenter.com  
Cuisine(s): California-Asian  
Course Emphasis: Participation  
cooking classes based on my 11  
cookbooks. Wine tours of Napa  
and Sonoma, dining at famous  
restaurants and meet some of  
the best known winery owners.  
Discount(s): \$100

**Kitchen Academy—California  
School of Culinary Arts**

Julie Skolsky  
561 E Green St  
Pasadena, CA 91101  
T: 888-900-2433  
jskolsky@scsca.com  
www.kitchenacademy.com  
Cuisine(s): Baking/Cooking  
Course Emphasis: All classes  
are hands-on and are based on  
techniques and recipes taught  
in our professional program.  
Baking and cooking technique  
classes are always offered.  
Discount(s): 15%

**La Cucina Mugnaini**

Mugnaini Imports  
11 Hanger Way  
Watsonville, CA 95076  
T: 888-887-7206  
susie@mugnaini.com  
www.mugnaini.com  
Cuisine(s): Various

**Let's Get Cookin'**

Phyllis Vaccarelli  
4643 Lakeview Canyon Rd  
Westlake Village, CA 91361  
T: 818-991-3940  
lgcookin@aol.com  
www.letsgetcookin.com  
Cuisine(s): Ethnic  
Course Emphasis: Our Basics  
Series includes mostly methods  
and techniques of cooking.

Other classes with famous  
chefs and cookbook authors  
are theme or menu oriented.  
Discount(s): 10% off (where  
other discounts do not apply)

**Marian W. Baldy Ph.d.**

Marian W. Baldy Ph.d.  
First & Normal Sts.  
Chico, CA 95929  
T: 530-898-6250  
mbaldy@csuchico.edu  
www.csuchico.edu/agr/faculty/  
mbaldy/index

**Michael R. Botwin  
Wine Courses**

Michael R Botwin  
2566 Santa Clara  
San Luis Obispo, CA 93401  
T: 805-543-1200

**Mon Cheri Caterers  
& Cooking School**

Sharon Shipley  
461 S Murphy St  
Sunnyvale, CA 94086  
T: 408-736-0892  
sshopley@monchericooking  
school.com  
www.monchericookingschool.com  
Cuisine(s): Various

**Mr. Stox Restaurant Wine Class**

Debbie Marshall  
1105 E Katella Ave  
Anaheim, CA 92805  
T: 714-634-2994  
mrstox@mrstox.com  
www.mrstox.com

**Napa Valley Cooking School**

Barbara Alexander  
Napa Valley College  
1088 College Ave  
Saint Helena, CA 94574  
T: 707-967-2930  
balexander@campus.nvc.cc.ca.us  
www.napacomunityed.org/  
cookingschool/wine.html  
Cuisine(s): Californian, Ethnic  
Course Emphasis: Professional  
course emphasis: Career training  
for fine dining establishments.  
Food enthusiast courses: One to  
four-day cooking classes for the  
serious amateur. Wine education  
is also offered.

**Peggy Rahn Cooks**

Peggy Rahn  
484 Bellefontaine St  
Pasadena, CA 91105  
T: 626-441-2075  
prahn@earthlink.net  
Cuisine(s): Global  
Course Emphasis: Techniques,  
everyday and party perfect menus  
for home cooks. Small hands-on  
classes. American, European,  
Mediterranean & Asian tours.  
Discount(s): 5%

**Ruta's Kitchen — Regional  
Indian Cooking Class**

Ruta Kahate, Chef  
373 Alcatraz Ave  
Oakland, CA 94618  
T: 510-655-7882  
ruta1@hotmail.com  
www.rutaruta.com  
Cuisine(s): Indian

**Sarchielli Cooking School  
of Tuscany**

Judith Sarchielli  
21839 San Miguel St  
Woodland Hills, CA 91364  
T: 818-884-1411  
sarchjudith@netscape.net  
Cuisine(s): Tuscan  
Course Emphasis: Fresh,  
seasonal peasant cooking with  
recipes over 300 years old.  
Healthful and delicious.  
Discount(s): 10%

**Scuola di Cucina**

Liza Garfield  
152 Shoreline Hwy  
Mill Valley, CA 94941  
T: 415-389-0755  
lizagarfield@attbi.com  
www.frantoio.com  
Cuisine(s): Italian

**Spun Sugar Cake & Candy  
Classes & Supplies**

Linda Moreno  
1611 University Ave  
Berkeley, CA 94703  
T: 510-843-9192  
spunsugar@spunsugar.com  
www.spunsugar.com  
Cuisine(s): Cake decorating,  
candy making  
Course Emphasis: Cake  
decorating, cookie art and  
candy making. Hands-on  
and demonstration classes.

**Sugar 'n Spice Cake  
Decorating School**

Jeanne Lutz  
2965 Junipero Serra Blvd  
Daly City, CA 94014  
T: 650-994-4911  
sugnspez@aol.com  
Course Emphasis: Cake  
decorating, candy making  
Discount(s): 10%

**Tante Marie's Cooking School**

Peggy Lynch  
271 Francisco St  
San Francisco, CA 94133  
T: 415-788-6699  
peggy@tantemarie.com  
www.tantemarie.com  
Cuisine(s): Pastries & Regional  
Cuisine  
Course Emphasis: Several  
sessions to choose from.  
Hands-on classes in general  
and specific topics, pastries  
and regional cuisines.

**The Art of Thai Cooking**

Kasma Loha-Unchit  
105 Echo Ave  
Oakland, CA 94620  
T: 510-655-8900  
kasma@lmi.net  
www.thaifoodandtravel.com  
Cuisine(s): Thai, Asian &  
Southeast  
Course Emphasis: Hands-on  
programs from beginner to  
advanced; working with Thai  
flavors and aromatic herbs.  
Discount(s): \$10 off 4-session  
series; \$25 off for week-long class

**The Jean Brady  
Cooking School**

Jean Brady  
680 Brooktree Rd.  
Santa Monica, CA 90402  
T: 310-454-4220  
bradyrustic@yahoo.com  
Cuisine(s): California, French  
& Ethnic  
Course Emphasis: Healthful  
food techniques to cut fat. Tours  
to France and India — classes  
with local chefs. Specializing in  
private groups and team  
building.  
Discount(s): 10% off classes  
(not tours)

**The New School of Cooking**

Anne Smith  
 8690 Washington Blvd  
 Culver City, CA 90232  
 T: 310-842-9702  
 annesmith@aol.com  
 www.newschoolofcooking.com  
 Cuisine(s): Ethnic  
 Course Emphasis: Recreational classes emphasizing proper techniques. Hands-on and demonstrations. Also offered—private parties and summer cooking camps for children & teens.

**The Rhode School of Cuisine**

Tim Stone  
 216 Miller Ave #8  
 Mill Valley, CA 94941  
 T: 800-447-1311  
 tstone3945@aol.com  
 www.to-gastronomy.com  
 Cuisine(s): French & Italian  
 Course Emphasis: Week long stay at beautiful villas in France and Italy along with cooking classes experience, touring, and wine tasting.  
 Discount(s): \$100

**The Sustainable Kitchen**

Laurel Miller  
 2930 Fulton St  
 Berkeley, CA 94705  
 T: 510-665-1446  
 kuakua.kids@gte.net  
 www.sustainablekitchen.com  
 Cuisine(s): Various  
 Course Emphasis: Culinary tours, cooking classes at organic farms, dairies and cheesemakers.

**The Tasting Spoon**

Sue Young  
 520 Washington Blvd, #816  
 Marina del Rey, CA 90292  
 T: 310-306-8851  
 sue@tastingspoon.com  
 www.tastingspoon.com  
 Cuisine(s): Various  
 Course Emphasis: Four different locations that offer a variety of interesting classes and recipes.

**Weir Cooking**

Joanne Weir  
 2107 Pine St  
 San Francisco, CA 94115  
 T: 415-776-4200  
 jw@weircooking.com  
 www.weircooking.com  
 Cuisine(s): Mediterranean, Californian  
 Course Emphasis: Hands-on classes in fabulous destinations across the U.S. and Europe. Experience food, wine and shopping wherever you choose your culinary adventure. Learn to make seasonal salads, pizza, flatbreads and desserts.  
 Discount(s): Free cookbook with each 1-week course enrollment

**Winespeak**

Betsy Fischer  
 10 Fourth St  
 Santa Rosa, CA 95401  
 T: 707-577-8358  
 gofish@sonic.net  
 Course Emphasis: Fun and educational food and wine tasting, seminars and dinners.

**Wok Wiz Walking Tours & Cooking Center**

Shirley Fong-Torres  
 654 Commercial St  
 San Francisco, CA 94111  
 T: 415-981-8989  
 wokwiz@aol.com  
 www.wokwiz.com  
 Cuisine(s): Chinese  
 Course Emphasis: Learn to prepare simple, healthy, fun-to-cook northern and southern Chinese food.

**Zov's Bistro**

Zov Karamardian  
 17440 E 17th St  
 Tustin, CA 92780  
 T: 714-838-9926  
 zov@zovs.com  
 www.zovs.com  
 Cuisine(s): Various  
 Course Emphasis: Demonstration classes in the front kitchen of Zov's Bistro.

## COLORADO

### Aspen Wine Program

Stephen Reiss  
Box 10206  
Aspen, CO 81612  
T: 970-923-9211  
Info@aspenswineprogram.com  
www.aspenswineprogram.com

### Be Nourished Cooking School

Rebecca Wood  
Box 610  
Crestone, CO 81131  
T: 719-256-4727  
info@benourished.com  
www.benourished.com  
Cuisine(s): Various

### Cook Street School of Fine Cooking

Seema Modishah  
1937 Market St  
Denver, CO 80202  
T: 303-308-9300  
info@cookstreet.com  
www.cookstreet.com  
Cuisine(s): Various

### Cooking School of the Rockies

Joan Brett  
637 S Broadway, Ste H  
Boulder, CO 80303  
T: 303-494-7988  
csr@cookingschoolrockies.com  
www.cookingschoolrockies.com  
Cuisine(s): Various

### Kathy Smith's Cooking School

Kathy Smith  
4280 E Plum Court  
Greenwood Village, CO 80121  
T: 303-740-6884  
kathybethsmith@msn.com  
Cuisine(s): Various

### Savory Palette Gourmet Retreats

Deborah DeBord  
81 Cree Ct  
Lyons, CO 80540  
T: 303-823-0530  
deborah@indra.com  
www.expressionretreats.com

Cuisine(s): Ethnic & Regional  
Course Emphasis: Gourmet weekend retreats. Small group, hands-on instruction.

### School of Natural Cookery—The Main Course

Joanne Saltzman  
PO Box 19466  
Boulder, CO 80308  
T: 303-444-8068  
info@naturalcookery.com  
www.naturalcookery.com  
Cuisine(s): Vegetarian

### The Seasoned Chef Cooking School

Susan Stevens  
999 Jasmine St, Suite 100  
Denver, CO 80220  
T: 303-377-3222  
info@theseasonedchef.com  
www.theseasonedchef.com  
Cuisine(s): Various  
Course Emphasis: Demonstration and hands-on classes for the home chef. Topics range from basic skills to gourmet cooking techniques, ethnic cuisine, market tours, wine and food pairings, children's classes. Local celebrity guest chefs featured.  
Discount(s): 5%

### Westwood Farms

Mike & Kathy Wood  
PO Box 1653  
Paonia, CO 81428  
T: 970-537-6136  
sales@westwoodfarms.com  
www.westwoodfarms.com  
Cuisine(s): Various

## CONNECTICUT

### All About Wine

Rick Ross  
45 Rushford Meade  
Granby, CT 06035  
T: 860-653-6057  
redwine5@earthlink.net

**Bella Cucina**

Carol Borelli  
PO Box 421  
New Canaan, CT 06840  
T: 203-966-4477  
cborelli@earthlink.net  
Cuisine(s): Italian  
Course Emphasis: Basic techniques, fresh pasta, soups, breads and dinner party menus. Market and restaurant visits. Travel programs to Italy that feature cooking, art, history, language lessons and excursions.

**Dinners by Eila  
Cooking Classes**

Eila Johnson  
23 Lockwood Ave  
New Canaan, CT 06840  
T: 203-979-7403  
eilajohnson@yahoo.com  
www.dinnerbyeila.com  
Cuisine(s): Various

**Foodsearch Plus, Inc**

Karen Hanson  
258 Florida Rd  
Ridgefield, CT 06877  
T: 203-438-0422  
foodsearch@att.net  
Cuisine(s): Basic & Ethnic  
Course Emphasis: Learn basic culinary techniques, pastry and baking, home entertaining, French basics and other ethnic interest. Culinary trips to Provence.  
Discount(s): 15%

**Fourteen Lincoln Street B & B**

Cheryl Jean, Chef  
14 Lincoln St  
Niantic, CT 06357  
T: 860-739-8180  
fourteenlincoln@aol.com  
www.14lincolnstreet.com  
Cuisine(s): Various

**La Cucina —  
Instructional Cooking**

Rachel Kessinger  
128 Bridgeport Ave  
Milford, CT 06460  
T: 203-874-5300  
matterofthymellc@aol.com  
Cuisine(s): Various

**Mystic Cooking School**

Annice Estes  
PO Box 611  
Mystic, CT 06355  
T: 860-536-6005  
mysticcooks@yahoo.com  
www.mysticcooking.com  
Cuisine(s): Regional & Ethnic  
Course Emphasis: Hands-on classes in specific techniques, food and wine pairings, regional and ethnic cuisines. Learn to prepare meals with farm produce and fresh seafood. Also tours of New Orleans and Cajun areas.

**Prudence Sloane's  
Cooking School**

Prudence Sloane  
245 Main St  
Hampton, CT 06247  
T: 203-455-0596  
prudencesloane@aol.com  
www.prudencesloane.com  
Cuisine(s): Ethnic & Regional  
Course Emphasis: Demonstrations and hands-on classes in ethnic and regional cuisines, knife skills, food and wine pairings, holiday menus, food history, and wine selections. Also private party classes.

**Ronnie Fein School  
of Creative Cooking**

Ronnie Fein  
32 Heming Way  
Stamford, CT 06903  
T: 203-322-7114  
ronskie@aol.com  
Cuisine(s): Regional  
Course Emphasis: Hands-on classes in technique, ingredients and menus. Seasonal and holiday menus, ethnic cuisines and gifts of food.

**Silo Cooking School**

Sandra Daniels  
Upland Rd  
New Milford, CT 06776  
T: 860-355-0300  
sales@thesilo.com  
www.thesilo.com

Course Emphasis: We offer participation and demonstration classes that pertain to a certain cuisine. Instructors come from local restaurants, the Food Network and elsewhere.

### **Wine Wanderings, Inc**

Lou Campbell & Cathi Carroll  
192 Gillies Ln  
Norwalk, CT 06854  
T: 203-853-9550  
winew@attglobal.net

## **DELAWARE**

### **What's Cooking at the Kitchen Sink**

Michele DiVincenzo  
425 Hockessin Corner  
Hockessin, DE 19707  
T: 302-239-7066  
cook@thekitchensink.com  
www.thekitchensink.com  
Cuisine(s): Ethnic & Regional  
Course Emphasis: Hands-on and demonstration classes include: techniques and methods, baking and pastry, ethnic and regional cuisines, wine classes and entertaining menus. Private classes and children's workshops.

## **DISTRICT OF COLUMBIA**

### **A Week in Provence**

Sarah Brown  
4700 Connecticut Ave NW #304  
Washington, DC 20008  
T: 202-537-7202  
lesmartins@compuserve.com  
Cuisine(s): Provencal  
Course Emphasis: Food and wine as part of the overall cultures of Provence.  
Discount(s): 5% off individual; 10% off for a group of 6

### **Company's Coming**

Jinny Fleischman  
3313 Ross Place NW  
Washington, DC 20008  
T: 202-966-3361  
veflei@aol.com  
www.companycoming.com

Cuisine(s): Various  
Course Emphasis: Hands-on and demonstration classes in home entertaining. Learn menu planning, cooking, presentation, food and wine pairing. Customized classes for groups.

### **Society of Wine Educators Programs**

Bonnie Fedchock  
1200 G St, Ste 360  
Washington, DC 20005  
T: 202-347-5677  
director@societyofwineeducators.org  
www.wine.gurus.com  
Course Emphasis: We offer professional development and certification programs for individuals interested in wine education.

### **What's Cooking!**

Phyllis Frucht  
1917 S Street Nw  
Washington, DC 20009  
T: 202-483-7282  
whatsckng@aol.com  
Cuisine(s): Ethnic  
Course Emphasis: Hands-on classes in International and Asian cooking, techniques, vegetarian and contemporary cuisines.

## **FLORIDA**

### **At Home Gourmet Cooking Lessons**

Dan Follese  
1203 SE 1st Way  
Deerfield Beach, FL 33441  
T: 954-405-8773  
chefdan@aol.com  
www.chefdan.com  
Cuisine(s): Various  
Course Emphasis: Classes held in student's home kitchen. Analysis done on student's pantry and cookware, shop for ingredients and utensils, market visits and meal preparation, knife skills and more.



**Chef Allen's**

Allen Susser  
19088 NE 29th Ave  
Aventura, FL 33180  
T: 305-935-2900  
chefallen@aol.com  
www.chefallen.com  
Cuisine(s): Various  
Course Emphasis: Hands-on and demonstration classes the second Wednesday of every month where the student works one-on-one with restaurant staff. Learn to prepare New World cuisine using local fish, Latin root vegetables and tropical fruits.

**Chef Jean-Pierre's****Cooking School**

Chef Jean-Pierre Brehier  
1436 North Federal Hwy  
Fort Lauderdale, FL 33305  
T: 954-763-8861  
chefjp@bellsouth.net  
www.chefjeanpierre.com  
Cuisine(s): Mediterranean,  
Italian & French  
Course Emphasis: All basic cooking methods from beginner to the more experienced cook. Prepare pasta, sauces, hors d'oeuvres and fish. Also gourmet and vegetarian classes.  
Discount(s): 10% off first class reserved

**Cottages to Castles of Sanibel & Captiva, Inc**

Matthew Mitchell  
2427 Periwinkle Way  
Sanibel, FL 33957  
T: 800-472-5385  
c2csanibel@aol.com  
www.c2csanibel.com  
Cuisine(s): Various  
Course Emphasis: Cooking classes held in a private estate home on Captiva Island, off the coast of Fort Myers. Daily classes with varying menus according to client requests.

**Galaxy Nutritional Foods' Veggie Culinary School**

Tony Oust  
2441 Viscount Row  
Orlando, FL 32809  
T: 407-855-5500  
toust@galaxy-foods.com  
www.galaxyfoods.com/culinary.html  
Cuisine(s): Various

**Going Solo In The Kitchen**

Jane Doerfer  
PO Box 123  
Apalachicola, FL 32329  
T: 850-653-8848  
jdoerfer@digitalexp

**Harriet's Kitchen****Whole Foods Cooking School**

Harriet Mcnear  
1136 Oak Blvd  
Winter Park, FL 32789  
T: 407-644-2167  
harit@mindspring.com  
www.harrietskitchen.com

**Italian Cooking Holiday**

Gayl Blount  
Hoyt House B & B Inn  
804 Atlantic Ave  
Amelia Island, FL 32034  
T: 800-432-2085  
innkeeper@hoythouse.com  
www.singingchef.net  
Cuisine(s): Italian

**Kitchenique Cooking School**

Jamie Landreneau  
9375 Hwy 98 W #7  
Destin, FL 32550  
T: 800-476-2918  
kitchenique@gnt.net  
www.kitchenique.com  
Cuisine(s): Various

**La Maison Gourmet**

John Lewis  
471 Main St  
Dunedin, FL 34698  
T: 727-736-3070  
john\_10245@msn.com  
www.lamaisongourmet.com  
Cuisine(s): Various

**La Palmier**

Linda Lowman  
 1855 Sherry Dr  
 Atlantic Beach, FL 32233  
 T: 904-246-4839  
 llowman@attbi.com  
 www.lapalmier.com  
 Cuisine(s): French & Italian  
 Course Emphasis: Hands-on  
 classes in French and Italian  
 cuisines, basic techniques and  
 special occasion dinner menus.  
 Customized private classes for  
 groups.

**MJD Culinary Ventures, Inc**

Manny J Delgado  
 219 Riviera Cir  
 Weston, FL 33326  
 T: 954-328-3493  
 mannyd@gate.net  
 Cuisine(s): Various

**Sarasota Food  
& Wine Academy**

Michael Klauber  
 1212 East Ave S  
 Sarasota, FL 34239  
 T: 941-366-0007  
 michael@bestfood.com  
 www.bestfood.com  
 Cuisine(s): Various  
 Course Emphasis: Hands-on,  
 demonstration classes and wine  
 courses. Guest chefs.

**The Palm Beach School  
of Cooking, Inc**

Doreen Nordstrom  
 2950 Olivewood Terrace, Ste  
 108  
 Boca Raton, FL 33431  
 T: 561-750-9529  
 cybrcook@pb.sefflin.org  
 Cuisine(s): Ethnic  
 Course Emphasis: Hands-on for  
 non-professionals and a six-week  
 Personal Chef Certificate  
 program. This enables cooks with  
 basic skills to learn how to build  
 a business. Also post-graduate  
 training for professionals in  
 various cuisines.

**The Ritz-Carlton, Amelia  
Island Cooking School**

Frank Cavella  
 4750 Amelia Island Pkwy  
 Fernandina Beach, FL 32034  
 T: 800-241-3333  
 www.ritzcarlton.com

**GEORGIA****Chef Joe Randall's  
Cooking School**

Chef Joe Randall  
 5409 Waters Ave  
 Savannah, GA 31404  
 T: 912-303-0409  
 info@chefjoerandall.com  
 www.chefjoerandall.com  
 Cuisine(s): Southern

**Donald Reddicks  
Wine Programs**

Donald Reddicks  
 7055 Hunters Branch Dr  
 Atlanta, GA 30328  
 T: 770-393-4584  
 donredds@earthlink.net

**Herbert F. Spasser  
Wine Programs**

Herbert F Spasser, D.D.S.  
 2660 Peachtree Rd NW  
 Atlanta, GA 30305  
 T: 404-842-1651  
 jill-herb@2660peachtree.com  
 Course Emphasis: Wines of the  
 world.

**The Cooking Scene**

Ray Overton  
 The Georgia Lifestyles  
 Learning Center  
 1790 Hembree Rd  
 Alpharetta, GA 30004  
 T: 770-442-8053  
 Cuisine(s): Various

**The Cook's Warehouse, Inc.**

Mary Moore

549-1 Amsterdam Ave NE

Atlanta, GA 30306

T: 404-815-4993

cookware@mindspring.com

www.cookwarehouse.com

Cuisine(s): Various

Course Emphasis: Hands-on and demonstration classes in ethnic cuisines, holiday and seasonal foods and chef specialties.

**The Nicholas Lodge School of Cake Decorating & Sugar Arts**

Scott Ewing, School Director

6060 McDonough Dr, Ste D &amp; E

Norcorss, GA 30093

T: 770-453-9449

nicklodge1@aol.com

www.nicholaslodge.com

Cuisine(s): Cake Decorating & Sugar Arts

**The School of Culinary Arts at The Art Institute of Atlanta**

June Fischer

100 Embassy Row

Atlanta, GA 30328

T: 800-275-4242

Cuisine(s): General

Course Emphasis: Hands-on classes and certificate of completion in basic skills and baking and pastry. Classes in pasta, fusion cooking, baking, pastries and hors d'oeuvres.

Discount(s): \$15

**Ursula's Cooking School, Inc**

Ursula Knaeusel

1764 Cheshire Bridge Rd, NE

Atlanta, GA 30324

T: 404-876-7463

ursaulakatl@aol.com

www.ursulacooks.com

Cuisine(s): Various

Course Emphasis: Four-session demonstration courses.

Gingerbread house construction, advance preparations and time-saving methods.

**HAWAII****Aloha Loving Foods**

Robert Marcus

7 Laupapa Place

Maui, HI 96708

T: 808-575-9192

mauilovesyou@aol.com

www.lovingfoods.com

Cuisine(s): Vegetarian

Course Emphasis: The focus is on health and well being.

Learn vegetarian and raw food preparation.

**Cooking School at Akaka Falls Inn**

Sonia R Martinez

PO Box 190

Honomu, HI 96728

T: 808-963-6860

akakainn@gte.net

www.akakafallsinn.com

Cuisine(s): Pacific-Tropical

Course Emphasis: Hands-on classes in Pacific-tropical cuisines using fresh, locally grown ingredients. Visits to markets, food producers & wineries. Various types of group classes offered.

**Cuisines of the Sun**

68-1400 Mauna Lani Dr

Kohala Coast, HI 96743

T: 808-885-6622

maunalani@maunalani.com

www.maunalani.com

Cuisine(s): Regional

**ILLINOIS****Avondale's Armanetti Beverage Mart**

Stuart Bander

8935 N Milwaukee Ave

Niles, IL 60714

T: 877-966-2300

**Beautiful Food**

Charie MacDonald

2111 Beechwood Ave

Wilmette, IL 60091

T: 847-256-3979

chariemacdonald@aol.com

Cuisine(s): Various  
 Course Emphasis: Fresh foods, techniques, breads, pastas, pastries, soups and low-cholesterol foods.

### **Chez Madelaine Cooking School & Tours to France**

Madelaine Bullwinkel  
 425 Woodside Ave  
 Hinsdale, IL 60521  
 T: 630-325-4177  
 chezmb@aol.com  
 www.chezm.com

Cuisine(s): French  
 Course Emphasis: Hands-on classes in cooking and baking techniques. Tours to the Limousin region of France.

### **Chicago Wine School**

Patrick Fegan  
 2001 S Halsted St  
 Chicago, IL 60608  
 T: 312-266-9463  
 pwfegan@aol.com  
 www.wineschool.com

### **Corner Cooks, Inc.**

Betsy Simon  
 507 Chestnut St  
 Winnetka, IL 60093  
 T: 847-441-0134  
 cornercook@aol.com  
 www.cornercooks.com  
 Cuisine(s): Various

### **Cuisine Cooking School**

Marysue Salmon  
 1100 23rd Ave  
 Moline, IL 61265  
 T: 309-797-8613  
 mscuisine@aol.com  
 Cuisine(s): French & Italian  
 Course Emphasis: Technique as applied to recipes. Class taught in menu form.  
 Discount(s): 10% or \$4.50 off classes only

### **Food Fest, Inc.**

Gail Guggenheim  
 125 County Lane  
 Highland Park, IL 60035  
 T: 847-831-4265  
 foodfest1@aol.com

Cuisine(s): Various  
 Course Emphasis: Getaway weekends that feature cooking classes, seminars and tasting. Four programs per year. Entertainment menus, gourmet products, new food trends and ethnic foods.

### **Frontera Grill/Topolobampo**

445 N Clark St  
 Chicago, IL  
 T: 312-661-1434  
 Cuisine(s): Mexican

### **Gaetano's Cucina Italiana**

Gaetano DiBenedetto  
 160 E Huron St  
 Chicago, IL 60611  
 T: 800-945-8606  
 tik945@theinternationalkitchen.com  
 www.theinternationalkitchen.com/gaetano.htm  
 Cuisine(s): Italian

### **Heat & Spice Cooking School**

Joseph Sochor  
 925 W Cullom Ave  
 Chicago, IL 60613  
 T: 773-404-2229  
 heatandspice@rcn.com  
 Cuisine(s): Thai, Mexican, Indian  
 Course Emphasis: Learn direct-heat techniques — grilling, stir frying and flatbread baking. Also learn how to use tropical herbs, chiles and spices.  
 Discount(s): 10%

### **Kendall College, The School of Culinary Arts**

The Dining Room  
 2408 Orrington Ave  
 Evanston, IL 60201  
 T: 847-448-2399  
 diningroom@kendall.edu  
 www.kendall.edu  
 Cuisine(s): Various  
 Course Emphasis: Weekend hands-on and demonstration classes, some with guest chefs. Also wine classes taught by award-winning sommelier, frequent events and special dinners.

**Monique's Culinary Experience**

Monique J. Hooker  
 1187 Wilmette Ave Box 332  
 Wilmette, IL 60091  
 T: 319-538-9365  
 jamhook@interaccess.com  
 www.floatpoint.com/food  
 Cuisine(s): French, International  
 Course Emphasis: Seasonal  
 cooking; techniques and flavors  
 of the world for everyday  
 cooking at home. Tours to  
 France and Thailand.  
 Discount(s): 10%

**Prairie Kitchens Cooking School**

Carolyn Friedman  
 PO Box 372  
 Morton Grove, IL 60053  
 T: 847-966-7574  
 Cuisine(s): All Cuisines  
 Course Emphasis: All classes  
 are hands-on cooking for the  
 home chef.

**Tastings Cooking School**

Lisa Fieber  
 RR 1 Box 102  
 Grayville, IL 62844  
 T: 618-446-5183  
 fieberl@wabash.net  
 Cuisine(s): Healthy American  
 & Italian  
 Course Emphasis: General  
 healthy cooking including  
 special diets, food safety and  
 sanitation and children's  
 programs.  
 Discount(s): 10%

**The Chopping Block  
Cooking School**

Shelley Young  
 1324 W Webster  
 Chicago, IL 60614  
 T: 773-472-6700  
 info@thechoppingblock.net  
 www.thechoppingblock.net  
 Cuisine(s): Ethnic, Vegetarian  
 Course Emphasis: Cooking  
 classes to educate and entertain  
 the home cook. All levels of  
 students. Classes offer a wide  
 variety of topics: foods, wine,  
 beer, also private parties and  
 events. Retail store has gourmet  
 and ethnic ingredients, tools and  
 equipment.

**The Cooking & Hospitality  
Institute of Chicago**

Jim Simpson  
 361 W Chestnut  
 Chicago, IL 60610  
 T: 312-944-2725  
 chic@chicnet.org  
 www.chicnet.org  
 Cuisine(s): General  
 Course Emphasis: Professional  
 certificate and associate degree  
 programs.  
 Discount(s): 10% off  
 non-professional programs

**The Cooking Schools of  
Treasure Island Foods Inc**

Maria Kamberos  
 3460 N Broadway  
 Chicago, IL 60657  
 T: 773-327-4265  
 Cuisine(s): Various  
 Course Emphasis: Weekly demon-  
 stration and hands-on classes by  
 Chicagoland's talented chef's.  
 Classes designed for the novice  
 and sophisticated cook. Recipes,  
 tasting, wine pairings and fun!

**What's Cooking**

Ruth Law  
 7206 Chestnut Hills Dr  
 Burr Ridge, IL 60521  
 T: 630-986-1595  
 lawcooks2@netscape.net  
 Cuisine(s): Asian  
 Course Emphasis: Hands-on and  
 demonstration classes in Asian  
 cooking. Tours to Asian countries  
 feature cooking with professional  
 chefs, market visits, sightseeing  
 and gourmet dining.

**INDIANA****Country Kitchen**

Vi Whittington  
 3225 Wells St  
 Fort Wayne, IN 46808  
 T: 219-482-4835  
 cntryktchn@aol.com  
 www.countrykitchensa.com  
 Cuisine(s): Cakes, Candies,  
 Desserts  
 Course Emphasis: Basic to  
 advanced, demonstration and  
 hands-on classes in candies,  
 desserts and much more.  
 Classes for groups or children.

**IOWA****Cuisine of India**

Madhu Gadia  
 PO Box 784  
 Ames, IA 50010  
 T: 515-292-7170  
 mgadia@cuisineofindia.com  
 www.cuisineofindia.com  
 Cuisine(s): Indian  
 Course Emphasis: Hands-on classes in healthy Indian cuisine. Lectures on topics of healthy eating through all stages of life. Madhu is a dietitian, author and diabetes educator.

**KANSAS****The Culinary Center of Kansas City**

Laura O'Rourke  
 7917 Foster  
 Overland Park, KS 66204  
 T: 913-341-4455  
 laura@kcculinary.com  
 www.kcculinary.com  
 Cuisine(s): Various

**KENTUCKY****Chef Nick's Cooking School Weekend**

Chuck Dedman  
 638 Beaumont Inn Dr  
 Harrodsburg, KY 40330  
 T: 606-734-3381  
 micklegate@aol.com

**Kremer's Market**

Warren Heist  
 755 Buttermilk Pike  
 Crescent Springs, KY 41017  
 T: 859-341-1067  
 info@greenapron.com  
 www.greenapron.com  
 Cuisine(s): Vegetarian & Regional  
 Course Emphasis: Learn techniques, baking-pastry, healthful-vegetarian, American regional and ethnic cuisines. Private groups and dinner parties.

**LOUISIANA****Chef John Folsé****Culinary Institute**

Dr. Robert Harrington, Dean  
 Nicholls State University  
 Thibodaux, LA 70310  
 T: 985-449-7100  
 rjh@nicholls.edu  
 www.nicholls.edu/jfolsé  
 Cuisine(s): Cajun & Creole  
 Course Emphasis: Hands-on and participation. Market visits, sight-seeing, tours of food producers and dining in area restaurants.

**Cookin' Cajun Cooking School**

Lissette Sutton  
 #1 Poydras St  
 Riverwalk Mall Store #116  
 New Orleans, LA 70130  
 T: 800-786-0941  
 info@cookincajun.com  
 www.cookincajun.com  
 Cuisine(s): Creole & Cajun  
 Course Emphasis: New Orleans and Louisiana food, a full meal, a little history and a great time for all.  
 Discount(s): 10%

**Kay Ewing's Everyday Gourmet**

Kay Ewing  
 The Panhandler,  
 3072 - A College Dr  
 Baton Rouge, LA 70808  
 T: 225-927-4371  
 kaymewing@cox.net  
 www.kayewing.com  
 Cuisine(s): Cajun & International  
 Course Emphasis: Hands-on classes preparing Cajun and International cuisine. Also menu classes and children's classes in the summer.

**Louisiana School of Cooking & Cajun Store**

Eva Hebert  
 112 South Main St  
 St Martinville, LA 70587  
 T: 337-394-1710  
 chefpat@louisianaschoolofcooking.com  
 www.lacooks.com  
 Cuisine(s): Various

**The Mardi Gras School of Cooking**

Chef Richard Bond  
232 Bermuda St, Ste B  
New Orleans, LA 70114  
T: 504-362-5225  
chefbond@att.net  
www.gumbos.net  
Cuisine(s): Regional  
Course Emphasis: Hands on cooking classes by reservation.

**The New Orleans Cooking Experience**

Judy Jurisich  
321 St Charles Ave, 5th Flr  
New Orleans, LA 70130  
T: 504-522-4955  
judy@neworleanscookingexperience.com  
www.neworleanscookingexperience.com  
Cuisine(s): Creole & Cajun  
Course Emphasis: Small, hands-on classes and authentic recipes. Classes conclude with a multi-course meal including wines and spirits. Half-day, four-day and complete four-day vacations available.  
Discount(s): 5%

**MAINE****Leroux Kitchen**

Kraig Freedman  
161 Commercial St  
Portland, ME 04101  
T: 800-937-9447  
Course Emphasis: Kitchenware store and classes.

**MARYLAND****A Cook's Table Cooking Classes**

717 Light St  
Baltimore, MD 21230  
T: 410-539-8600  
info@acookstable.com  
www.acookstable.com  
Cuisine(s): American Regional, International  
Course Emphasis: Hands-on instruction and personal attention. Market tours, seasonal and holiday foods and guest chefs.

**Chefworks PSC Personal Classes**

Jack Batten, Chef  
7203 Havre Turn  
Upper Marlboro, MD 20772  
T: 301-627-4496  
jrbatten@earthlink.net  
www.chefworks-psc.com  
Cuisine(s): Various

**L'Academie De Cuisine**

Amy White  
5021 Wilson Lane  
Bethesda, MD 20814  
T: 301-986-9490  
classes@lacademie.com  
www.lacademie.com  
Cuisine(s): Regional & International  
Course Emphasis: Hands-on and demonstration classes in one to four sessions. Study techniques, nutrition, pastry, wine and food pairings, menus for entertaining and international and regional cuisines.

**The Chinese Cookery, Inc**

Joan Shih  
14209 Sturtevant Rd  
Silver Spring, MD 20905  
T: 301-236-5311  
joanshah@aol.com  
www.thechinesecookery.com  
Cuisine(s): Chinese & Japanese  
Course Emphasis: Authentic and healthful recipes; personalized instruction. Classes are demonstration and hands-on, plus dining.  
Discount(s): \$2 off class textbook, "The Art of Chinese Cookery"

**The Flavors In The Glass & How They Get There**

Lisa M Airey  
1206 Corbett Rd  
Monkton, MD 21111  
T: 410-646-5500  
lisaairey@thewinekey.com  
www.thewinekey.com  
Course Emphasis: Online study course. Eight and ten-session seminars.

**White Dog Culinaire**

Steve Hess  
14115 Castle Blvd #202  
Silver Spring, MD 20904  
T: 202-277-2738  
marshallhess@excite.com  
Cuisine(s): Various

**MASSACHUSETTS****A Lesson In Flavors —****Donna Franca Tours**

Franca Franzaroli  
470 Commonwealth Area  
Boston, MA 02215  
T: 800-225-6290  
dtours2156@aol.com  
www.donnafranca.com  
Cuisine(s): Tuscan & Regional  
Italian  
Course Emphasis: Food, wine  
and music  
Discount(s): 5%

**Barry C. Lawrence CFI  
Wine Programs**

Barbara Crossland  
75 Federal St  
Boston, MA 02110  
T: 617-426-8056  
crossland@juno.com  
www.elderhostel.org

**Boston University  
Culinary Arts**

Rebecca Alssid  
808 Commonwealth Ave  
Boston, MA 02215  
T: 617-353-9852  
ralssid@bu.edu  
www.bu.edu/met/programs  
Cuisine(s): Various  
Course Emphasis: One-five  
session hands-on and demon-  
stration classes. Market visits,  
food and wine pairings, children's  
classes, guest chef specialties.

**Canterbury Farms**

Meg Murphy  
12 Thornton Rd  
Worcester, MA 01606  
T: 503-968-8269  
nancy@canfarms.com  
www.canfarms.com

**Delphin's Gourmandise  
& School of Pastry**

Tone Gomes  
258 Washington St  
Marblehead, MA 01945  
T: 781-631-2311  
tonebgomes@aol.com  
www.bostonchefs.com/clients/  
delphins/menu/index.html  
Cuisine(s): Pastry

**Gary Sandman Wine Programs**

Gary Sandman, Kappy's Liquors  
1755 Boston Rd  
Springfield, MA 01129  
T: 413-543-4495  
gary.sandman@kappys.com  
Course Emphasis: Classes cover  
wines from around the world.  
Smells and tastes of wine are  
analyzed and food matches are  
discussed.

**Home Cheese Making 101**

Ricki Carroll  
PO Box 85  
Ashfield, MA 01330  
T: 413-628-3808  
info@cheesemaking.com  
www.cheesemaking.com  
Cuisine(s): Cheesemaking  
Course Emphasis: Cheesemaking  
101 — Hands-on class will  
make Creme Fraiche, whey  
ricotta, mozzarella, ricotta,  
mascarpone, fromage blanc,  
and farmhouse cheddar. Class  
cooks for lunch what they have  
made in the morning.  
Discount(s): 10% off on day  
of class



**Le Petit Gourmet  
Cooking School**

Fran Rosenheim  
19 Charena Rd  
Wayland, MA 01778  
T: 508-358-4219  
frosenheim@aol.com  
Cuisine(s): French  
Course Emphasis: All levels of French gourmet cooking: desserts, wild game and sauces. Learn gourmet techniques to make you feel comfortable in the kitchen. Private lessons are also available.  
Discount(s): Bring 5 friends & you come for free

**Marge Cohen**

Marge Cohen  
PO Box 53  
Needham Heights, MA 02494  
T: 781-449-2688  
margecohen@rcn.com  
Cuisine(s): Chinese  
Course Emphasis: Demonstration and participation classes limited to 10. A series of five evening classes held in a newly designed teaching kitchen, in private home. Everyone enjoys the meal afterward. Marge is a Cordon Bleu-trained instructor.  
Discount(s): 10%

**Taming of The Stew**

Sally Larhette  
619 C Washington St  
Wellesley, MA 02181  
T: 781-235-1792  
larhette@tmediaone.net  
Cuisine(s): Various  
Course Emphasis: Hands-on class of a full menu, shopping, discussions, cost and ease of preparation.

**Terence Janerico  
Cooking Classes**

Terence Janerico  
42 Fayette St  
Boston, MA 02116  
T: 617-426-7458  
terencej@bellatlantic.net  
www.terencejanericcookingclasses.com  
Cuisine(s): Ethnic, Vegetarian

Course Emphasis: Teaching students how to improve their home cooking.  
Discount(s): 10%

**The Cambridge School  
of Culinary Arts**

2020 Massachusetts Ave  
Cambridge, MA 02140  
T: 617-354-2020  
info@cambridgeculinary.com  
www.cambridgeculinary.com  
Cuisine(s): Regional & Ethnic  
Course Emphasis: One-five session, hands-on courses in ethnic and regional cuisines, breads, appetizers, desserts, menu planning, vegetarian meals and more.

**The Captain Freeman Inn**

Carol Edmondson  
15 Breakwater Rd  
Brewster, MA 02631  
T: 508-237-1617  
visitus@capecod.net  
www.capecodculinary.com  
Cuisine(s): Mediterranean  
Course Emphasis: Healthy Mediterranean cuisine, great tips from an expert chef on simple, delicious and unusual home cooking.  
Discount(s): Free "Cooking at the Inn" cookbook

**The Kushi Institute  
Cooking Seminars**

PO Box 7  
Becket, MA 01223  
T: 800-975-8744  
kushi@macrobiotics.org  
www.kushiinstitute.org  
Cuisine(s): Macrobiotic  
Course Emphasis: Macrobiotic cooking using natural and whole foods. Lectures, exercise and counseling.

**Westport Rivers****Long Acre House**

Kerry Downey Romaniello

417 Hixbridge Rd

Westport, MA 02790

T: 508-636-3423

kerry@westportrivers.com

www.westportrivers.com

Cuisine(s): Regional/Fresh

Course Emphasis: Educate and promote the understanding that wine and food belong together as part of a healthy, moderate and enjoyable lifestyle; one that teaches sustainable family living and sharing. Also beer and food pairing.

Discount(s): Discounts on wine purchases

**MICHIGAN****Cuisine Unlimited, Academie****De Cuisine Francais**

Chef Deborah Ward

Riverview Café, 115 N Mears Ave

Whitehall, MI 49461

T: 231-893-5163

cuisine@voyager.net

www.greatcooking.org

Cuisine(s): French, American

Course Emphasis: Hands-on classes taught by the only American chef awarded by the French government for French culinary education. As featured in Kiplinger's Personal Finance magazine.

Discount(s): 10%

**Culinary Secrets****Cooking School**

Kathe Meade

2161 Ferguson

Jackson, MI 49203

T: 517-788-8840

culinarysecrets@jacksonmi.com

www.culinarysecrets.com

Cuisine(s): Various

Course Emphasis: Basic cooking, knife skills, pastry, vegetarian through French cuisines. Private parties, off-site programs, children's camps and bridal showers.

**Fonds du Cuisine****Cooking School**

David Beier

PO Box 459

Lake Village, MI 49796

T: 800-956-4665

wli@walloonlakeinn.com

Cuisine(s): Various

Course Emphasis: Small classes that allow for focus on basic cooking. We endeavor to cover as many of the techniques that the instructor has learned over the last 30 years.

**Nell Benedict Cooking Classes**

Nell Benedict

380 S Bates St

Birmingham, MI 48009

T: 248-644-5832

info@communityhouse.com

www.communityhouse.com

Cuisine(s): Ethnic

**Tamara's Cooking Classes, LLC**

Tamara Bandstra

1015 Oak Lane

Grand Haven, MI 49417

T: 616-847-0312

tlbandstra@novagate.com

Cuisine(s): Various

Course Emphasis: Hands-on program for all levels — a wide array of classes from salads, Swiss fondue, pasta and soups, to seasonal and holiday entertaining.

Discount(s): 10%

**The Sage Chef, A Cooking****School for Healthy Living**

Sharon P Sheldon

PO Box 195

Lupton, MI 48635

T: 989-473-2449

sheldon\_sharon@hotmail.com

www.sagechef.com

Cuisine(s): Healthy

Course Emphasis: Heart healthy recipes ranging from breakfast to dessert. Special topics relating to ethnic foods and disease prevention issues that are in the media.

## MINNESOTA

**Byerly's School of Culinary Arts**

Deidre Schipani  
 3777 Park Center Blvd  
 St Louis Park, MN 55416  
 T: 952-929-2492  
 deidre.schipani@lfhi.com  
 www.byerlys.com  
 Cuisine(s): American, Asian,  
 Regional  
 Course Emphasis: Participation  
 and demonstration classes. Store  
 tours, wine courses, health and  
 nutrition, children's classes,  
 baking and cooking basics.  
 Birthday party program and  
 private events.  
 Discount(s): 20%

**Cooks of Crocus Hill**

Sterling Oliver  
 877 Grand Ave  
 St Paul, MN 55105  
 T: 651-228-1333  
 jbundul@cooksofcrocushill.com  
 www.cooksofcrocushill.com  
 Cuisine(s): Ethnic  
 Course Emphasis: Hands-on and  
 demonstration classes. Basics,  
 holiday and seasonal menus,  
 guest chef specialties and ethnic  
 cuisines. Private parties for up to  
 100, and team building events.

**Food Fest**

Jenniffer Davies  
 The Kahler Grand Hotel  
 20 Second Avenue SW  
 Rochester, MN 55902  
 T: 800-733-1655  
 jdavies@sunstonehotels.com  
 www.kahler.com  
 Cuisine(s): Gourmet  
 Course Emphasis: A weekend  
 adventure held twice a year—  
 Spring and Fall. This event  
 features cooking classes and  
 seminars with national and  
 regional chefs, authors and  
 instructors. Three days of  
 seminars, Midwest Market  
 and much more.

**Food On Film**

Nancy Iverson  
 7227 West Fish Lake Rd  
 Osseo, MN 55311  
 T: 763-420-4552  
 niverson@juno.com  
 Cuisine(s): Food styling and  
 food photography  
 Course Emphasis: Food styling  
 seminars. Learn food styling and  
 food photography in this 2-day  
 seminar that features 16 rotating  
 classes and three 1-day hands-on  
 workshops.

**Indian Food Company**

Kavita Mehta  
 8305 Franklin Ave  
 Minneapolis, MN 55426  
 T: 952-593-3000  
 kmehta@indianfoodSCO.com  
 www.indianfoodSCO.com/cooking  
 classesminneapolis.htm  
 Cuisine(s): Indian, Vegetarian,  
 Ayurvedic  
 Course Emphasis: Guests are  
 taught the foundations of Indian  
 cuisine. Although recipes are  
 provided, we like to teach how to  
 cook by balancing tastes: sweet,  
 sour, bitter, salty, astringent and  
 pungent. We also like cooking  
 with seasonal, fresh local produce.  
 Discount(s): \$5 off or 5% off  
 products on web site

**Kitchen Window**

Ann Nelson  
 3001 Hennipin Ave  
 Minneapolis, MN 55408  
 T: 888-824-4417  
 info@kitchenwindow.com  
 www.kitchenwindow.com  
 Cuisine(s): Ethnic  
 Course Emphasis: Hands-on  
 and demonstration classes in  
 many areas: fundamentals of  
 cooking, baking, techniques,  
 guest chef specialties, seasonal  
 and world cuisines. Ethnic  
 market tours, classes for children  
 and much more.

**Schumacher's Hotel  
Cooking School**

Sherri Woetzel  
212 W Main St  
New Prague, MN 56071  
T: 800-283-2049  
kathy@schumachershotel.com  
www.schumachershotel.com  
Cuisine(s): Various

**The Chef's Gallery**

Stephanie Jameson  
324 N Main St  
Stillwater, MN 55082  
T: 651-351-1144  
steph@thechefsgallery.com  
www.thechefsgallery.com  
Cuisine(s): American & European  
Course Emphasis: Recreational  
cooking school that offers classes  
in ethnic, seasonal, seafood,  
sauces, baking and much more.  
Also a fabulous gourmet retail  
store. Wine classes are also  
available.

**MISSISSIPPI****The Everyday Gourmet**

2905 Old Canton Rd  
Jackson, MS 39216  
T: 800-898-0122  
info@theeverydaygourmet.com  
www.theeverydaygourmet.com  
Cuisine(s): Various

**Viking Culinary Arts Center**

Chan Patterson  
1052 Highland Colony Pkwy, #125  
Ridgeland, MS 39157  
T: 601-898-2778  
cpatters@vikingrange.com  
www.vikingrange.com  
Cuisine(s): Various  
Course Emphasis: Hands-on  
courses in the techniques of  
cooking. Guest chef specialties.

**MISSOURI****Dierbergs School of Cooking**

Barbara Ridenhour  
16690 Swingley Ridge Rd  
Saint Louis, MO 63006  
T: 636-812-1330  
ridenhou@dierbergs.com  
www.dierbergs.com  
Cuisine(s): Various  
Course Emphasis: Hands-on and  
demonstration classes focus on  
home cooking. Classes for couples,  
children and parent/child sessions.

**Jasper's**

Jasper J Mirabile Jr  
1201 W 103rd  
Kansas City, MO 64114  
T: 816-941-6600  
jasperjr@aol.com  
www.jasperskc.com  
Cuisine(s): Northern Italian  
Course Emphasis: Demonstration  
classes for couples, children,  
groups. Also holiday luncheon  
classes and wine education.

**Kemper Center  
Cooking School**

Glenn E Kopp  
Missouri Botanical Garden  
Box 299  
Saint Louis, MO 63166  
T: 314-577-9441  
glenn.kopp@mobot.org  
www.mobot.org  
Cuisine(s): Various  
Course Emphasis: One-three  
session demonstration and  
hands-on classes. Various topics.

**Kitchen Conservatory**

Anne Schlafly  
8021 Clayton Rd  
Saint Louis, MO 63117  
T: 866-862-2433  
chef@kitchenconservatory.com  
www.kitchenconservatory.com  
Cuisine(s): All  
Course Emphasis: Daily cooking  
classes from basic to gourmet.  
Ethnic foods and technique  
classes. Hands-on and  
demonstration.  
Discount(s): 10% off merchandise

**Suzanne Corbett —  
Pancor Productions**

Suzanne Corbett  
5850 Pebble Oak  
St Louis, MO 63128  
T: 314-487-5205  
corbettsuzanne@aol.com  
Cuisine(s): Historical American  
Foods  
Course Emphasis: Historic  
American foods, hearth-style  
cooking, Missouri wine country  
tours, historic sites and summer  
workshops for groups.

**The Culinary Institute  
of Smoke Cooking**

Charlie Knot  
PO Box 163  
Cape Girardeau, MO 63702  
T: 314-334-4621  
Cuisine(s): Smoke Cooking

**The Vintage Room**

Ed Deutch  
6th & Sarah St #10  
St Louis, MO 63108  
T: 314-367-9463  
eddie@corkdork.com  
www.corkdork.com  
Course Emphasis: Single night  
classes featuring many different  
wine grapes and producing areas.  
'No attitude' environment for  
beginners and experts alike.  
Full class schedule available  
on web site  
Discount(s): 25%

**MONTANA****Whitefish Cooks**

Joanna King  
PO Box 4366  
Whitefish, MT 59937  
T: 406-862-5879  
joanna@whitefishcooks.com  
www.whitefishcooks.com  
Cuisine(s): Ethnic

**NEBRASKA****Willow Hollow Gourmet**

Jackie Swanson  
13900 S 68th St  
Roca, NE 68430  
T: 402-792-2974  
willowhollow@hotmail.com  
Cuisine(s): Custom Classes  
Course Emphasis: Classes are  
tailored to group requests. Full  
menu classes for special groups  
such as gourmet clubs, bridal  
showers, etc.  
Discount(s): 10%

**NEVADA****Creative Cooking School  
of Las Vegas**

Catherine Margles  
7385 W Saraha Ave  
Las Vegas, NV 89117  
T: 702-562-3900  
info@creativecookingschool.com  
www.creativecookingschool.com  
Cuisine(s): Various

**Nothing To It! Culinary Center**

Jennifer Bushman  
225 Crummer Ln  
Reno, NV 89502  
T: 775-826-2628  
jennifer@nothingtoit.com  
www.nothingtoit.com  
Cuisine(s): Various  
Course Emphasis: Hands-on and  
demonstration classes for adults  
and children. Techniques and  
various cuisines are studied.

**NEW HAMPSHIRE****A Taste of The Mountains  
Cooking School**

June Pillips  
Box 240  
Glen, NH 03838  
T: 800-548-8007  
stay@bernerhofinn.com  
www.virtualcities.com/tastemt.htm  
Cuisine(s): American, European

Course Emphasis: Professional chefs teach restaurant style preparations and presentations adapted for the home cook. Hands-on, basic cooking and baking techniques learned through a wide variety of healthy international recipes. Wine tasting also included in the program.

## NEW JERSEY

### Adventures in Cooking

Arlene Ward  
12 Legion Pl  
Wayne, NJ 07470  
T: 973-305-1114  
arlene@adventuresincooking.com  
www.adventuresincooking.com  
Cuisine(s): Various

### Atlantic Cape Community College Seashore Getaways

Mindy Haug  
5100 Black Horse Pike  
Mays Landing, NJ 08330  
T: 609-343-4829  
mhaug@atlantic.edu  
www.atlantic.edu  
Cuisine(s): Various  
Course Emphasis: Earn a culinary arts degree or attend a seminar or workshop. Develop career skills or become more proficient in your cooking techniques at home.

### Classic Thyme

David Martone  
161 E Broad St  
Westfield, NJ 07090  
T: 908-232-5445  
classictyme@westfieldnj.com  
Cuisine(s): Various  
Course Emphasis: International and theme classes; bread and dessert series.

### Connie Fowler Wine Programs

Connie Fowler  
16 Sherman Ave  
Summit, NJ 17901  
T: 908-277-4330  
connie@letshaveataste.com  
www.letshaveataste.com

### Cooktique

Cathy McCauley, CCP  
9 W Railroad Ave  
Tenafly, NJ 07670  
T: 201-568-7990  
cooktique@msn.com  
www.cooktique.com  
Cuisine(s): All types  
Course Emphasis: Most classes are technique-driven — even the children's classes. Always looking for the latest trends in cooking and the up and coming chefs.  
Discount(s): 20%

### Gingercreek Cooking School

Nancy Wyatt  
304 Rt 173  
Stewartsville, NJ 08886  
T: 908-479-6062  
gingercreek@hotmail.com  
Cuisine(s): Regional  
Course Emphasis: Regional cuisine with classes in seasonal and holiday fare. Held in an English cottage, classes are for adults and children.

### Green Gables Restaurant and Inn

Adolfo de' Martino  
212 Centre St  
Beach Haven, NJ 08008  
T: 609-492-3553  
greengablesbi@aol.com  
www.lbinet.com/greengables  
Cuisine(s): Italian  
Course Emphasis: Learn nutrition, vegetarian nourishment, cooking, martial arts, the yoga of cooking and much more.

### Kings Cooking Studio

Manager  
700 Lanidex Plaza  
Parsippany, NJ 07054  
T: 973-463-6500  
cookingstudio@kingsm.com  
www.kingscookingstudio.com  
Cuisine(s): Various  
Course Emphasis: Hands-on and demonstration classes, single and multi-session in areas of techniques, baking, various cuisines. Classes for couples and children.

**On the Mark Cooking Classes**

Mark Darragh  
727 S Ave W  
Westfield, NJ 07090  
T: 908-789-3239  
markdchef@starchefs.com  
www.onthemarkpcs.homestead.com  
Cuisine(s): Various

**Stage Left Wine Course with Francis Schott**

Francis Schott  
5 Livingston Ave  
New Brunswick, NJ 08901  
T: 722-828-4444  
francis@stageleft.com  
www.stageleft.com

**NEW MEXICO**

**Chefs At Work**

Chef Vikki Nulman  
4 High Ridge Rd  
Santa Fe, NM 87501  
T: 505-820-0377  
chefvikki@aol.com  
www.mbtravelers.com  
Cuisine(s): French, Italian  
Course Emphasis: 1-day hands-on French cooking class, 1-week cooking vacations to Provence, Tuscany and Mexico.

**Cooking at Villa Fontana**

Siobhan Gislimberti  
PO Box 2872  
Taos, NM 87571  
T: 505-758-5800  
villafon@newmex.com  
www.villafontanataos.com  
Cuisine(s): Northern Italian

**Jane Butel's Southwestern Cooking Vacations**

Jane Butel  
La Posada de Albuquerque  
125 Second NW  
Albuquerque, NM 87102  
T: 800-472-8229  
cookie@abq.com  
www.janebutel.com  
Cuisine(s): Southwestern

Course Emphasis: Features hands-on sessions with emphasis on culinary techniques. Teach traditional and advanced smoking and grilling.  
Discount(s): 10%

**Las Cosas Kitchen Shoppe and Cooking School**

John Vollertsen  
181 Paseo Do Peralta De Vargas Ctr  
Santa Fe, NM 87501  
T: 505-988-3394  
lascosas@lascosascooking.com  
www.lascosascooking.com  
Cuisine(s): Ethnic  
Course Emphasis: Eclectic classes in technique and ethnic foods. All classes are hands-on. Learn baking, grilling, smoking, food and wine pairing and more. Guest chefs.

**Muy Sabrosa at Inn on the Alameda**

Judith Moir  
303 E Alameda  
Santa Fe, NM 87501  
T: 800-289-2122  
info@inn-alameda.com  
www.innonthealameda.com  
Cuisine(s): Regional New Mexico  
Course Emphasis: Classes held at the Santa Fe School of Cooking. "Muy Sabrosa" package includes 2 nights lodging, lavish continental breakfast, wine and cheese reception and a 20% off dining coupon.  
Discount(s): Free Traveler's Journal

**Santa Fe School of Cooking**

Susan Curtis  
116 W San Francisco St  
Santa Fe, NM 87501  
T: 505-983-4511  
cookin@nets.com  
www.santafeschoolofcooking.com  
Cuisine(s): Southwestern  
Course Emphasis: Demonstration and hands-on classes in New Mexican and Southwestern cuisines. Vegetarian, Mexican cooking, market visits and more. Culinary tours in northern New Mexico.  
Discount(s): 10%

## NEW YORK

**A la Carte****Culinary Services, Ltd.**

Polly Talbott, CCP  
32 Atlantic Ave  
Lynbrook, NY 11563  
T: 516-599-2922  
alacartecs@aol.com  
www.alacartecs.com

Cuisine(s): American, Ethnic  
Course Emphasis: Hands-on cooking classes, corporate team building, private parties, recipe development and food styling.

**Alice Ross Hearth Studios**

Dr. Alice Ross  
15 Prospect St  
Smithtown, NY 11787  
T: 516-265-9335  
across@binome.com  
www.alicross.com

Cuisine(s): Historical Cuisine  
Course Emphasis: Hands-on classes in the techniques of historical cooking. Open hearth, brick ovens, wood stove and smoke house methods. Food history, game cookery and seasonal preserving.

**Alok Holistic Health**

Zemach Wilson  
224 E 7th, Loft #13  
East Village, NY 10009  
T: 212-388-1516  
cooking@alokhealth.com  
www.alokhealth.com

Cuisine(s): Vegetarian  
Course Emphasis: Create nourishing meals with the best organic ingredients and without cooking. This way we don't kill the essential enzymes and other nutrients. Classes teach you the secret of eating for beauty and health.

Discount(s): 10%

**Altamont Wine School**

Greg Giorgio  
PO Box 74  
Altamont, NY 12009  
T: 518-861-5627

Course Emphasis: Focused tasting on wines of the world, 10-12 wines per session. Classes are informal, but comprehensive. Goal is to 'de-snob' wine's image and create competent wine tasting ambassadors.  
Discount(s): One free session — \$20 value

**Anna Teresa Callen  
Italian Cooking School**

Anna Teresa Callen  
59 W 12th St  
New York, NY 10011  
T: 212-929-5640

Cuisine(s): Italian  
Course Emphasis: Full menus — technique. Five-session hands-on and demonstration courses. Also tours to Italy.

**Cakes Uniquely Yours  
School of Confectionary Arts**

Ajike Williams  
1258 Fteley Ave  
Bronx, NY 10472  
T: 718-617-4538  
ajikew@aol.com  
www.shawguides.com/cakes  
uniquelyyours

Cuisine(s): Confectionery Arts —  
Cake decorating  
Course Emphasis: Hands-on, demonstrations and techniques, individualized one-on-one instruction. Classes feature cake decorating, gumpaste, rolled fondant and fundamentals of baking. Basic to advanced levels.  
Discount(s): \$5

**Cooking by the Book Inc.**

Suzen O'Rourke  
13 Worth St  
New York, NY 10013  
T: 212-966-9799  
cbtbinc@aol.com  
www.cookingbythebook.com

Cuisine(s): Various  
Course Emphasis: Hands-on classes. Private parties, corporate events, team building, wine instruction and customized classes.



**De Gustibus at Macy's**

Arlene Feltman Sailhac  
343 E 74th St, Ste 9G  
New York, NY 10021  
T: 212-439-1714  
grtcooks@aol.com  
www.degustibusinc.com  
Cuisine(s): Regional American,  
French, Italian  
Course Emphasis: Demonstration  
and hands-on classes in knife  
skills, wine selection, menus for  
entertaining and recipe writing.

**Grandma's Secrets**

Regina McRae  
640 W 138th St  
New York, NY 10031  
T: 212-862-8117  
classes@grandmasecrets.com  
www.grandmasecrets.com  
Cuisine(s): Sweets  
Course Emphasis: Monthly  
classes in basic and advanced  
pie making. Also specializing  
in dietetic desserts and cakes  
for special occasions.

**Harriet Lembeck, CWE**

Harriet Lembeck  
54 Continental Ave  
Forest Hills, NY 11375  
T: 718-263-3134  
hlembeck@mindspring.com

**Harvard Lyman Wine Program  
at SUNY-Stony Brook**

Harvard Lyman  
SUNY-Stony Brook,  
Biochemistry Dept  
Stony Brook, NY 11794  
T: 516-632-8534  
hlyman@notes.cc.sunysb.edu  
Course Emphasis: Wine types,  
regions, viticulture, viniculture,  
wine laws, wine and health and  
wine and foods.

**Ice Cream University**

M Stogo  
2727 Palisade Ave, 11H  
Riverdale, NY 10463  
T: 718-884-5086  
mstogo@aol.com  
www.icecreamuniversity.org  
Cuisine(s): Frozen Confections

**Il Chiostro, Inc.**

Michael Mele  
241 W 97th St #13N  
New York, NY 10025  
T: 800-990-3506  
ilchiostro@hotmail.com  
www.ilchiostro.com  
Cuisine(s): Tuscan  
Course Emphasis: In association  
with La Scuola del Colle in  
Tuscany — "Cooking & More  
in Chianti", a customized Tuscan  
cooking program for small  
groups with side excursions  
decided by the group and led  
by a private, local guide.  
Discount(s): 10%

**Int'l Cooking School  
of Italian Food & Wine**

Mary Beth Clark  
201 E 28th St Ste15b  
New York, NY 10016  
T: 212-779-1921  
marybethclark@worldnet.att.net  
www.internationalcookingschool  
.com  
Cuisine(s): Italian  
Course Emphasis: Week-long  
hands-on cooking courses in  
Renaissance Palazzo in Bologna's  
beautiful Historic Center.  
Markets, exclusive countryside  
excursions, Michelin-Star dining.  
Deluxe accommodations. 6 and  
7-day courses in May, June,  
September, & October.  
Discount(s): Yes

**Italian Culinary Institute  
for Foreigners-Omnia-Italia**

Enrico Bazzoni  
126 2nd Place  
Brooklyn, NY 11231  
T: 718-875-0547  
eabchef@aol.com  
www.omnia-italia.com  
Cuisine(s): Northern Italian  
Course Emphasis: Learn culture  
and historical background of  
culinary adventure — tours of  
Etruscan tombs — Piedmont and  
Tuscany. Cook regional Italian  
cuisine, even pastry courses.  
Discount(s): 10% off published  
rates, free to group leader  
(minimum of 10 people)

**Italian Culinary Institute, Inc.**  
Salvatore Rizzo  
230 Fifth Ave, Ste #1100  
New York, NY 10001  
T: 212-725-8764  
rizzo@italianlivingandcooking.com  
www.italianlivingandcooking.com

Cuisine(s): Italian  
Course Emphasis: Cooking demonstrations, wine classes and olive oil tasting.

**Karen Lee Imaginative Cooking Classes & Catering**  
Karen Lee

142 West End Ave, #30V  
New York, NY 10023  
T: 212-787-2227  
foodnow@rcn.com  
www.karenleecooking.com  
Cuisine(s): Chinese, Italian & Asian Fusion  
Course Emphasis: Easy menus, high-flavor, low-fat. Learn to cook for taste and eat for health. Learn Asian Fusion cooking. During each class participants will prepare and eat a delicious dinner (served with wine) or lunch.

**La Cuisine Sans Peur**

Henri-Etienne Levy  
216 W 89th St  
New York, NY 10024  
T: 212-362-0638  
Cuisine(s): Regional French  
Course Emphasis: Study the regional cooking of France, cooking without recipes and basic to advanced classes. Desserts, fish, game, vegetables and seasonal courses. Also 1-week cooking vacations in Provence and Alsace in Sept.

**L'Ecole des Chefs Relais & Chateaux**

Jennifer L Iannolo  
11 E 44th St, Ste 707  
New York, NY 10017  
T: 877-334-6464  
info@ecoledeschefs.com  
www.relaischateaux.com/cuisine  
Cuisine(s): Various International

Course Emphasis: A culinary internship program for passionate amateur cooks featuring nearly 100 Relais Gourmands chefs in 16 countries. Enter the kitchens of world-class restaurants as a culinary intern. See web site for details.

**Levana's Place**

Levana Kirschenbaum  
Lincoln Square Synagogue  
New York, NY 10023  
T: 212-874-6105  
tableclass@aol.com  
Cuisine(s): Kosher

**Look Who's Cooking, Inc.**

Barbara Sheridan  
7 W Main St  
Oyster Bay, NY 11771  
T: 516-922-2400  
lookwhsckn@aol.com  
www.lookwhoscooking.com  
Cuisine(s): French, Italian  
Course Emphasis: Emphasis on basic techniques — level 1 and 2, entertaining, holiday cookery and children's classes.  
Discount(s): 15%

**Miette Culinary Studio**

Paul Vandewoude  
109 MacDougal Street, Suite 2  
New York, NY 10012  
T: 212-460-9322  
msmiette@aol.com  
www.cookingwithmiette.com  
Cuisine(s): International  
Course Emphasis: Fusion cuisine.

**New School Culinary Arts**

Gary A. Goldberg  
131 W 23rd St  
New York, NY 10011  
T: 800-544-1978  
nscularts@aol.com  
www.newschool.edu  
Cuisine(s): Various  
Course Emphasis: Hands-on and demonstration classes. Vegetarian cooking, tofu, fish, poultry, whole grain flours, natural sweetening and food and healing.

**New World Cooking Schools**

Vaughn Perret  
329 W Buffalo St, 1st Flr  
Ithaca, NY 14850  
T: 607-277-5279  
info@foodvacation.com  
www.foodvacation.com  
Cuisine(s): Various

**New York University**

Carol Guber  
10th Floor, 35 W 4th St  
New York, NY 10012  
T: 212-998-5588  
nutrition@nyu.edu  
Cuisine(s): Various  
Course Emphasis: Food business and management, nutrition, food writing, marketing, lectures and demonstrations.

**NYC Wine Class**

Andrew Harwood  
67 E 2nd St, Apt 23  
New York, NY 10003  
T: 917-838-8591  
andrew@nycwineclass.com  
www.nycwineclass.com

**Peter Berley Culinary Classes**

Peter Berley  
39 Bradley St  
Dobbs Ferry, NY 10522  
T: 914-674-0589  
pbloves2cook@cs.com  
Cuisine(s): Vegetarian

**Savory Sojourns, Ltd.**

Addie Tomei  
155 W 13th St  
New York, NY 10011  
T: 212-691-7314  
addie@savorysojourns.com  
www.savorysojourns.com  
Cuisine(s): Various  
Course Emphasis: Group tours in NYC, market visits and cooking.

**Silvi Forrest Wine Courses**

Silvi Forrest  
303 W 66th St  
New York, NY 10023  
T: 212-874-0683

Course Emphasis: Enhance awareness of individual preferences through wine and food combinations.

**Stephen Schmidt Cooking Classes**

Stephen Schmidt  
234 E 87th St, #5A  
New York, NY 10128  
T: 212-369-3697  
Cuisine(s): Various

**Tasters Guild NY**

Ronald A. Kapon  
230 W 79th St #42N  
New York, NY 10024  
T: 212-799-6311  
vinoron@yahoo.com  
www.tastersguildny.com  
Course Emphasis: At each event there is a speaker and you will taste 12-15 wines. This is the 24th year of wine education events conducted by Ron Kapon & Jonathan Levine. Over 35 wine and food tasting events will be conducted in 2004.  
Discount(s): 10%

**The Academy of Cake Art**

Scott Woolley  
171 W 73rd St, #9  
New York, NY 10023  
T: 212-362-5374  
scw@cakesbydesign.com  
www.cakesbydesign.com  
Cuisine(s): Cakes  
Course Emphasis: The fine art of cake decorating as well as a full course of study of gum paste sugar flowers.

**The Art of Food**

Jeri Jackson  
PO Box 250413  
New York, NY 10025  
T: 212-665-5241  
jericoach@aol.com  
Cuisine(s): Ethnic

**The Cooking School—Tops International Super Center**

Ginger Black  
355 Orchard Park Rd  
West Seneca, NY 14224  
T: 716-517-3006  
topsmarket@email.com  
www.topsmarket.com  
Cuisine(s): Seasonal American, International  
Course Emphasis: Demonstration and participation classes change seasonally; adult and children's classes, birthday parties and Scout programs, celebrity chefs and authors.  
Discount(s): 10% off (not valid on birthday parties, Scouts or classes covered by insurance)

**The Cooking School—Tops International Super Center**

June Seaman-Knoerzer RD, Manager  
4980 Maple Rd  
Amherst, NY 14226  
T: 716-515-2000  
topsmarket@email.com  
www.topsmarket.com  
Cuisine(s): Seasonal American, International  
Course Emphasis: Demonstration and participation classes change seasonally; adult and children's classes, birthday parties and Scout programs, celebrity chefs and authors.  
Discount(s): 10% off (not valid on birthday parties, Scouts or classes covered by insurance)

**The Cooking School—Tops International Super Center**

Linda Perrotte — Manager  
3507 Mt Read Blvd  
Rochester, NY 14616  
T: 585-663-5449  
www.topsmarket.com  
Cuisine(s): Seasonal American, International  
Course Emphasis: Demonstration and participation classes change seasonally; adult and children's classes, birthday parties and Scout programs, celebrity chefs and authors.  
Discount(s): 10% off (not valid on birthday parties, Scouts or classes covered by insurance)

**The Cooking Workshop**

Arlene Jacobs  
404 E 55th St  
New York, NY 10022  
T: 212-371-6527  
arlenejacobs@hotmail.com  
Cuisine(s): Contemporary/International  
Course Emphasis: Personalized classes with emphasis on developing a palate and a confident personal style. Flavor enhancement and presentation.

**The Culinary Loft**

Corinne Colen  
515 Broadway #5A  
New York, NY 10012  
T: 212-431-7425  
culinaryny@aol.com  
Cuisine(s): Various  
Course Emphasis: Recreational classes for the home chef; knife skills, various cooking techniques and various cuisines. All hands-on, then dine together.  
Discount(s): \$10 off; Shopping/clean up in exchange for class

**The French Culinary Institute**

David Waggoner  
462 Broadway  
New York, NY 10013  
T: 888-324-2433  
admission@frenchculinary.com  
www.frenchculinary.com  
Cuisine(s): French  
Course Emphasis: Total immersion professional chef training in culinary, pastry and bread baking.  
Discount(s): Prospective students/parents receive meal at L'ECOLE restaurant

**The Seasonal Kitchen Cooking School**

Ginger & Dick Howell  
610 W Bloomfield Rd  
Pittsford, NY 14534  
T: 716-624-3242  
dickhcook@aol.com  
www.seasonalkitchen.cjb.net  
Cuisine(s): American Seasonal  
Course Emphasis: Seasonal American cooking with an emphasis on menus for entertaining. Local celebrity guest chefs: wine and food pairing classes.  
Discount(s): \$10

**The William Seward Inn  
Bed & Breakfast**

Jim & Debbie Dahlberg  
6645 S Portage Rd  
Westfield, NY 14787  
T: 716-326-4151  
info@williamsewardinn.com  
www.williamsewardinn.com  
Cuisine(s): Various

**The Wine School  
at Windows on the World**

Kevin Charles Zraly  
16 Woodstock Lane  
New Paltz, NY 12561  
T: 845-255-1456  
kevinz@netstep.net  
www.wowws.com  
Course Emphasis: Wines of the  
World taught by Kevin Zraly,  
author of Windows on the  
World Complete Wine Course.  
Discount(s): Free book with  
registration

**To Grandmother's House  
We Go Cooking Tours**

Susan Baldassano  
471-17th St, #1  
Brooklyn, NY 11215  
T: 718-768-6197  
info@tograndmothershousewego.com  
www.tograndmothershousewego.com  
Cuisine(s): Traditional Home  
Cooking  
Course Emphasis: Cooking and  
cultural tours, informal classes  
in folk artist's homes, home  
cooking using traditional recipes  
of grandmothers from around  
the world. Also cooking tours to  
Oaxaca, Mexico and Sicily, Italy.

**Vintage Hudson Valley  
Cooking Vacations & Seminars**

Maren Rudolph  
PO Box 288  
Irvington, NY 10533  
T: 914-591-4503  
vintagehudsn@earthlink.com  
www.vintagehudsonvalley.com  
Cuisine(s): Inn Specialties

Course Emphasis: Ten sessions  
at three different Inns, on three  
consecutive days. Prepare summer  
dishes, go on market tours and  
make special occasion recipes.

**Wine Workshop**

David Hamburger  
160 W 72nd St 2nd Floor  
New York, NY 10023  
T: 212-875-0222  
wineworkshop@aol.com  
www.ackerstore.com  
Course Emphasis: Seminars  
from the ABC's of wine to  
luxury dinners and tasting  
events.  
Discount(s): 10%

**Wines For Food**

Willie Gluckstern  
158 W 76th St  
New York, NY 10023  
T: 212-724-3030  
williegluckstern@wineavenger.com  
www.wineavenger.com  
Course Emphasis: One and  
five-session wine classes. The  
Ultimate Champagne class in  
November and December, private  
and corporate events, 7-course  
wine and food demonstrations.  
Discount(s): 15%

**Zoe Restaurant**

90 Prince St  
New York, NY 10012  
T: 212-966-6722  
zoerest@aol.com  
www.zoerestaurant.com  
Cuisine(s): American

**NORTH CAROLINA****John C. Campbell Folk School**

John C. Campbell  
One Folk School Rd  
Brasstown, NC 28902  
T: 800-365-5724  
keather@folkschool.org  
www.folkschool.com  
Cuisine(s): Natural Foods  
Course Emphasis: Week-long  
and weekend classes for all skill  
levels. Wide range of cuisines  
from southern cooking to fine  
chocolates and Mediterranean  
cuisine.

## OHIO

**Buehler's Food Markets**

Kathy Bailey  
 1401 Old Mansfield Rd  
 Wooster, OH 44691  
 T: 330-264-4355  
 mcmillen@buehlers.com  
 www.buehlers.com  
 Cuisine(s): Various  
 Course Emphasis: Demonstration classes geared for the home cook. Children's classes and "cook your own" birthday parties. A wide variety of cuisines and wine classes too.  
 Discount(s): Register/Pay for class & bring guest for free

**Columbus State Culinary Academy**

Carolyn Claycomb  
 550 E Spring St  
 Columbus, OH 43216  
 T: 614-287-5126  
 cclaycom@csc.edu  
 www.csc.edu/docs/cul  
 Cuisine(s): International  
 Course Emphasis: Theme classes, guest chefs, children's programs, vegetarian and healthy cooking.

**Cooks'wares Culinary Classes**

Nancy Pigg  
 11344 Montgomery Rd  
 Cincinnati, OH 45249  
 T: 513-489-6400  
 Cuisine(s): Basic, Ethnic  
 Course Emphasis: Recipes from all areas of the U.S., including cookbook authors and top restaurant chefs.  
 Discount(s): \$10 off 1st class, \$5 off all others

**Dorothy Lane Markets School of Cooking**

Deb Lackey  
 6161 Far Hills Ave  
 Dayton, OH 45459  
 T: 937-434-1294  
 cooking@dorothylane.com  
 www.dorothylane.com  
 Cuisine(s): Regional & Ethnic

Course Emphasis: Basic cookery series, private classes and celebrity chef classes. Food and wine pairings, techniques, healthy international and regional cuisines.  
 Discount(s): \$5 off 1st class

**Gary L. Twining Wine Programs**

Gary L Twining  
 301 Greenwood Ct  
 Elyria, OH 44035  
 T: 440-458-6912  
 winingwithtwining@hotmail.com

**Gourmet Curiosities, Etc.**

James R. Wilson  
 5700 Monroe St  
 Sylvania, OH 43560  
 T: 419-882-2323  
 francwil@aol.com  
 www.gourmetcuriosities.com  
 Cuisine(s): International  
 Course Emphasis: Culinary skill improvement and information from regional chefs. Featured cuisine: French, Southwestern, Italian, Thai, Mexican and American.  
 Discount(s): 10%

**Hanke's Cuisine Cooking Class**

Margot Handke  
 520 S Front St  
 Columbus, OH 43215  
 T: 614-621-2500  
 e-chef\_handke@msn.com  
 www.chefhandke.com  
 Cuisine(s): American & European  
 Course Emphasis: Demonstration, private classes year-round for groups of 20 or more.

**James R. Mihaloew Wine Programs**

James R. Milhaloew  
 13463 Atlantic Rd  
 Strongsville, OH 44149  
 T: 440-238-4184  
 cwljim@earthlink.net  
 www.home.earthlink.net/~awsjim

**John F. Keegan Wine Programs**

John F. Keegan, CWE  
 316 Pearson Hall, Botany Dept  
 Oxford, OH 45056  
 T: 513-529-4200  
 keeganjf@muohio.edu

**Laurel Run Cooking School**

Marcia DePalma  
2600 N Ridge Rd  
Vermilion, OH 44089  
T: 440-984-5727  
lrsc@hbr.net  
www.laurelruncookingschool.com  
Cuisine(s): Various

**The Woodhaven Farm School of Cooking**

Tami J. Cecil  
11401 Woodhaven Rd  
Johnstown, OH 43031  
T: 740-967-0076  
info@woodhavenfarm.com  
www.woodhavenfarm.com  
Cuisine(s): Various  
Course Emphasis: A large variety of foods covered in these hands-on and demonstration classes. Organic garden and greenhouse help provide the fresh produce for recipes.  
Discount(s): 10% or \$5

**Western Reserve School of Cooking**

Carole M. Ferguson  
140 N Main St  
Hudson, OH 44236  
T: 330-650-1665  
wrsoc@apk.net  
www.wrsoc.com  
Cuisine(s): Various  
Course Emphasis: Hands-on and demonstration classes in techniques, basics, pastry, cake decorating, breads, herb and spice uses, and more.

**OREGON****Caprial & John's Kitchen**

John Pence  
1608 SE Bybee Blvd  
Portland, OR 97202  
T: 503-233-4382  
traci@caprialandjohnskitchen.com  
www.caprialandjohnskitchen.com  
Cuisine(s): Various

Course Emphasis: Extensive culinary program taught by Caprial & John. Guest chefs and cookbook authors share their expertise, and resident chef Lisa Lanyon rounds out the program of hands-on and demonstration classes.

**Carl's Cuisine**

Carl Meisel  
333 Chemeketa St NE  
Salem, OR 97301  
T: 503-363-1612  
cookin@telepot.com  
www.carlscuisine.com  
Cuisine(s): Ethnic & Regional  
Course Emphasis: Classes in French, Italian, Thai, Chinese, Japanese, Regional American and East Indian cuisines.

**Layers of Flavors**

Deborah Middleton, CHE  
66592 E Cascade  
Bend, OR 97701  
T: 541-318-5042  
layersofflavors@starband.net  
www.layersofflavor.com  
Cuisine(s): Seasonal Foods  
Course Emphasis: Classes are booked for one-on-one, group or private group settings. We are unique due to the personalized classes held in a setting overlooking the Sister Cascades.  
Discount(s): 10%

**Robert Reynolds, Northwest Forum**

Robert Reynolds  
222 Se 18th Ave  
Portland, OR 97214  
T: 888-733-3391  
rowbear@ibn.net  
www.robertreynoldscooks.com  
Cuisine(s): French

**Western Culinary Institute**

Chuck Green  
 1316 SW 13th Ave  
 Portland, OR 97201  
 T: 503-219-9405  
 swatson@westernculinary.com  
 www.westernculinary.com  
 Cuisine(s): Various  
 Course Emphasis: Techniques,  
 methods, regional cuisines.

**Wine Tasting and Study Course**

Bob Sogge  
 3620 Donald St  
 Eugene, OR 97405  
 T: 541-484-9848  
 Course Emphasis: Monday  
 evening classes in the premium  
 grape varieties of the world and  
 growing areas. Six class sessions,  
 two hours each.  
 Discount(s): Free class textbook

**PENNSYLVANIA****Alexis Hartung Country Wines**

Alexis Hartung  
 3333 Babcock Blvd  
 Pittsburgh, PA 15237  
 T: 412-366-0151  
 info@countrywines.com  
 www.countrywines.com

**Chaddsford Winery**

Eric Miller  
 632 Baltimore Pike  
 Chadds Ford, PA 19317  
 T: 610-388-6221  
 cfwine@chaddsford.com  
 www.chaddsford.com

**Charlotte-Ann Albertson's  
Cooking School**

Charlotte-Ann Albertson  
 PO Box 27  
 Wynnewood, PA 19096  
 T: 610-649-9290  
 cookline99@aol.com  
 www.albertsoncookingschool.com  
 Cuisine(s): Italian, Asian Fusion,  
 Al Fresco

Course Emphasis: Demonstration  
 and hands-on classes taught by  
 leading chefs of Philadelphia.  
 Culinary related programs in  
 technique, wine, kitchen design,  
 food and wine dinners, and  
 more. Also cooking vacations  
 abroad.  
 Discount(s): Call for discount—  
 varies by class/seminar chosen

**Class Cooking**

Susan Winokur  
 PO Box 751  
 Bryn Mawr, PA 19010  
 T: 610-527-1338  
 Cuisine(s): Various  
 Course Emphasis: Hands-on and  
 demonstration classes in French,  
 Italian and American cuisines.  
 Also menu planning, basic and  
 advanced techniques and guest  
 chefs.

**Cooking Classes at the Market**

Michael Novak  
 5018 Bakerstown Rd  
 Gibsonia, PA 15044  
 T: 724-625-2010  
 pinestav@aol.com

**Country Wines**

Alexis Hartung  
 3333 Babcock Blvd Ste 2  
 Pittsburgh, PA 15237  
 T: 412-366-0151  
 info@countrywines.com  
 www.countrywines.com  
 Course Emphasis: Wine  
 appreciation. Beginner and  
 intermediate wine-making  
 classes. Beer-making classes  
 also offered.  
 Discount(s): 10%

**Crate**

Linda Wernikoff  
 1960 Greentree Rd  
 Pittsburgh, PA 15220  
 T: 412-341-5700  
 crate@aol.com  
 www.cratecook.com  
 Cuisine(s): International  
 Course Emphasis: Hands-on and  
 demonstration classes day or  
 evening. International, vegetarian,  
 techniques and guest chefs.



**Dick Naylor**

Wine Cellars  
4069 Vineyard Rd  
Stewartstown, PA 17363  
T: 800-292-3370  
www.naylorwine.com  
Course Emphasis: Wine and food pairing.

**Independent Wine Club**

Neal Ewing, CWE  
PO Box 1478  
Havertown, PA 19083  
T: 610-649-9936  
iwcwine@aol.com  
Course Emphasis: Registered Center. England's wine and spirit education trust (Master of Wine program) offering intermediate and advanced certificate classes.  
Discount(s): 10%

**Jane Citron Cooking Classes**

Jane Citron  
1314 Squirrel Hill Ave  
Pittsburgh, PA 15217  
T: 412-621-0311  
janecooks@aol.com  
Cuisine(s): Italian, French, Greek  
Course Emphasis: Bread-baking and contemporary International cuisines. Also, cooking vacations to France, Italy, and Napa Valley.

**Julian Krinsky Cooking School**

Tina Krinsky  
PO Box 333  
Haverford, PA 19041  
T: 610-265-9401  
julian@jkct.com  
www.jkct.com  
Cuisine(s): American Regional, Ethnic  
Course Emphasis: Ethnic and regional cuisine, healthy gourmet, fusion, celebrity chef demos and day trips to markets and restaurants.

**Kathy D'Addario's Cooking Techniques**

Kathy D'Addario  
858 Tennis Ave  
Ambler, PA 19002  
T: 215-643-5883  
kathcook@aol.com

**Kelly Thos Shay: A Cooking School In Your Home**

Kelly Shay  
1536 Seidersville Rd  
Bethlehem, PA 18015  
T: 610-419-2084  
kshay2@hotmail.com  
www.kellythosshay.50megs.com  
Cuisine(s): Various

**Louis J. DiGiacomo**

Louis J. DiGiacomo  
204 Country Rd  
Berwyn, PA 19312  
T: 215-644-6233  
Course Emphasis: Basic wine appreciation and wine tasting for groups and organizations.  
Discount(s): 20%

**Old Bedford Village**

Lorie Senese  
220 Sawblade Rd  
Bedford, PA 15522  
T: 814-623-1156  
village@pennswoods.net  
www.oldbedfordvillage.org  
Cuisine(s): Pioneer Foods  
Course Emphasis: Recipes and cooking methods prior to 1850. Open hearth cooking in a reconstructed 1760 tavern in Old Bedford Village.

**Rania's Cooking School**

Rania Harris  
100 Central Sq  
Pittsburgh, PA 15228  
T: 412-531-2222  
rania@rania.com  
www.rania.com  
Cuisine(s): Ethnic & Regional  
Course Emphasis: Demonstration, children's and private classes. Ethnic and regional cuisines, holiday foods, appetizers and desserts.

**School of Culinary Arts**

Gayson Grant  
515 Broad St  
Sewickley, PA 15143  
T: 412-741-8671

**Sylvia Schraff Wine Programs**

Sylvia Schraff  
RD 1, Box 612  
Altoona, PA 16601  
T: 814-946-3799  
oaksprint@keyconn.net  
www.oakspringwinery.com

**The Cooking Cottage  
at Cedar Spring Farm**

Peggi Clauhs  
1731 B Old Bethlehem Pike  
Sellersville, PA 18960  
T: 215-453-1828  
thecottag@aol.com  
Cuisine(s): All types  
Course Emphasis: Hands-on  
bread baking. Demonstration  
emphasis on the home cook.  
Culinary trips to France and  
Italy, and also day trips to New  
York City and Philadelphia.  
One-week cooking tours to  
Europe on a yearly basis.  
Discount(s): 10% off classes only

**The Kitchen Shoppe Inc.  
and Cooking School**

Amber Sunday  
101 Shady Ln  
Carlisle, PA 17013  
T: 800-391-2665  
kshoppe@pa.net  
www.kitchenshoppe.com  
Cuisine(s): Various  
Course Emphasis: Hands-on  
and demonstration classes for all  
levels, adults through children.  
Breads, pastries, grilling, ethnic  
and vegetarian cuisines, as well  
as guest chefs.

**The Learning Studio**

Leah Stauffer  
412 E King St  
Malvern, PA 19355  
T: 610-578-0600  
leah@mail.learningstudio.com  
www.learningstudio.com  
Cuisine(s): Varied  
Course Emphasis: All types of  
cooking, wine tasting, trips, art,  
exercise, relationship, computers,  
dance and more. Cooking tours  
to Paris.  
Discount(s): 10%

**The Restaurant School  
at Walnut Hill College**

Gi Gi Sheppard  
4207 Walnut St  
Philadelphia, PA 19104  
T: 877-925-6884  
info@walnuthillcollege.com  
www.walnuthillcollege.com  
Cuisine(s): Italian, Mexican,  
Asian & American  
Course Emphasis: Offering a  
variety of non-credit, hands-on  
culinary workshops and  
demonstrations. The Restaurant  
School also offers The Wine  
Academy.  
Discount(s): 5%

**Torte Knox**

Sheelah Kaye-Stepkin  
301 Main Ave  
Hawley, PA 18428  
T: 800-226-6540  
torteknox@hotmail.com  
www.torteknox.com  
Cuisine(s): Ethnic  
Course Emphasis: Hands-on  
classes. Basics, special occasion  
dishes, cake decorating and  
sugar arts, guest chefs, ethnic  
and regional cuisines.

**Wooden Angel Restaurant —  
Alex Sebastian**

Alex Sebastian  
308 Leopard Ln  
Bridgewater, Beaver, PA 15009  
T: 724-774-7880  
woodangl@ccia.com  
www.woodenangel.com  
Cuisine(s): Various

**RHODE ISLAND****Sakonnet Master Chefs Series**

Susan Samson  
PO Box 197  
Little Compton, RI 02837  
T: 401-635-8486  
sakonnetri@aol.com  
www.sakonnetwine.com  
Cuisine(s): Various

**SOUTH CAROLINA****Bobbi Cooks II**

Bobbi Leavitt  
9 Baynard Park  
Hilton Head Island, SC 29928  
T: 843-842-9855  
bobbicooksathhi@juno.com  
Cuisine(s): Regional &  
International

Course Emphasis: Demonstration classes for home cooks taught in a home environment in a small, well equipped kitchen. Class size limited to 12 students. Heart Smart classes, Kids in the Kitchen Kamps and Chef's Table for Couples.

**In Good Taste**

Jacki Boyd  
1901 Ashley River Dr  
Charleston, SC 29407  
T: 843-763-5597  
jackiboyd1@prodigy.net  
Course Emphasis:  
Macrobanced cooking and wine education for basic and advanced students.  
Discount(s): 10%

**TENNESSEE****Classic Gourmet Cooking School**

Hilda Pope  
3764 Hillsboro Rd  
Nashville, TN 37215  
T: 615-383-8700  
Cuisine(s): All Cuisines  
Course Emphasis: Essentials of cooking, 9 week course. Demonstration classes in all cuisines.  
Discount(s): 10% off merchandise & shelf foods

**John Iacovino**

John Iacovino  
120 Westlook Circle  
Oak Ridge, TN 37830  
T: 865-483-8330  
jaiacovino@aol.com  
Course Emphasis: Intro courses to the health benefits and enjoyment of Burgundy and Italian wines.  
Discount(s): 5%

**Shields Hood's Wine Classes**

Shields T Hood  
350 Nolley East  
Collierville, TN 38107  
T: 901-853-2693  
hoodwine52@aol.com

**TEXAS****At Home with Patricia Wells: Cooking In Provence**

Deborah Orrill  
7830 Ridgemar Dr  
Dallas, TX 75231  
cookingclasses@ppatriciawells.com  
www.particiawells.com

**Blair House Cooking School**

Vickie Schneider  
100 Spoke Hill Ln  
Wimberley, TX 78676  
T: 877-549-5450  
info@blairhouseinn.com  
www.blairhouseinn.com  
Cuisine(s): N Italian, Holiday, Various  
Course Emphasis: Food and wine pairings, desserts and breads, cooking with chocolate, barbecuing and more. Focusing on new recipes, cooking tips, techniques and presentation.

**Boar's Head Inn**

Cuisine International  
PO Box 25228  
Dallas, TX 75225  
T: 214-373-1161  
cuisineint@aol.com  
www.cuisineinternational.com  
Cuisine(s): New Virginian Cuisine

**Broadway Central Market Cooking School**

Kathy Gottsacker  
4821 Broadway  
San Antonio, TX 78209  
T: 210-368-8617  
s1916i@heb.com  
Cuisine(s): General  
Course Emphasis: Classes for home chef (non-vocational). More than 30 classes per month by international, national, and regional chefs.  
Discount(s): \$5 off per class

**Central Market Cooking School**

Shelley Grieshaber  
4001 N Lamar Blvd  
Austin, TX 78756  
T: 512-206-1067  
grieshaber.shelley@heb.com

www.centralmarket.com  
Cuisine(s): French, Middle Eastern

Course Emphasis: Classes for home chef (non-vocational); more than 30 classes per month by nationally known and regional chefs. Cook French, Middle Eastern and seafood dishes. Also wine tasting. Six class locations.

**Cuisine Concepts**

Renie Steves  
1406 Thomas Pl  
Fort Worth, TX 76107  
T: 817-732-4758  
reniesteves@msn.com  
Cuisine(s): Any theme or cuisine requested by student

Course Emphasis: Private instruction: one-on-one, one-on-two, complete with wine instruction, if desired.

**Cuisine International & Luna Convento**

Judy Ebrey  
PO Box 25228  
Dallas, TX 75225  
T: 214-373-1161  
cuisineint@aol.com  
www.cuisineinternational.com

Cuisine(s): Regional Italian  
Course Emphasis: Cooking classes and excursions in the region  
Discount(s): 10%

**Culinary Academy of Austin**

Glenn Mack  
2823 Hancock Dr  
Austin, TX 78731  
T: 512-451-5743  
chefs@texas.net  
www.culinaryacademyofaustin.com  
Cuisine(s): Various

Course Emphasis: Five diploma programs for professional training as cooks, chefs and other culinary-related occupations.  
Discount(s): 10%

**Culinary Institute Alain & Marie LeNotre**

Alain LeNotre  
7070 Allensby St  
Houston, TX 77022  
T: 888-536-6873  
lenotre@wt.net  
www.lenotre-alain-marie.com

Cuisine(s): French & International Cuisine  
Course Emphasis: Leisure classes and professional programs. Beginner, intermediate and advanced levels in cooking and pastry. 100% hands-on. Bilingual French teachers.  
Discount(s): Free LeNotre coffee mug

**Designer Events Cooking School**

Merrill Bonarrigo  
4545 Old Reliance Rd  
Bryan, TX 77808  
T: 979-778-9463  
event@messinahof.com

www.messinahof.com  
Cuisine(s): International  
Course Emphasis: Hands-on cooking classes for small intimate groups that focus on culinary competency and vineyard cuisine. All foods are prepared with a wine marinade, or wine sauce, along with vegetables and herbs that are harvested at the estate.  
Discount(s): 5%

**Hudson's On The Bend Cooking School**

Shanny Lott  
3509 Hwy 620  
Austin, TX 78734  
T: 512-266-1369  
www.hudsons.citysearch.com

Cuisine(s): Various  
Course Emphasis: Hands-on and demonstration classes in wild game and seafood preparation, smoking, sauces and specialties of the chef.

**International Foodworks**

Ken Rubin  
815-A Brazos, PMB 152  
Austin, TX 78701  
T: 512-619-3916  
info@i-foodworks.org  
www.i-foodworks.org  
Cuisine(s): Ethnic

**Kidchef**

Maureen Serrao-Cole  
PO Box 4146  
Austin, TX 78765  
T: 512-302-3324  
kidchef@kidchef.com  
www.kidchef.com  
Cuisine(s): Various

**Kitchen Friends**

K.A.Tieszen  
1369 Green Hills Dr  
Duncanville, TX 75137  
T: 972-298-5427  
chefkat@kitchen-friends.com  
www.kitchen-friends.com  
Cuisine(s): Various  
Course Emphasis: Hands-on  
classes to improve culinary  
skills, morning or evening.  
Team-building.

**Lake Austin Spa Resort**

1705 S Quinlan Park Rd  
Austin, TX 78732  
T: 512-372-7300  
info@lakeaustin.com  
www.lakeaustin.com  
Cuisine(s): International Spa  
Cuisine  
Course Emphasis: Vacation Spa  
Programs with all-inclusive  
packages: cooking classes,  
fitness programs, spa treatments  
and lots of other activities.

**Natural Foods Cooking School**

4418 Woodvalley  
Houston, TX 77096  
T: 713-723-8868  
Cuisine(s): Vegetarian/Vegan  
Course Emphasis: Demonstration  
classes for all ages in natural  
foods, vegetarian and vegan  
cuisines, macrobiotic cooking  
and market visits.

**Star Canyon Cooking School**

Mathew Dunn  
3102 Oak Lawn Ave, Ste 144  
Dallas, TX 75219  
T: 214-520-8111  
5800@crww.com  
www.starcanyon.com  
Cuisine(s): Southwestern Cuisine  
Course Emphasis: Demonstration  
classes in new Texas cuisine.

**Texas Culinary Academy**

Raleigh Gordon  
11400 Burnet Rd, Ste 2100  
Austin, TX 78758  
T: 512-837-2665  
rgordon@txca.com  
www.austincooks.com  
Cuisine(s): Various  
Course Emphasis: All classes  
are 3 1/2 hour, hands-on  
workshops limited to 14 students.  
Professional chef instructs  
students not only in culinary  
techniques, but also creativity.

**The Healthy Gourmet**

Mary Martha McNeel  
7062 Mccullough Ave  
San Antonio, TX 78216  
T: 210-826-4591  
marymartha@salsa.net  
www.softmoney.org/marymartha  
Cuisine(s): Natural foods cooking  
Course Emphasis: Healthy  
cooking including vegetarian/  
macrobiotic cooking styles.  
Chinese medicinal cooking  
techniques using home grown  
ingredients.  
Discount(s): 10%

**The Kitchen Shop  
at the Green Beanery**

Carolyn Wood  
2121 McFaddin Ave  
Beaumont, TX 77701  
T: 409-832-9738  
Cuisine(s): American &  
International  
Course Emphasis: Recipes &  
Techniques.

**The Natural Epicurean**

Academy of Culinary Arts  
1701 Toomey Rd  
Austin, TX 78704  
T: 515-476-2276  
info@naturalepicurean  
www.naturalepicurean  
Cuisine(s): Healthy

**Tina Wasserman's Cooking & More**

Tina Wasserman  
7153 Lavendale  
Dallas, TX 75230  
T: 214-369-6269  
magicook@aol.com  
Cuisine(s): International  
Course Emphasis: Understanding the science of technique and preparation to apply knowledge to all recipes, not just what was taught in class. All classes meet Jewish/Muslim dietary laws.  
Discount(s): 10%

**VERMONT****Culinary Magic Cooking Seminars**

Chef Cathy Kubec  
The Governors's Inn  
86 Main St  
Ludlow, VT 05149  
T: 800-468-3766  
chef@thegovernorsinn.com  
www.thegovernorsinn.com  
Cuisine(s): Inn Cuisine  
Course Emphasis: Weekend cooking vacations—two half-day classes on anything from creole cooking, low-fat, vegetarian and basic cooking skills. Afternoons free for sightseeing.  
Discount(s): \$25 off dinner at inn during seminar

**Eagle Expeditions**

Laura Dobos  
25 Liberty St Apt 7  
Montpelier, VT 05602  
T: 802-253-6394  
expeditions@pwshift.com  
www.pwshift.comexped

**King Arthur Flour Company**

Jennifer L Korhonen  
Baking Education Center  
PO Box 1122  
Norwich, VT 05055  
T: 802-649-3881  
www.kingarthurfLOUR.com  
Cuisine(s): Baking  
Course Emphasis: Free, public and professional classes offered in a variety of baking related instruction.

**New England Culinary Institute**

Lori Schober  
The Inn at Essex  
70 Essex Way  
Essex, VT 05452  
T: 802-863-5150  
vermontculinaryevents@neci.edu  
www.neculinary.com  
Cuisine(s): Baking  
Course Emphasis: Besides classes in baking and other topics, enjoy sightseeing, day trips and dining in fine restaurants.

**The Baking Education Center**

Susan Miller  
PO Box 876  
Norwich, VT 05055  
T: 800-652-3334  
www.kingarthurfLOUR.com  
Cuisine(s): Bread & Pastry  
Course Emphasis: Demonstration classes with guest bakers and hands-on instruction for bread baking and pastry arts.  
Discount(s): 10% off  
Demonstration Classes

**The Vermont Cooking School**

Jane Kirby  
4571 Lake Rd  
Charlotte, VT 05445  
T: 802-425-4292  
jkirby@vermontcookingschool.com  
www.vermontcookingschool.com  
Cuisine(s): Nutritional  
Course Emphasis: Hands-on classes in nutritional cuisine preceded with a lecture. Classes are taught in a converted hay barn.

**Woodstock Inn & Resort**

Tom List  
14 The Green  
Woodstock, VT 05091  
T: 802-457-1100  
email@woodstockinn.com  
www.woodstockinn.com  
Cuisine(s): Inn Specialties

**VIRGINIA****A Pinch of Thyme  
Cooking School**

Robyn Webb  
308 S Payne St  
Alexandria, VA 22314  
T: 703-683-5034  
robynwebb@aol.com  
www.robynwebb.com  
Cuisine(s): Low-Fat Cuisine  
Course Emphasis: Hands-on  
and demonstration classes in  
low-fat cookery of ethnic and  
international cuisines. Market  
visits and trips to food producers  
and dining in private homes.

**Culinary University**

Cricket Manjarrez  
44050 Woodridge Pkwy  
Leesburg, VA 20176  
T: 703-858-2107  
cmanjarrez@benchmarkmanage-  
ment.com  
www.lansdowneresort.com  
Cuisine(s): Holiday/Seasonal

**Helen Worth's Cooking School**

Helen Worth  
1701 Owensville Rd  
Charlottesville, VA 22901  
T: 434-296-4380  
Cuisine(s): Various  
Course Emphasis: Basic  
procedures with outgrowth of  
international variations. Wine in  
conjunction with food prepared.  
Discount(s): 10%

**Joseph V. Formica  
Wine Program**

Dr Joseph V. Formica  
8402 Gaylord Rd  
Richmond, VA 23229  
T: 804-747-8163  
formica@hsc.vcu.edu  
Course Emphasis: Evaluation of  
wines from old and new world.  
Identification of components and  
flavors; the science behind food  
and wine matching.

**Judy Harris Cooking School**

Judy Harris  
2402 Nordok Place  
Alexandria, VA 22306  
T: 703-768-3767  
judy@judyharris.com  
www.judyharris.com  
Cuisine(s): International/American  
Course Emphasis: Hands-on  
and demonstration programs in  
preparation of regional cuisines,  
basic techniques, baking, and  
holiday and entertaining menus.

**Stratford University**

Daniel Traster  
7777 Leesburg Pike  
Falls Church, VA 22043  
T: 703-734-5307  
dtraster@stratford.edu  
www.stratford.edu  
Cuisine(s): Various  
Course Emphasis: General  
cooking classes on a wide range  
of subjects designed to appeal to  
beginners. All taught by Stratford  
University culinary arts faculty.

**WASHINGTON****Blue Ribbon Cooking School**

Mike & Virginia Duppenhaler  
1611 McGilvra Blvd E  
Seattle, WA 98112  
T: 206-328-2442  
mike@blueribboncooking.com  
www.blueribboncooking.com  
Cuisine(s): Ethnic  
Course Emphasis: Small  
groups of 10 learn by hands-on  
instruction in ethnic and  
home-style cuisines.  
Discount(s): First class free  
with 3 other new students.

**Bon Vivant School of Cooking**

Louise Hasson  
4925 NE 86th  
Seattle, WA 98115  
T: 206-525-7537  
info@bon-vivant.com  
www.bon-vivant.com  
Cuisine(s): Various

**Cooking with Christie**

Christie O'Loughlin  
PO Box 232  
Olympia, WA 98507  
T: 360-459-0862  
coloughlin@juno.com  
Cuisine(s): Various

**Cook's World Cooking School**

Nancie Brecher  
2900 Ne Blakeley St  
Seattle, WA 98105  
T: 206-528-8192  
cooksworld@aol.com  
www.cooksworld.net  
Cuisine(s): Ethnic  
Course Emphasis: All  
professional instructors, hands-on  
& demonstration classes (3 hrs).  
Basic & intermediate classes  
available.  
Discount(s): 20% off cooking  
equipment

**Sur La Table**

Martha Aitken  
1765 Sixth Ave  
South Seattle, WA 98134  
T: 206-682-7175  
maitken@surlatable.com  
www.surlatable.com  
Cuisine(s): Various  
Course Emphasis: Hands-on and  
demonstration classes in eight  
different US locations. Cooking  
basics, baking and special topics.  
Market visits, guest chefs,  
culinary walking tours, and  
various programs for all.

**The Herbfarm**

14590 NE 145th St  
Woodinville, WA 98072  
T: 206-784-2222  
info@theherbfarm.com  
www.theherbfarm.com  
Cuisine(s): Pacific NW Cuisine

Course Emphasis: Demonstration  
classes and events. Cooking  
Pacific NW cuisines, herbs.  
Events and wide range of special  
interest classes.

**The Kitchen Door**

Shirlee Read  
PO Box 422  
Langley, WA 98260  
T: 360-730-2322  
shirlee@thekitchendoor.net  
www.thekitchendoor.net  
Cuisine(s): Various

**WEST VIRGINIA****La Varenne at The Green Brier**

Lynn Swann  
300 West Main St  
White Sulphur Springs, WV  
24986  
T: 800-228-5049  
cookingschool@greenbrier.com  
www.greenbrier.com

**The Greenbrier Culinary Arts Program & La Varenne**

Riki Senn  
300 W Main St  
White Sulphur Springs, WV  
24986  
T: 800-228-5049  
cookingschool@greenbrier.com  
www.greenbrier.com  
Cuisine(s): Various

**WISCONSIN****Adventures in Perspective**

Gail Green  
PO Box 874  
Bayfield, WI 54814  
T: 715-779-9503  
info@livingadventure.com  
www.livingadventure.com  
Cuisine(s): Latino Foods  
Course Emphasis: A week-long  
Yucatan cooking program in the  
atmosphere of the ancient Maya.  
Experience food ceremony,  
preparations, stories and  
intercultural themes. Visit Mayan  
archeological sites and shop in  
markets.  
Discount(s): 5%



**Ecole de Cuisine**

Jill L Prescott  
765 H Woodlake Dr  
Kohler, WI 53044  
T: 920-451-9151  
ecole@execpc.com  
www.jillprescott.com  
Cuisine(s): French

**Orange Tree Imports  
Cooking School**

Dean Schroeder  
1721 Monroe St  
Madison, WI 53711  
T: 608-255-8211  
info@orangetreeimports.com  
www.orangetreeimports.com  
Cuisine(s): Various

**The Cooking School  
at Kristofer's**

Terri Milligan  
734 Bay Shore Dr  
PO Box 619  
Sister Bay, WI 54234  
T: 920-854-9419  
milligan@dcwis.com  
www.innatkristofers.com  
Cuisine(s): Various

**Wisconsin School of Cookery**

Richard J Baumann  
W 6248 Lake Ellen Dr  
Cascade, WI 53011  
T: 920-528-8015  
cbaumann@excel.net  
www.geocities.com/heartland/  
shores/4680  
Cuisine(s): Midwest Americana  
Course Emphasis: For recreational  
cooks only—not for professionals.  
Customized programs to fit  
participants' interests.

**Canada****ALBERTA****A Hastie Retreat Bed & Breakfast Cooking School**

Annette Hastie  
5027 39th St  
Sylvan Lake, AB T4S 1B8  
T: 403-887-2500  
annetehastie@home.com

**Michele's Nirvana, Ltd.**

Michele Oliver  
621 28th St S  
Lethbridge, AB T1J 3T3  
T: 403-327-8326  
info@michelescakes.com  
www.michelescakes.com  
Cuisine(s): Cake Decorating

**BRITISH COLUMBIA****Caitlyn & Company**

2490 Trans Canada Hwy, RR1  
Mill Bay, BC V0R 2P0  
T: 250-743-4922  
caitlyn@whercooksshop.com  
www.whercooksshop.com

**Caren's Cooking School**

Caren McSherry-Valagao  
1856 Pandora St  
Vancouver, BC V5L 1M5  
T: 604-253-3022  
caren@contimport.com  
www.gourmetwarehousecanada.com/carenscooking.html  
Cuisine(s): Ethnic  
Course Emphasis: Three to four-session evening demonstration courses. Wine classes, children's program, tours to Europe.

**Chateau Drouilles Cooking School**

Linda Meinhardt  
3195 Granville St #202  
Vancouver, BC V6H 3K2  
T: 604-714-3131  
info@chateau-drouilles.com  
www.chateau-drouilles.com

**Cookschool at the Cookshop**

Peter Haseltine  
3-555 W 12th Ave  
Vancouver, BC V5Z 3X7  
T: 604-873-5683  
info@cookshoponline.com  
www.cookshop.ca  
Cuisine(s): Ethnic  
Course Emphasis: Ten classes per week from beginner to serious amateur in a comfortable, easy atmosphere.  
Discount(s): Three classes for the price of two

**Dubrulle International Culinary & Hotel Institute**

1522 W 8th Ave  
Vancouver, BC V6J 4R8  
T: 604-738-3155  
party@dubrulle.com  
www.dubrulle.com  
Cuisine(s): Various

**Hollyhock Retreat Centre**

Box 127, Manson's Landing  
Cortes Island, BC V0P 1K0  
T: 800-933-6339  
registration@hollyhock.ca  
www.hollyhock.ca  
Cuisine(s): Vegetarian & Seafood  
Course Emphasis: Learn how to use fresh ingredients harvested from Hollyhock's Biodynamic Garden. Create healthy, abundant, innovative and delicious meals.

**Pacific Institute of Culinary Arts**

Sue Singer  
1505 W 2nd Ave  
Vancouver, BC V6H 3Y4  
T: 604-734-4488  
admissions@picularts.bc.ca  
www.picularts.bc.ca  
Cuisine(s): International & French  
Course Emphasis: 90% hands-on classical training with 'real world' training in our on-site marina-side restaurant and our bakeshop and cafe.

**Villa Delia Tuscany  
Cooking School**

Kim Lloyd  
 Umberto Management Ltd  
 1376 Hornby St  
 Vancouver, BC V6Z 1W5  
 T: 604-669-3732  
 inquire@umberto.com  
 www.umberto.com  
 Cuisine(s): Tuscan  
 Course Emphasis: Gourmet  
 cooking classes and guided  
 tours of the Tuscany regions,  
 while staying in a luxurious  
 16th-century villa owned by  
 Umberto Menghi. Local classes  
 coming soon.  
 Discount(s): 10%

**MANITOBA****Cooking Studio**

Marisa Curatolo  
 3200 Roblin Blvd  
 Winnipeg, MB R3R 0C3  
 T: 204-896-5174  
 Cuisine(s): International,  
 Techniques  
 Course Emphasis: Hands-on  
 class, demonstrations, corporate  
 events.  
 Discount(s): 10%

**Wedge Ritcher Wine Programs**

Wedge Ritcher, MLCC  
 PO Box 1023  
 Winnipeg, MB R3C 2X1  
 T: 204-474-5553  
 wrichter@mlcc.mb.ca

**NOVA SCOTIA****Trout Point Cooking School**

Chef Daniel G Abel  
 PO Box 456  
 Kemptville, NS B0W 1Y0  
 T: 877-812-0112  
 troutpoint@foodvacation.com  
 www.troutpoint.com  
 Cuisine(s): Fresh Seafood  
 Course Emphasis: Cooking  
 vacation

**ONTARIO****Accounting for Taste**

Michael Botner  
 195 Rodney Crescent  
 Ottawa, ON K1H 5J8  
 T: 613-523-3389  
 michael@accountingfortaste.ca  
 www.accountingfortaste.ca

**Art of Food Cooking School**

Merla McMenomy  
 98 Walker Ave  
 Toronto, ON M4V 1G2  
 T: 416-975-5088  
 henley@interlog.com  
 www.merlacoooking.on.ca  
 Cuisine(s): International &  
 special occasion menus  
 Course Emphasis: 3 weekly  
 demonstration classes. Spring  
 culinary tours to Provence and  
 Tuscany, private instruction.  
 Discount(s): 10% Classes only

**Bonnie Stern School of Cooking**

Bonnie Stern  
 6 Erskine Ave  
 Toronto, ON M4P 1Y2  
 T: 416-484-4810  
 bonnie@bonniestern.com  
 www.bonniestern.com  
 Cuisine(s): Ethnic & Regional  
 Course Emphasis: Basic  
 techniques of ethnic and  
 regional foods, holiday and  
 low-fat cooking.

**Butternut Inn Bed & Breakfast  
Gourmet Getaway Weekend**

Bonnie Harrison  
 36 North St  
 Port Hope, ON L1A 1T8  
 T: 800-218-6670  
 info@butternutinn.com  
 www.butternutinn.com  
 Cuisine(s): Ethnic

**Chez Soleil**

Janet Sinclair  
 120 Brunswick St  
 Stratford, ON N5A 3M1  
 T: 519-271-7404  
 cooking@chezsoleil.com  
 www.chezsoleil.com  
 Cuisine(s): Various

Course Emphasis: Cooking school that has bed and breakfast facilities. Hands-on and demonstration classes. Menus chosen by participants. Day trips, market visits, cooking library, and resource discussions.

### **Cooking at the Harvest Kitchen**

Gurth M Pretty  
134 Thomas St  
Oakville, ON L6J 3B1  
T: 416-760-9504  
epicurean.exp@sympatico.ca  
www.epicureanexpeditions.com  
Cuisine(s): Regional Canadian

### **Cooking at the Prune**

Bryan Steele  
151 Albert St  
Stratford, ON N5A 3K5  
T: 519-271-5052  
reservations@cyg.net  
www.oldprune.on.ca  
Cuisine(s): Restaurant Specialties  
Course Emphasis: Hands-on weekend menu courses. Market visits, tours to food producers and dining in private homes.

### **Cooking with Susan Lee**

Susan Lee  
1011 Wellington St  
London, ON N6A 3T5  
T: 519-439-1423  
Cuisine(s): Ethnic & Regional  
Course Emphasis: 3-hour participation classes in preparing seasonal foods, menus for entertaining, regional and ethnic cuisines.

### **Dish Cooking Studio**

Trish Magwood  
390 Dupont St  
Toronto, ON M5R 1V9  
T: 416-920-5559  
trish@dishcookingstudio.com  
www.dishcookingstudio.com  
Cuisine(s): Ethnic

### **Empire Cooking School**

Charlotte Empringham  
124 John Davies Dr  
Woodstock, ON N4T 1N2  
T: 519-421-2837

### **Great Cooks & the T Spot**

Esther Benaim  
176 Yonge St Lower Level  
Toronto, ON M5C 2L7  
T: 416-861-4727  
cook@greatcooks.ca  
www.greatcooks.ca  
Cuisine(s): Ethnic  
Course Emphasis: Classes are general to the home cook. They feature many of Toronto's top chefs. Both hands-on and demonstration classes are offered.

### **Healthy Gourmet**

**Indian Cooking**  
Arvinda Chauhan  
1334 Creekside Dr  
Oakville, ON L6H 4Y2  
T: 905-842-3215  
info@hgic.ca  
www.hgic.ca  
Cuisine(s): Indian & Thai  
Course Emphasis: Hands-on cooking classes for small intimate group focusing on healthy and nutritious, vegetarian and non-vegetarian cuisines. Also, regional cooking of India culinary trips.  
Discount(s): 10%

### **Le Cordon Bleu — Ottawa**

Andrea Smith  
453 Laurier Ave E  
Ottawa, ON K1N 6R4  
T: 613-236-2433  
ottawa@cordobleu.net  
www.lcbottawa.com  
Cuisine(s): Various  
Course Emphasis: Eleven week certificate courses in various culinary arts for all levels. One-day to one-month drop-in sessions, specialized short programs, evening classes and gourmet sessions available.

### **Liaison College of Culinary Arts**

27 John St S  
Hamilton, ON L8N 2B8  
T: 905-308-9333  
info@liaisonhamilton.com  
www.liaisonhamilton.com  
Cuisine(s): Various  
Course Emphasis: Culinary techniques-directing students in proper cooking procedures.

**Margaret Swaine  
Wine Programs**

Margaret Swaine  
744 Duplex Avenue  
Toronto, ON M4R 1W3  
T: 416-961-5328  
m.swaine@rogers.com  
www.members.rogers.com/  
m.swaine  
Course Emphasis: Individualized  
wine courses. Evening dinner  
and wine matching seminars.  
Discount(s): 10%

**McCall's School of  
Cake Decoration, Inc.**

Nick McCall  
3810 Bloor St W  
Etobicoke, ON M9B 6C2  
T: 416-231-8040  
decorate@mccallscakes.com  
www.mccalls-cakes.com  
Cuisine(s): Cake Decorating/  
Sugar Arts

**My Place for Dinner**

Debbie Diamant  
56 Arundel Ave  
Toronto, ON M4K 3A4  
T: 416-465-7112  
mpfd@idirect.com  
www.myplacefordinner.com

**Rundles Restaurant  
Cooking School**

Neil Baxter  
9 Cobourg St  
Stratford, ON N5A 3E4  
T: 519-271-6442

**Sherwood Inn Country  
Cooking Weekends**

Arthur Lambert  
PO Box 400  
Port Carling, ON P0B 1J0  
T: 705-765-3131  
sherwood@muskaka.com  
www.countryinns.com  
Cuisine(s): Various  
Course Emphasis: Hands-on  
theme weekends, wine  
discussions and restaurant  
kitchen tour.

**The Big Carrot  
Natural Food Market**

348 Danforth Ave  
Toronto, ON M4K 1N8  
T: 416-466-2129  
health@thebigcarrot.ca  
www.thebigcarrot.ca  
Cuisine(s): Vegetarian

**The Cooking Workshop**

Maria Pace  
10 Beaconsfield Ave Ste 2  
Toronto, ON M6J 3H9  
T: 416-588-1954  
marypace@enoreo.on.ca  
Cuisine(s): Italian cuisine  
Course Emphasis: Weekend  
hands-on, evening workshops  
and demonstrations in breads,  
pastry, foundations (soups,  
stocks, sauces, etc). Wine tasting  
and private lessons for groups.

**The Cookworks**

Donna Dooher  
99 Sudbury St, Ste 8  
Toronto, ON M6J 3S7  
T: 416-537-6464  
cook@thecookworks.com  
www.thecookworks.com  
Cuisine(s): Various

**The Good Earth  
Cooking School**

Nicolette Novak  
4556 Lincoln Ave  
Beamsville, ON L0R 1B3  
T: 800-308-5124  
info@goodearthcooking.com  
www.goodearthcooking.com  
Cuisine(s): Niagara Regional

**VeggieFeast**

Karen Ryan  
2183 Truscott Dr  
Mississauga, ON L5J 2A7  
T: 905-855-2301  
karen.ryan@sympatico.ca  
www.crystaltiger.com/veggiefeast  
Cuisine(s): Vegetarian

**Wine Country Cooking School**

Jane Langdon  
1339 Lakeshore Rd  
Niagra-on-the-Lake, ON L0S 1J0  
T: 905-468-8304  
info@winecountrycooking.com  
www.winecountrycooking.com  
Cuisine(s): Regional  
Course Emphasis: Weekend and week-long hands-on culinary vacations and demonstration cooking classes located in a restored 1930's fruit cannery.

**QUEBEC****Au Bon Gout**

Sandra M Carmichael  
369 52nd Ave  
Lachine, PQ H8T 2X3  
T: 514-637-0740  
abg@aubongout.com  
www.aubongout.com  
Cuisine(s): Szechuan, Mediterranean  
Course Emphasis: Hands-on and demonstration classes in techniques and de-mystifying ingredients. Also offered are cooking vacations to France, Rome and the Amalfi Coast.

**Cooking Light**

Marilyn Calder Flaherty  
29 Cedar Ave  
Pointe Claire, PQ H9S 4X9  
T: 514-695-4117  
Cuisine(s): Healthy Cooking  
Course Emphasis: Demonstrations and hands-on classes. Techniques in healthy cooking of fish, beans, grains and lentils.

**Karen's Kitchen Cooking School**

12473 Fleming  
Pierrefonds, PQ H8Z 1E4  
T: 514-684-0099  
gokaren@globetrotters.net  
Cuisine(s): Gourmet Vegan  
Course Emphasis: Cooking to balance your individual nature. Learn how to prepare tofu and soy foods. Understand cleansing diets, make one-dish meals and cook with the seasons. The focus is health, balance, and healing.  
Discount(s): 10%

**Mamma Wanda**

Wanda Calcagni  
1 Viger St  
Kirkland, PQ H9J 2E4  
T: 514-695-0864  
Cuisine(s): N Italian/Vegetarian  
Course Emphasis: Pasta and meat dishes. Specialty dishes made from start to finish.

**Manor Cuisines  
Creative Cooking**

Ausma Groskaufmanis  
6 Manor Crescent  
Pointe Claire, PQ H9R 4S9  
T: 514-697-7015  
ogga@axess.com  
Cuisine(s): Culinary Techniques  
Course Emphasis: Creative presentation, boning, butterflying, garnishing, napkin folding, ice sculpture, cake decorating and more.

**Natural Foods Cooking School**

Bonnie Tees  
4865 Harvard, #6  
Montreal, PQ H3X 3P1  
T: 514-482-1508  
Cuisine(s): Vegetarian  
Course Emphasis: Small classes emphasizing personal needs; health aspects of food; special cooking styles for health benefits.  
Discount(s): 10% off, applies to couples & students

**Neelam Kumars****North Indian Cuisine**

Neelam Kumar  
6 Daudelin St  
Kirkland, PQ H9J 1L8  
T: 514-697-4029  
Cuisine(s): Indian  
Course Emphasis: Vegetarian and non-vegetarian Indian foods. Six-session participation classes.

## CULINARY TOURS

If you have ever considered going on a culinary tour, but maybe just weren't sure of what was offered, this guide can assist you. We have compiled a list of culinary tours that will take you to foreign countries, interesting marketplaces, and historic locations, and put you in contact with famous chefs. You can enjoy staying in a centuries-old villa while you learn about regional cuisine and local history. Many of these tours offer discounts to members of the Cooking Club of America, so take the opportunity to make lasting memories and come away with valuable new skills for your culinary enjoyment.

### CULINARY TOURS KEY

Company	—	<b>Elderwood, The Art of Cooking</b>
Contact	—	Ms Debbie J. Elder, CMP
Address	—	9455 E Raintree Drive #2030
City, State, Zip	—	Scottsdale, AZ 85260
Phone #	—	T: 480-551-9769
E-Mail Address	—	debbiejelder@msn.com
Web Site Address	—	www.grapeconnection.com
Cuisine(s)	—	Cuisine(s): Various
Course Emphasis	—	Course Emphasis: Personalized demonstrations in student's home and hands-on cooking classes for individuals or small groups. Culinary tours and week-long European cooking vacations.
Discount(s) Offered	—	Discount(s): 5%

## United States

### ARIZONA

#### **Elderwood, The Art of Cooking**

Ms Debbie J. Elder, CMP  
 9455 E Raintree Drive #2030  
 Scottsdale, AZ 85260  
 T: 480-551-9769  
 debbiejelder@msn.com  
 www.grapeconnection.com  
 Cuisine(s): Various  
 Course Emphasis: Personalized demonstrations in student's home and hands-on cooking classes for individuals or small groups. Culinary tours and week-long European cooking vacations.  
 Discount(s): 5%

### CALIFORNIA

#### **A Taste of Provence**

Tricia Robinson  
 925 Vernal Ave  
 Mill Valley, CA 94941  
 T: 415-383-9439  
 info@tasteofprovence.com  
 www.tasteofprovence.com  
 Cuisine(s): Regional cuisine  
 Course Emphasis: Six-day cooking tour. Market visits and more.

#### **Culinary Adventures in Tuscany**

Ann Dunne  
 PO Box 644  
 Solana Beach, CA 92075  
 T: 619-989-9416  
 ann\_dunne@attglobal.net  
 www.tuscany-adventures.com  
 Cuisine(s): Traditional Tuscan Cooking  
 Course Emphasis: An authentic experience of Country Tuscany discovered through its cooking and wineries. Enchanting setting in a 1000 yearold Castello outside of Siena in the heart of Tuscany.  
 Discount(s): 10%

#### **East-West Cooks**

Haley Nguyen  
 6 Fort Sumter  
 Irvine, CA 92620  
 T: 949-225-0599  
 haley@pointronics.com  
 www.east-westcooks.com  
 Cuisine(s): Thai, Vietnamese & Chinese  
 Course Emphasis: We help students explore and understand the use of Asian ingredients. Learn how to cook ethnic Asian cuisine, go on market tour excursions and international travels.  
 Discount(s): 10% off for cooking class only

#### **JC Food & Wine Tours**

Joyce Capece  
 2101 Golden Rain Dr #7  
 Walnut Creek, CA 94595  
 T: 925-938-9635

#### **Let's Get Cookin'**

Phyllis Vaccarelli  
 4643 Lakeview Canyon Rd  
 Westlake Village, CA 91361  
 T: 818-991-3940  
 lgcookin@aol.com  
 www.letsgetcookin.com  
 Cuisine(s): Ethnic  
 Course Emphasis: Our Basics Series includes mostly methods and techniques of cooking. Other classes with famous chefs and cookbook authors that are theme or menu oriented.  
 Discount(s): 10% off (where other discounts do not apply)

#### **Provence On Your Plate**

Connie Barney  
 915 E Blithedale, Suite 10  
 Mill Valley, CA 94941  
 T: 800-449-2111  
 conbarn@aol.com  
 www.provenceonyourplate.com  
 Cuisine(s): French Regional  
 Course Emphasis: Week-long programs take place in France with cooking classes, market visits, and wine tasting. Small friendly groups.  
 Discount(s): \$100



**The Jean Brady Cooking School**

Jean Brady  
680 Brooktree Rd.  
Santa Monica, CA 90402  
T: 310-454-4220  
bradyrustic@yahoo.com  
Cuisine(s): California, French  
& Ethnic  
Course Emphasis: Healthful food  
techniques to cut fat. Tours to  
France and India — classes with  
local chefs. Specializing in  
private groups and team  
building.  
Discount(s): 10% off classes  
(not tours)

**Two Babes From Britain**

Alyson Cook  
PO Box 40281  
Pasadena, CA 91114  
T: 626-791-9757  
alysoncook@earthlink.net

**Two Bordelais**

Denise Lurton-Mouille  
PO Box 8191  
Berkeley, CA 94707  
T: 510-848-8741  
jdmouille@pacbell.net  
www.twobordelais.com  
Cuisine(s): Regional French  
(Southwest), California/  
Mediterranean  
Course Emphasis: Experience  
going to the market, special  
artisan visits, cheeses, chocolate,  
and wine (Bordeaux).  
Discount(s): \$300

**Weir Cooking**

Joanne Weir  
2107 Pine St  
San Francisco, CA 94115  
T: 415-776-4200  
jw@weircooking.com  
www.weircooking.com  
Cuisine(s): Mediterranean,  
Californian  
Course Emphasis: Hands-on  
classes in fabulous destinations  
across the US and Europe.  
Experience food, wine and  
shopping wherever you choose  
your culinary adventure. Learn  
to make seasonal salads, pizza,  
flatbreads, and desserts.  
Discount(s): Free cookbook with  
each 1-week course enrollment

56 Cooking Club of America

**CONNECTICUT****Bella Cucina**

Carol Borelli  
PO Box 421  
New Canaan, CT 06840  
T: 203-966-4477  
cborelli@earthlink.net  
Cuisine(s): Italian  
Course Emphasis: Basic  
techniques, fresh pasta, soups,  
breads, and dinner party menus.  
Market and restaurant visits.  
Travel programs to Italy that  
feature cooking, art, history,  
language lessons, and  
excursions.

**Foodsearch Plus, Inc**

Karen Hanson  
258 Florida Rd  
Ridgefield, CT 06877  
T: 203-438-0422  
foodsearch@att.net  
Cuisine(s): Basic & Ethnic  
Course Emphasis: Learn basic  
culinary techniques, pastry and  
baking. Home entertaining,  
French basics and other ethnic  
interest. Culinary trips to Provence  
Discount(s): 15%

**DISTRICT OF COLUMBIA****A Week in Provence**

Sarah Brown  
4700 Connecticut Ave NW #304  
Washington, DC 20008  
T: 202-537-7202  
lesmartins@compuserve.com  
Cuisine(s): Provençal  
Course Emphasis: Food and  
wine as part of the overall  
cultures of Provence.  
Discount(s): 5% off individual;  
10% off for a group of 6

**Les Liaisons Delicieuses**

Patti R Ravenscroft  
4710 30th St NW  
Washington, DC 20008  
T: 877-966-1810  
info@cookfrance.com  
Cuisine(s): French, Moroccan  
Course Emphasis: Hands-on  
cooking classes with Michelin-  
starred chefs in their restaurant  
kitchens, including luxurious  
accommodations and exclusive  
excursions.  
Discount(s): 5%

## ILLINOIS

**Chez Madelaine Cooking School & Tours to France**

Madelaine Bullwinkel  
425 Woodside Ave  
Hinsdale, IL 60521  
T: 630-325-4177  
chezmb@aol.com  
www.chezm.com  
Cuisine(s): French  
Course Emphasis: Hands-on classes in cooking and baking techniques. Tours to the Limousin region of France.

**Cuisine Cooking School**

Marysue Salmon  
1100 23rd Ave  
Moline, IL 61265  
T: 309-797-8613  
mscuisine@aol.com  
Cuisine(s): French & Italian  
Course Emphasis: Technique as applied to recipes. Class taught in menu form.  
Discount(s): 10% or \$4.50 off classes only

**Epiculinary Inc**

Catherine Merrill  
321 E Washington Ave  
Lake Bluff, IL 60044  
T: 847-295-5363  
Cuisine(s): Cajun, Californian, French, Italian, Mexican, Spanish  
Course Emphasis: Hands-on cooking lessons featuring regional cuisine, wine tours, olive oil tasting.  
Discount(s): 10%

**Monique's Culinary Experience**

Monique J Hooker  
1187 Wilmette Ave Box 332  
Wilmette, IL 60091  
T: 319-538-9365  
jamhook@interaccess.com  
www.floatpoint.com/food  
Cuisine(s): French, International  
Course Emphasis: Seasonal cooking; techniques and flavors of the world for everyday cooking at home. Tours to France and Thailand.  
Discount(s): 10%

**Select Italy — Culinary Adventures**

Roz Katz  
328 Linden Ave  
Wilmette, IL 60091  
T: 847-853-1661  
roz@selectitaly.com  
www.selectitaly.com  
Cuisine(s): Italian  
Course Emphasis: Hands-on and demonstration cooking tours customized. Combines cooking, wine tasting, regional traditions and eating throughout Italy.  
Discount(s): 10%

**The International Kitchen Inc**

Karen Herbst  
55 E Monroe St Ste 2840  
Chicago, IL 60603  
T: 800-945-8606  
info@theinternationalkitchen.com  
www.theinternationalkitchen.com  
Cuisine(s): Regional Italian & French  
Course Emphasis: Learn regional cooking combined with wine tasting and excursions. Characteristic lodging in beautiful European settings.  
Discount(s): 8-10%

**What's Cooking**

Ruth Law  
7206 Chestnut Hills Dr  
Burr Ridge, IL 60521  
T: 630-986-1595  
lawcooks2@netscape.net  
Cuisine(s): Asian  
Course Emphasis: Hands-on and demonstration classes in Asian cooking. Tours to Asian countries feature cooking with professional chefs, market visits, sightseeing, and gourmet dining.

## INDIANA

**The Olson Academy**

Joan Y. Olson  
10902 N Co Rd 800 W  
Norman, IN 47264  
T: 812-497-3568  
olsonallen@msn.com  
Cuisine(s): French  
Course Emphasis: Hands-on experience from planning to executing complete meals. Prepare classic French cuisines. All wine tours to France and Italy.  
Discount(s): 10%

## MARYLAND

**Baltimore International College**

Michael Smith  
 Commerce Exchange, 17  
 Commerce St  
 Baltimore, MD 21202  
 T: 800-624-9926  
 admissions@bic.edu  
 www.bic.edu  
 Cuisine(s): Various  
 Course Emphasis: Non-professional programs in cooking and baking on Baltimore International College's 100-acre Virginia Park campus located in Ireland.

## MASSACHUSETTS

**A Lesson In Flavors—  
Donna Franca Tours**

Franca Franzaroli  
 470 Commonwealth Area  
 Boston, MA 02215  
 T: 800-225-6290  
 dtours2156@aol.com  
 www.donnafranca.com  
 Cuisine(s): Tuscan & Regional Italian  
 Course Emphasis: Food, wine and music.  
 Discount(s): 5%

**Adventures in Culture**

The Parker Company  
 152 Lynnway  
 Lynn, MA 01902  
 T: 800-280-2811  
 italy@theparkercompany.com  
 www.adventures-in-culture.com

**Cooking with Friends  
In France**

Jackson & Co  
 100 Country Club Rd  
 Newton Center, MA 02459  
 T: 617-247-1055  
 sally@jackson-co.com  
 Cuisine(s): French, Provencale  
 Course Emphasis: Cultural immersion, visits and meals at Michelin-starred restaurants, classes taught at Julia Childs' former kitchen.

## MICHIGAN

**The Savour of France**

David Geen  
 2450 Iroquois Ave  
 Detroit, MI 48214  
 T: 800-827-4635  
 dgeenl@aol.com  
 www.savourfrance.com  
 Cuisine(s): Regional French & Italian  
 Course Emphasis: Regional cuisine—basic techniques of France and Italy, also focusing on great local wines. Tour markets and enjoy the local arts and history.  
 Discount(s): 10%

## MINNESOTA

**Gabriele's Travels to Italy**

Gabriele Dellanave  
 1610 14th St NW Ste 302  
 Rochester, MN 55901  
 T: 507-287-8733  
 info@travelingtoitaly.com  
 www.travelingtoitaly.com  
 Cuisine(s): Regional Cuisine  
 Course Emphasis: Top-notch chefs instruct in regional cuisine. Exclusive accommodations, demonstrations, and hands-on courses. Traditional home cooking and high cuisine. Vegetables, olive oil, fish, and pasta techniques  
 Discount(s): 10%

## NEVADA

**Discover Vietnam**

Hans Krausche  
 3207 La Mancha Way  
 Henderson, NV 89014  
 T: 800-613-0390  
 hkrausche@aol.com  
 www.discovervietnam.com  
 Cuisine(s): Regional Vietnamese  
 Course Emphasis: Introduces tour members to the culture of Vietnam cuisine and shows them that if cooking were a painting, Vietnam cuisine would have one of the world's most colorful palettes.  
 Discount(s): 10%

**Nothing To It! Culinary Center**

Jennifer Bushman  
225 Crummer Ln  
Reno, NV 89502  
T: 775-826-2628  
jennifer@nothingtoit.com  
www.nothingtoit.com

Cuisine(s): Various  
Course Emphasis: Hands-on and demonstration classes for adults and children. Techniques and various cuisines are studied.

**NEW JERSEY****Gourmet Getaways**

Marlene Iacofano  
45 Eagle Nest Rd  
Morristown, NJ 07960  
T: 973-644-0906  
gget45@aol.com  
www.gourmetget.com  
Cuisine(s): Italian

**NEW MEXICO****Chefs At Work**

Chef Vikki Nulman  
4 High Ridge Rd  
Santa Fe, NM 87501  
T: 505-820-0377  
chefvikki@aol.com  
www.mbtravelers.com  
Cuisine(s): French, Italian  
Course Emphasis: 1-day hands-on French cooking class, 1-week cooking vacations to Provence, Tuscany, and Mexico.

**Chef'sTour**

Daniel Hoyer  
Box 2-D, Pilar Route  
Embudo, NM 87531  
T: 505-751-4611  
hoyer@laplaza.org  
www.freeyellow.com/members8/cooks-tour/index.html  
Cuisine(s): Mexican  
Course Emphasis: Three 14-day cooking tours in Mexico. Classes, dining in private homes and restaurants, market tours, and sight seeing.

**Jane Butel's Southwestern Cooking Vacations**

Jane Butel  
La Posada de Albuquerque,  
125 Second NW  
Albuquerque, NM 87102  
T: 800-472-8229  
cookie@abq.com  
www.janebutel.com  
Cuisine(s): Southwestern  
Course Emphasis: Features hands-on sessions with emphasis on culinary techniques. Teach traditional and advanced smoking and grilling.  
Discount(s): 10%

**NEW YORK****Anna Teresa Callen Italian Cooking School**

Anna Teresa Callen  
59 W 12th St  
New York, NY 10011  
T: 212-929-5640  
Cuisine(s): Italian  
Course Emphasis: Full menus—technique. Five-session hands-on and demonstration courses. Also tours to Italy.

**Ice Cream University**

M Stogo  
2727 Palisade Ave, 11H  
Riverdale, NY 10463  
T: 718-884-5086  
mstogo@aol.com  
www.icecreamuniversity.org  
Cuisine(s): Frozen Confections

**Il Chiostro, Inc.**

Michael Mele  
241 W 97th St #13N  
New York, NY 10025  
T: 800-990-3506  
ilchiostro@hotmail.com  
www.ilchiostro.com  
Cuisine(s): Tuscan  
Course Emphasis: In association with La Scuola del Colle in Tuscany — “Cooking & More in Chianti”; a customized Tuscan cooking program for small groups with side excursions decided by the group and led by a private, local guide.  
Discount(s): 10%

**Int'l Cooking School  
of Italian Food & Wine**

Mary Beth Clark  
201 E 28th St Ste15b  
New York, NY 10016  
T: 212-779-1921  
marybethclark@worldnet.att.net  
www.interntationalcookingschool.com

Cuisine(s): Italian  
Course Emphasis: Week-long hands-on cooking courses in Renaissance Palazzo in Bologna's beautiful Historic Center. Markets, exclusive countryside excursions, Michelin-star dining. Deluxe accommodations. 6 & 7-day courses in May, June, September, & October.  
Discount(s): Yes

**Italian Culinary Institute  
for Foreigners-Omnia-Italia**

Enrico Bazzoni  
126 2nd Place  
Brooklyn, NY 11231  
T: 718-875-0547  
eabchef@aol.com  
www.omnia-italia.com

Cuisine(s): Northern Italian  
Course Emphasis: Learn culture and historical background of culinary adventure — tours of Etruscan tombs — Piedmont and Tuscany. Cook regional Italian cuisine, even pastry courses.  
Discount(s): 10% off published rates, free to group leader (minimum of 10 people)

**L'Ecole des Chefs  
Relais & Chateaux**

Jennifer L Iannolo  
11 E 44th St, Ste 707  
New York, NY 10017  
T: 877-334-6464  
info@ecoledeschefs.com  
www.relaischateaux.com/cuisine  
Cuisine(s): Various International  
Course Emphasis: A culinary internship program for passionate amateur cooks featuring nearly 100 Relais Gourmands chefs in 16 countries. Enter the kitchens of world-class restaurants as a culinary intern. See web site for details.

**New World Cooking Schools**

Vaughn Perret  
329 W Buffalo St, 1st Flr  
Ithaca, NY 14850  
T: 607-277-5279  
info@foodvacation.com  
www.foodvacation.com  
Cuisine(s): Various

**Spoletto Cooking School**

Clinton J Everett  
760 West End Ave #3-A  
New York, NY 10025  
T: 212-663-4440  
clintoneve@aol.com  
www.spolettoarts.com  
Cuisine(s): Italian  
Course Emphasis: National Italian chef training in full restaurant facility.

**To Grandmother's House  
We Go Cooking Tours**

Susan Baldassano  
471-17th St, #1  
Brooklyn, NY 11215  
T: 718-768-6197  
info@tograndmothershousewego.com  
www.tograndmothershousewego.com  
Cuisine(s): Traditional Home Cooking  
Course Emphasis: Cooking & cultural tours, informal classes in folk artist's homes, home cooking using traditional recipes of grandmothers from around the world. Also cooking tours to Oaxaca, Mexico and Sicily, Italy.

**Toscana Saporita  
Cooking School**

Anne Bianchi  
Prince Street Station  
New York, NY 10012  
T: 212-219-8791  
toscana@compuserve.com  
www.toscanasaporita.com  
Cuisine(s): Tuscan  
Course Emphasis: Fresh ingredients, matching wines to food and traditional Tuscan cooking methods. Small hands-on classes.  
Discount(s): 5%

**Vantaggio Tours**  
**c/o Linden Travel Bureau**  
 Margot Cushing CTC  
 41 E 57th St  
 New York, NY 10022  
 T: 800-808-6237  
 mcushing@lindentravel.com  
 www.vantaggio.com  
 Cuisine(s): Tuscan  
 Course Emphasis: Week-long programs in Italy. Tours, sightseeing, wine classes and much more.  
 Discount(s): \$25 (Book at least six weeks ahead); 1 free w/10 paid customers

## OREGON

**Robert Reynolds,**  
**Northwest Forum**  
 Robert Reynolds  
 222 Se 18th Ave  
 Portland, OR 97214  
 T: 888-733-3391  
 rowbear@ibn.net  
 www.robertreynoldscooks.com  
 Cuisine(s): French

## PENNSYLVANIA

**Jane Citron Cooking Classes**  
 Jane Citron  
 1314 Squirrel Hill Ave  
 Pittsburgh, PA 15217  
 T: 412-621-0311  
 janecooks@aol.com  
 Cuisine(s): Italian, French, Greek  
 Course Emphasis: Bread-baking and contemporary international cuisines. Also, cooking vacations to France, Italy, and Napa Valley.

**L'Ecole des Chefs**  
 Annie Jacquet-Bentley  
 PO Box 183  
 Birchrunville, PA 19421  
 T: 610-469-2500  
 info@leschefs.com  
 www.leschefs.com  
 Cuisine(s): French

**The Cooking Cottage**  
**at Cedar Spring Farm**  
 Peggi Clauhs  
 1731 B Old Bethlehem Pike  
 Sellersville, PA 18960

T: 215-453-1828  
 thecottag@aol.com  
 Cuisine(s): All types  
 Course Emphasis: Hands-on bread baking. Demonstration emphasis on the home cook. Culinary trips to France, Italy, and also day trips to New York City and Philadelphia. One-week cooking tours to Europe on a yearly basis.  
 Discount(s): 10% off classes only

**The Learning Studio**  
 Leah Stauffer  
 412 E King St  
 Malvern, PA 19355  
 T: 610-578-0600  
 leah@mail.learningstudio.com  
 www.learningstudio.com  
 Cuisine(s): Varied  
 Course Emphasis: All types of cooking, wine tasting, trips, art, exercise, relationship, computers, dance, and more. Cooking tours to Paris.  
 Discount(s): 10%

**The Tuscan Turtle**  
 Jennifer Schwartz  
 127 Blackfriars Cir  
 Doylestown, PA 18901  
 T: 215-345-4217  
 shamar19@home.com  
 Cuisine(s): Italian Regional

## SOUTH CAROLINA

**La Cuisine de Savoie**  
 PO Box 21570  
 Charleston, SC 29413  
 T: 843-577-2720  
 cuisinesavoie@att.net  
 www.lacuisinedesavoie.com  
 Cuisine(s): Regional French  
 Course Emphasis: Classes are held at the Hotel Million in Albertville, France with emphasis on the cuisine of the local region, featuring local products. Classes also include visits to local farmers market, wineries, cheesemakers and more.

## TEXAS

**Badia a Coltinbuono**

Judy Ebrey, Cuisine International  
PO Box 25228  
Dallas, TX 75225  
T: 214-373-1161  
cuisineint@aol.com  
www.cuisineinternational.com

**Culinary Tours**

Glenn Watz  
2450 Gladys Ave  
Beaumont, TX 77702  
T: 409-832-4929  
grwatz@earthlink.net  
www.culinarytours.net

**World of Regaleali**

Judy Ebrey  
PO Box 25228  
Dallas, TX 75225  
T: 214-373-1161  
cuisineint@aol.com  
www.cuisineinternational.com

## UTAH

**Vegetarian Tours to Italy**

Lorenzo Hyland  
2792 Morgan Dr  
Salt Lake City, UT 84124  
T: 888-474-9170  
lorenzo@vegtour.com  
www.vegtour.com  
Cuisine(s): Italian  
Course Emphasis: Stay in a lovely country inn. Cooking lessons and dining in private homes and exquisite restaurants. Shop the central market, visit a winery, see olive oil production, tour herb gardens, and watch pottery being made.  
Discount(s): \$100

## VERMONT

**Cocina Castellana**

RR1 Box 42  
Warren, VT 05674  
T: 802-583-1922  
tsl@spaincooks.com  
www.spaincooks.com  
Cuisine(s): Regional  
Course Emphasis: Cooking and wine tasting tours in Spain.

## VIRGINIA

**Bon Vivant Int'l Culture & Culinary Tours to Italy**

Valerie Hogue Forni, CEO  
114 Roberts Ct  
Alexandria, VA 22314  
T: 703-683-6234  
vjhf@worldnet.att.net  
www.bonvivantintl.com  
Cuisine(s): Italian

## WASHINGTON

**A Cooks Tour**

Patty LeDonne  
221 214th NE  
Redmond, WA 98053  
T: 800-726-6388  
patty@acookstour.com  
www.acookstour.com  
Cuisine(s): Italian & French  
Course Emphasis: Culinary tours, guided and all-inclusive. Hands-on cooking classes, wine tasting and local excursions. Beautiful settings and top-notch accommodations.  
Discount(s): 10%

**Everyday Gourmet Traveler**

Beverly Gruber  
5053 Ne 178th At  
Seattle, WA 98155  
T: 206-363-1602  
gormaytrvl@aol.com  
www.members.aol.com/gormaytrvl

## WISCONSIN

**Adventures in Perspective**

Gail Green  
PO Box 874  
Bayfield, WI 54814  
T: 715-779-9503  
info@livingadventure.com  
www.livingadventure.com  
Cuisine(s): Latino Foods  
Course Emphasis: A week-long Yucatan cooking program in the atmosphere of the ancient Maya. Experience food ceremony, preparations, stories, and intercultural themes. Visit Mayan archeological sites and shop in markets.  
Discount(s): 5%

## Canada

### BRITISH COLUMBIA

#### **Food Lovers Adventure in Italy's Gastronomic Paradise**

Margaret Cowan  
101-1184 Denman St #310  
Vancouver, BC V6G 2M9  
T: 800-557-0370  
www.italycookingschools.com

#### **Provencal Getaway Vacations**

Eileen Dwillies  
11373 Kingcome Ave  
Richmond, BC V7A 4W1  
T: 604-271-8722  
eileen@bc.sympatico.ca

#### **Villa Delia Tuscany Cooking School**

Kim Lloyd  
Umberto Management Ltd, 1376  
Hornby St  
Vancouver, BC V6Z 1W5  
T: 604-669-3732  
inquire@umberto.com  
www.umberto.com  
Cuisine(s): Tuscan  
Course Emphasis: Gourmet cooking classes and guided tours of the Tuscany regions, while staying in a luxurious 16th-century villa owned by Umberto Menghi. Local classes coming soon.  
Discount(s): 10%

### ONTARIO

#### **Healthy Gourmet Indian Cooking**

Arvinda Chauhan  
1334 Creekside Dr  
Oakville, ON L6H 4Y2  
T: 905-842-3215  
info@hgic.ca  
www.hgic.ca  
Cuisine(s): Indian & Thai  
Course Emphasis: Hands-on cooking classes for small, intimate group focusing on healthy and nutritious, vegetarian and non-vegetarian cuisines. Also, regional cooking of India culinary trips.  
Discount(s): 10%

#### **Taste of Europe**

Cathy Kinloch  
21 St Clair Ave E #1003  
Toronto, ON M4T 1L9  
T: 800-268-7229  
info@teacherstravel.com  
www.taste-of-europe.com

### QUEBEC

#### **Au Bon Gout**

Sandra M Carmichael  
369 52nd Ave  
Lachine, PQ H8T 2X3  
T: 514-637-0740  
abg@aubongout.com  
www.aubongout.com  
Cuisine(s): Szechuan, Mediterranean  
Course Emphasis: Hands-on and demonstration classes in techniques and de-mystifying ingredients. Also offered are cooking vacations to France, Rome, and the Amalfi Coast.

#### **Istituto Italiano Di Cultura**

Mario Novati  
1200 Dr Penfield  
Montreal, PQ H3A 1A9  
T: 514-849-3473  
mario.novati@sympatico.ca  
Cuisine(s): Italian  
Course Emphasis: Regional Italian cooking and wine classes; 5-week course held either Tuesday evenings (dinner), or Wednesday afternoons (lunch).  
Discount(s): 15%



## IN-HOME COOKING CLASSES

Perhaps you have always wanted to take advantage of a cooking course, but you aren't able to do so outside your home. Now is your chance to hone your culinary skills right in your own kitchen! We've put together a list of professionals who would love to join you in your home and share their knowledge of cooking with you. Web sites and telephone numbers are listed so you can obtain more details.

### ARIZONA

#### **A Fare of the Hearth**

Susan Cypert, RN  
Phoenix, AZ  
602-274-7744  
sjcypert@earthlink.com  
www.afareofthehearth.com  
Cuisine(s): Healthy, Fresh, Low Fat

203-629-1831  
dina@cookingbyheart.com  
www.cookingbyheart.com  
Cuisine(s): Technique,  
Vegetarian, Healthy, Ethnic  
(CT, NJ, NY areas served.)

### CALIFORNIA

#### **Addie's Culinary**

Sean Firtel  
Encinitas, CA  
760-753-0870  
chef@addies.com  
www.addies.com  
Cuisine(s): French, Regionally  
Ethnic

#### **Aussie Chef**

Chef Bruce Barber  
Sherman Oaks, CA  
818-986-0877  
aussiechef@earthlink.com  
www.aussiechef.net  
Cuisine(s): Stress-Free, Variety

#### **San Diego Private Chef**

Chef Timothy Nalick  
Oceanside, CA  
760-295-3634  
tim@sandiegoprivatechef.com  
www.sandiegoprivatechef.com  
Cuisine(s): Continental French,  
Pacific Rim

### CONNECTICUT

#### **Cooking by Heart**

Dina Cheney  
Cos Cob, CT

### DELAWARE

#### **Abra..ca..Dinner**

Chef Kris Etze  
Lewes, DE  
302-228-6125  
keats1947@aol.com  
http://208.229.144.178/abraca  
dinner

#### **Dinner Thyme**

Lisa Brisch  
Middletown, DE  
302-275-7401  
cheflisa@dinner-thyme.com  
www.dinner-thyme.com  
Cuisine(s): Healthy, Quick, Fresh

### FLORIDA

#### **Cuisine by Albert**

Chef Albert Leining  
Lake Mary, FL  
407-321-1127  
chefalbert@cuisinebyalbert.com  
www.cuisinebyalbert.com  
Cuisine(s): Appetizers, Ethnic,  
Home Style

#### **Just Like Mom's, PCS**

Nancy & Ginger Livingston  
Plantation, FL  
954-792-9366  
likemoms@bellsouth.net  
www.justlikemomspersonalchefs  
.com

**GEORGIA****Anita's Personal Chef Service**

Anita L Irvin  
Marietta, GA  
770-241-0303  
airvin7597@aol.com

**Carolyn's Meals by Design, LLC**

Chef Carolyn Akens  
Alpharetta, GA  
770-557-1329  
info@chefcarolyn.com  
www.chefcarolyn.com  
Cuisine(s): Healthy, Delectable

**The Dinner Doctor  
Personal Chef Service**

Mike  
Stone Mountain, GA  
404-550-1183  
chefmike@dinnerdoctor.net  
www.dinnerdoctor.net  
Cuisine(s): Mediterranean,  
Desserts, Basics

**Thyme Saving Cuisine, PCS**

Chef Leslie Krone  
Marietta, GA  
678-361-2862  
chefleslie@thymesavingcuisine.com  
www.thymesavingcuisine.com

**IDAHO****Dining by Design, PCS**

Chef Brandy Hackbarth  
Boise, ID  
775-338-2202  
chefbrandy@juno.com  
www.chefbrandy.com  
Cuisine(s): Home Style,  
Gourmet, Kids in the Kitchen

**MASSACHUSETTS****Let's Get Cooking**

Ellie Deaner  
Framingham, MA  
508-620-1009  
elliedeaner@aol.com  
Cuisine(s): Variety of Topics

**MICHIGAN****Renaissance Cuisine**

Channon Mondoux  
Caledonia, MI

info@rencuisine.com

www.rencuisine.com  
Cuisine(s): Gourmet, Comfort,  
Special Diets, Themes

**NEW JERSEY****Dining In, PCS**

Chef Lorette  
Scotch Plains, NJ  
973-781-0862  
diningin1@aol.com  
www.diningin1.homestead.com  
Cuisine(s): Ethnic, Comfort,  
Healthy

**Ted Can Cook Too! PCS**

Ted Kanterman  
Marlboro, NJ  
732-239-3014  
ted@tedcancook.com  
www.tedcancook.com  
Cuisine(s): Custom Menus

**NEW YORK****Home Cooking**

Jennifer Herman Clair  
Brooklyn, NY  
718-783-0048  
jennifer@homecookingny.com  
www.homecookingny.com  
Cuisine(s): Home-Style & Ethnic

**PENNSYLVANIA****Gourmet Your Way**

Chef Ron Page  
Carnegie, PA  
412-429-9958  
chefronpage@aol.com  
www.gourmetyourway.org

**RHODE ISLAND****The Nomadic Chef**

Douglas D Stuchel  
Pawtucket, RI  
401-368-0918  
thenomadicchef@aol.com  
www.thenomadicchef.com  
Cuisine(s): Basics, Holiday,  
Garnishing

**ALBERTA****Dinner For You**

Elizabeth Prinz  
 Jasper, AB  
 780-852-5996  
 dinner4u@telusplanet.net  
 Cuisine(s): Asian, Thai, Tex-Mex

**Saffron Catering and Personal Chef Service**

Dean Mitchell  
 Calgary, AB  
 403-850-5008  
 saffron.chef@telusplanet.net  
 www.uspca.net/alb/saffchef1  
 Cuisine(s): Variety

**BRITISH COLUMBIA****A Delicious Dish**

Pamela Davies  
 Vancouver, BC  
 604-928-0136  
 davies\_pam@hotmail.com  
 Cuisine(s): Home Style

**Thyme for You, PCS**

Kathy Ronald  
 Pt Coquitlam, BC  
 604-831-8416  
 thymeforyou@telus.net  
 www.thymeforyoupcs.com  
 Cuisine(s): Vegetarian, Low Fat

**MANITOBA****The Serving Spoon, PCS**

Margaret Smith  
 Winnipeg, MB  
 204-489-1519  
 cook2go@shaw.ca

**ONTARIO****Apron on the Run**

AnnaMaria Lopez  
 Windsor, ON  
 519-996-0675  
 info@apronontherun.com  
 www.apronontherun.com  
 Cuisine(s): International,  
 Low-fat, Organic

**Chef de maison**

Michelle Wolfson, Personal Chef  
 Toronto, ON  
 416-889-9420  
 michelle@chefdemaison.ca  
 www.chefdemaison.ca  
 Cuisine(s): Various

**Cinnabar Culinary Delights**

Chef Paul Mesbur  
 Toronto, ON  
 410-963-9675  
 cinnabarculinarydelights@rogers.com  
 http://cinnabar10.tripod.com  
 Discount(s): 10%

**Cuistot**

Danielle Vermette, CPC  
 Sarsfield, ON  
 613-833-0300  
 cuistot2000@yahoo.com  
 www.cuistot.net  
 Cuisine(s): Ethnic, Family Style,  
 Low Fat, Gourmet

**Culinary Alternatives**

Jill Seward  
 Richmond Hill, ON  
 905-770-6879  
 cu.al@primus.ca  
 www.culinaryalternatives.net  
 Cuisine(s): Home-style, Special  
 Diets

**Deborah LeBaron, PCS**

Deborah LeBaron  
 Hamilton, ON  
 905-547-7626  
 lebaron@prime-online.com  
 Cuisine(s): Ethnic, Hors  
 d'oeuvres

**Dining in Chez Vous**

Robyn Goorevitch  
 Toronto, ON  
 647-222-3463  
 robyngoore@aol.com  
 www.diningin.ca  
 Cuisine(s): International,  
 Gourmet, Comfort

**Kevin Hartley's Fast & Revelry**

Kevin Hartley  
 Toronto, ON  
 416-821-2711  
 feastandrevelry@aol.com  
 Cuisine(s): Healthy Classics &  
 K9Bistro  
 Area served: Downtown Toronto  
 from Queen's Quay to Eglinton,  
 Bayview to Bathurst.

**The Joy of Not Cooking**

Tabitha Chapman  
 Brampton, ON  
 905-487-0814  
 info@thejoyofnotcooking.com  
 www.enjoynotcooking.com  
 Cuisine(s): Healthy, Entertaining

**The Satisfied Soul**

Janet Craig  
 Toronto, ON  
 416-462-9995  
 janetcraigchef@rogers.com  
 www.satisfiedsoul.com

**Thyme to Dine**

Shirley Binks  
 Ottawa, ON  
 613-355-3215  
 shirley@thymetodine.ca  
 www.thymetodine.ca  
 Cuisine(s): Vegetarian, Low Fat,  
 Family Style

**To Dine For**

Jane Bowman  
 Toronto, ON  
 416-895-9725  
 janebowman222@hotmail.com  
 Cuisine(s): Ethnic, Healthy,  
 Low Fat

**What to Serve—Personal Chef**

Lorier Reysel  
 Toronto, ON  
 416-706-8547  
 cheflorier@sympatico.ca

**Your Home Chef**

Jane Phipps  
 Stittsville, ON  
 613-266-2430  
 janecooks@hotmail.com  
 Cuisine(s): Various

**Zeal Enterprises, PCS**

Kim Rabe  
 Sunderland, ON  
 705-357-3308  
 kim@zealenterprises.com  
 www.zealenterprises.com  
 Cuisine(s): Low Fat, Organic,  
 Family Style

**QUEBEC****Cuisine Kathleen**

Kathleen Hanna  
 Sherbrooke, PQ  
 450-923-2893  
 cuisinekathleen@yahoo.com

**SASKATCHEWAN****Cater to You**

Maria Godwin  
 Saskatoon, SK  
 306-220-7580  
 catertoyou@sasktel.net  
 Cuisine(s): Comfort, Special  
 Diets, Treats

## MAIL ORDER & ONLINE MARKETPLACE

Even with the wide variety of local shopping centers, sometimes it's still difficult to find that special food or ingredient, or that certain kitchen equipment, or supplies. To help make your search a bit easier, we have put together a list of businesses that you can contact to purchase those hard-to-find items.

### SPECIALTY FOODS AND INGREDIENTS

#### **All Serve Inc**

PO Box 43209  
Cleveland, OH 44143-0209  
T: 800-827-8328  
cooking@allserv.com  
www.soupbase.com  
Features: Premium flavor ingredients for the food service industry and the home cook

#### **Asia Foods**

18-20 Oxford St  
Boston, MA 02111  
Info@asiafoods.com  
www.asiafoods.com  
Features: Over 800 Asian foods, ingredients, spices, teas cookware and more

#### **Bland Farms Vidalia Sweet Onion Lover's Catalog**

PO Box 506  
Glennville, GA 30427-0506  
T: 800-843-2542  
info@blandfarms.com  
www.blandfarms.com  
Features: Vidalia Sweet Onions, recipes, cookbooks and misc items

#### **Bob's Red Mill Natural Foods/Ingredients**

5209 SE International Way  
Milwaukie, OR 97222  
T: 800-349-2173  
lisa@bobsredmill.com  
www.bobsredmill.com  
Features: Millers, manufacturers and distributors of whole grain natural foods/ingredients

#### **Cheese Express**

104 Bronson St, Ste 1  
Santa Cruz, CA 95062  
T: 888-530-0505  
www.cheeseexpress.com  
Features: Cheeses from all over the world along with specialty items, gift boxes and gift certificates

#### **Citterio**

Italy-4-U  
Po Box 3162  
Ft Lee, NJ 07024  
T: 888-482-5948  
sales@citteriousa.com  
www.citterio.com  
Features: The finest quality prepared meats

#### **Dean & DeLuca**

2526 E 36th St N Circle  
Wichita, KS 67219  
T: 877-826-9246  
atyourservice@deandeluca.com  
www.deandeluca.com  
Features: Coffees & teas, herbs & spices, packaged dry goods and other gift selections

#### **Diamond Organics**

PO Box 2159  
Freedom, CA 95019  
T: 888-674-2642  
www.diamondorganics.com  
Features: Organic foods: fruits, vegetables, pastas, cheeses, beans and baking mixes. Also teas, juices, kitchen tools and gifts

**Ethnic Grocer**

162 W Hubbard St, 3rd Fl  
Chicago, IL 60610  
T: 800-523-1961  
www.ethnicgrocer.com  
Features: Authentic foods/  
ingredients from 15 countries,  
also cookbooks and gifts

**Geerlings & Wade Inc**

960 Turnpike St  
Canton, MA 02021-2818  
T: 800-782-9463  
www.geerwade.com  
Features: Wine, accessories,  
stemware, racks and clearance  
specials

**Green Mountain Sugar House**

Rt 100 N Box 820  
Ludlow, VT 05149  
T: 800-643-9338  
www.gmsh.com  
Features: Pure Vermont maple  
syrops, candy, pancake mixes  
and gifts

**Gold Mine Natural Foods**

7805 Arjons Dr  
San Diego, CA 92126  
T: 800-475-3663  
F: 858-695-0811  
www.goldminenaturalfood.com  
Features: Hard-to-find organic  
and heirloom foods, kitchenware,  
books, and natural bath & body  
products

**Goldwater's Foods/Ingredients  
of Arizona**

PO Box 9846  
Scottsdale, AZ 85252  
T: 800-488-4932  
F: 602-438-8973  
information@goldwaters.com  
www.goldwaters.com  
Features: Southwestern salsas,  
foods/ingredients and gifts

**Haus Barhyte, Inc  
(The Mustard People)**

PO Box 1499  
Pendleton, OR 97801  
T: (800) 227-4983  
F: (503) 691-8918  
Merika@mustardpeople.com  
www.mustardpeople.com  
Features: Gourmet mustards for  
sandwiches, dipping and other uses

**Indian Harvest  
Specialtifooods Inc**

PO Box 428  
1012 Paul Bunyan Dr SE  
Bemidji, MN 56601  
T: 800-346-7032  
catalog@ihfs.com  
www.indianharvest.com  
Features: The ultimate rice,  
grain, and bean company

**Kalustyans**

123 Lexington Ave  
New York, NY 10016  
T: 212-685-3451  
sales@kalustyans.com  
www.kalustyans.com  
Features: Outlet for ethnic foods  
and ingredients

**Kariba Farms**

PO Box 184  
Cedar Knolls, NJ 07927  
T: 800-442-1969  
sales@karibafarms.com  
www.karibafarms.com  
Features: Quality gourmet dried  
fruits and vegetables

**Melissa's World Variety  
Produce Inc**

PO Box 21127  
Los Angeles, CA 90021  
T: 800-588-0151  
hotline@melissas.com  
www.melissas.com  
Features: Exotic produce and  
specialty foods/ingredients

**Mission Shippers Inc**

PO Drawer 471  
Mission, TX 78573-0471  
T: 800-225-9352  
gifts@missionshippers.com  
www.missionshippers.com  
Features: Gift fruit business  
specializing in citrus fruits

**Mister Spear**

PO Box 1768  
Stockton, CA 95201  
T: 800-677-7327  
misterspear@misterspear.com  
www.misterspear.com  
Features: Gourmet produce  
company specializing in  
California asparagus and  
artichokes

**MoHotta-Mobetta**

PO Box 1026  
Savannah, GA 31402-1026  
T: 800-462-3220  
mohotta@mohotta.com  
www.mohotta.com  
Features: A huge variety of hot sauces, spicy condiments and gifts

**Organically Grown & Untreated**

28560 Lilac Road  
Valley Center, CA 92082  
T: 760-749-1133  
Jb54@worldnet.att.net  
www.organicfruitsandnuts.com  
Features: Dried fruits, nuts, seeds and grains, plus many other products

**AsiaMex.com**

2610 Breezy Point  
O'Fallon, MO 63366  
T: 877-274-2639  
sales@asiamex.com  
www.asiamex.com  
Features: Unique products and delicious foods/ingredients from Asia, the Middle East, Mexico, and Latin America

**Penzeys Spices**

19300 W Janacek Ct  
Brookfield, WI 53045  
T: 800-741-7787  
www.penzeys.com  
Features: Spices, herbs, seasonings and free catalog

**San Francisco Herb Company**

250 14th Street  
San Francisco, CA 94103  
T: 800-227-4530  
customerservice@sfherb.com  
www.sfherb.com  
Features: Herbs, spices, baking items and a wide variety of miscellaneous products

**Stonewall Kitchen**

Stonewall Lane  
York, ME 03909  
T: 800-207-5267  
guestservices@stonewall.com  
www.stonewallkitchen.com  
Features: Creators of specialty foods/ingredients. Kitchenware, miscellaneous products and gifts

**Sultan's Delight**

59-88th Street  
Brooklyn, NY 11209  
T: 800-852-5046  
sultansdelight@aol.com  
www.sultansdelight.com  
Features: Providers of fine Mediterranean and Middle Eastern foods/ingredients, spices, oils, and more

**The Cooking Post**

The Pueblo of Santa Ana  
2 Dove Road  
Bernalillo, NM 87004  
T: 888-867-5198  
info@cookingpost.com  
www.cookingpost.com  
Features: American Indian companies offer wild rice, maple syrups, blue corn mixes, gift and sample packs

**The Oriental Pantry**

423 Great Road (Rt 2A)  
Acton, MA 01720  
T: 978-264-4576  
www.orientalpantry.com  
Features: Highest quality grocery items and housewares from China, Japan, Thailand, India & Vietnam

**The Spice House**

1941 Central St  
Evanston, IL 60201  
T: 847-328-3711  
spices@thespicehouse.com  
www.thespicehouse.com  
Features: High quality, hand-selected, hand-prepared spices and herbs

**The Spice House**

1031 N Old World 3rd St  
Milwaukee, WI 53203  
T: 414-272-0977  
spices@thespicehouse.com  
www.thespicehouse.com  
Features: High quality, hand-selected, hand-prepared spices and herbs

**The Stash Tea Company**

PO Box 910  
Portland, OR 97207  
T: 800-826-4218  
stash@stashtea.com  
www.stashtea.com  
Features: Rare and exotic teas, accessories and gift packs

## CULINARY EQUIPMENT

## UNITED STATES

**A Cooks Wares**

211 37th St  
 Beaver Falls, PA 15010  
 T: 800-915-9788  
[sales@cookswares.com](mailto:sales@cookswares.com)  
[www.cookswares.com](http://www.cookswares.com)  
 Features: Superior gourmet gifts and supplies

**Beryl's Cake Decorating & Pastry Supplies**

PO Box 1584  
 N Springfield, VA 22151-0584  
 T: 800-488-2749  
[beryls@beryls.com](mailto:beryls@beryls.com)  
[www.beryls.com](http://www.beryls.com)  
 Features: Cake decorating and pastry supplies

**Books For Cooks**

5087 Columbia Rd  
 Columbia, MD 21044  
 T: 888-247-3779  
[info@books-for-cooks.com](mailto:info@books-for-cooks.com)  
[www.books-for-cooks.com](http://www.books-for-cooks.com)  
 Features: Newest releases, best sellers, out of print books, and gift certificates

**Chef's**

PO Box 620048  
 Dallas, TX 75262  
 T: 800-844-2433  
[www.chefscatalog.com](http://www.chefscatalog.com)  
 Features: Professional restaurant equipment for the home chef since 1979

**Chefshop**

PO Box 3488  
 Seattle, WA 98114  
 T: 877-337-2491  
[Shopkeeper@chefshop.com](mailto:Shopkeeper@chefshop.com)  
[www.chefshop.com](http://www.chefshop.com)  
 Features: Baking and grilling supplies, on-sale items and new arrivals

**Crate & Barrel**

PO Box 3210  
 Naperville, IL 60566-7210  
 T: 800-967-6696  
[www.crateandbarrel.com](http://www.crateandbarrel.com)  
 Features: Housewares and gifts catalog

**Culinary Parts Unlimited**

80 Berry  
 Pacheco, CA 94553  
 T: 800-543-7549  
[info@culinaryparts.com](mailto:info@culinaryparts.com)  
[www.culinaryparts.com](http://www.culinaryparts.com)  
 Features: Over 35 name brands. Genuine manufacturer replacement parts for appliances, cookware sets, gadgets and tools

**Gourmet Guides**

2025 33rd Ave S  
 Seattle, WA 98144  
 T: 800-413-3327  
[gourmetguides@gourmetguides.com](mailto:gourmetguides@gourmetguides.com)  
[www.gourmetguides.com](http://www.gourmetguides.com)  
 Features: New, unusual and hard-to-find titles, at great low prices, for all levels of cooks

**Grill Lovers**

T: 800-241-8981  
[customerservice@grilllovers.com](mailto:customerservice@grilllovers.com)  
[www.grilllovers.com](http://www.grilllovers.com)  
 Features: Outdoor cooking source for grills and smokers including replacement parts and accessories

**House on the Hill**

PO Box 7003  
 Villa Park, IL 60181  
 T: 630-279-4455  
[Info@houseonthehill.net](mailto:Info@houseonthehill.net)  
[www.houseonthehill.net](http://www.houseonthehill.net)  
 Features: Working replicas of historic cookie molds for baking, creating and decorating

**Kitchen Accessories Unlimited**

67 Rolling Wood Dr  
 Trumbull, CT 06611  
 T: 203-374-5425  
[Sales@kitchenaccessories.com](mailto:Sales@kitchenaccessories.com)  
[www.kitchenaccessoriesunlimited.com](http://www.kitchenaccessoriesunlimited.com)  
 Features: Cabinet hardware, racks, work tables, lighting, and much more



**Kitchen Krafts, Inc.**

1478 Elon Dr  
Waterville, IA 52170  
T: 563-535-8000  
www.kitchenkrafts.com  
Features: Foodcrafter's  
Equipment and Supplies

**La Cuisine**

323 Cameron St  
Alexandria, VA 22314-3219  
T: 800-521-1176  
F: 703-836-8925  
lacuisine@worldnet.att.net  
www.lacuisineus.com  
Features: The cook's resource of  
culinary equipment, books and  
gift ideas

**Great Cookware.Com, Inc**

904 W Thadds Rd, Suite #2  
Fairbury, IL 61739  
Customers@greatcookware.com  
www.p4online.com  
Features: Online specialty items  
shipped same day as ordered

**Star Chefs**

270 Lafayette St, Suite 205  
New York, NY 10012  
T: 212-966-3775  
www.star chefs.com  
Features: Online culinary  
resource and marketplace

**Sur La Table**

1765 6th Ave S  
Seattle, WA 98134-1608  
T: 800-243-0852  
customerservice@surlatable.com  
www.surlatable.com  
Features: Sellers of fine  
equipment for domestic and  
professional kitchens

**Sweet Celebrations Inc**

PO Box 39426  
Edina, MN 55439-0426  
T: 800-328-6722  
sweetcel@maidofscandinavia.com  
www.sweetc.com  
Features: Specialty cookware,  
decorations and supplies

**The Baker's Catalog  
(The King Arthur Flour Co)**

PO Box 876  
Norwich, VT 05055-0876  
T: 800-827-6836  
www.kingarthurfLOUR.com  
Features: Fine tools, ingredients,  
equipment and books for the  
home baker

**The Container Store**

2000 Valwood Pkwy  
Dallas, TX 75234-8800  
T: 888-266-8246  
www.thecontainerstore.com  
Features: The ultimate guide to  
kitchen and pantry organization

**The Gourmet Kitchen**

1825 McFarland Blvd N  
Tuscaloosa, AL 35406  
T: 800-355-7745  
gourmet@dbtech.net  
www.gourmet.org  
Features: On-line cooking  
products and accessories store

**The Knife Merchant**

4740 Garfield St  
La Mesa, CA 91941  
T: 800-714-8226  
Sales@knifemerchant.com  
www.knifemerchant.com  
Features: One of the best sources  
for quality knives, cookware,  
kitchen gadgets and furniture

**Williams Sonoma**

3250 Van Ness Ave  
San Francisco, CA 94109  
T: 877-812-6235  
www.williamssonoma.com  
Features: Catalog for cooks

**Wilton Industries**

2240 W 75th St  
Woodridge, IL 60517  
T: 630-963-1818  
www.wilton.com  
Features: Baking & cake  
decorating supplies, books,  
videos and class sites

**CANADA**

**Ashton Green LTD**

4521 Southclark Pl  
Ottawa, ON K1T 3V2  
T: 800-609-1188  
customerservice@ashtongreen.com  
www.ashtongreen.com  
Features: Wonderful kitchen  
tools and information about food  
and cooking

**Golda's Kitchen**

700 Matheson Blvd W  
Mississauga, ON L4R 3T2  
T: 905-712-1475  
golda@goldaskitchen.com  
www.goldaskitchen.com  
Features: Quality kitchenware  
products and specialty items

**Padinox, Inc**

PO Box 201606  
RPO Sherwood  
489 Brackley Pt Rd  
Winsloe, PEI C1A 9E3  
T: 800-565-0261  
paderno@palinox.ca  
www.paderno.com  
Features: Gorgeous Paderno and  
Chaudier cookware

**Tools and Techniques, LTD**

#250 16th St  
West Vancouver, BC V7V 3R5  
T: 604-925-1835  
Cooks@paralynx.com  
www.thestoreforcooks.com  
Features: High end cookware,  
kitchen tools, gadgets and small  
appliances

## WWW.COOKINGCLUB.COM

### **Recipes and Cooking Information at your Fingertips**

At [cookingclub.com](http://cookingclub.com) you'll find information about food, cooking tools and equipment, and Club membership information. Plus, you'll get a chance to win some exciting prizes in the *Click and Win!* Sweepstakes. Log on to your cooking resource today and take a look at the following:

#### **Recipes**

##### • **Recipe Finder**

Search our recipe archives for new ideas or old favorites. We'll be adding new recipes often so be sure to check back! Don't miss the Recipe of the Week.

#### **Member to Member**

- **Bulletin Board:** enjoy participating in members-only forums
- **Restaurant Guide:** CCOA Members recommend their favorite restaurants

#### **Cooks Reference**

##### • **Cooking Library**

Find articles, tips and information on all aspects of cooking. We'll be adding new content often so be sure to check back! Below are some of the topics you'll find.

- Best Dressed Birds
  - Chicken Stock Techniques & Recipes
  - Cooking from the Garden
  - Desserts with Appeal
  - Member to Member Restaurant Guide
  - Roasting Pork on the Fast Track
  - Serves Two
  - Simply Tomatoes
  - Tasty ways to Fix Fish Fast
  - Ultimate Burgers
  - Working with egg whites
- **Resources & Directories**  
The Culinary Resource Directory is also available online for members' convenience.

## • **Ingredient Library**

### • **Definitions & Substitutions**

If you have a definition or substitution you'd like to share, such as those listed below, make your submission on the web site.

#### **Arborio Rice**

Arborio rice is a short-grained Italian rice.

The short, fat grains are very starchy, making them perfect for risotto; the excess starch helps create the creaminess necessary to this rice dish.

Arborio rice can be found in most grocery stores, as well as at Italian markets or gourmet stores.

#### **Baking Pans**

The best baking pans are made of heavy aluminum. They bake evenly and produce baked goods that are golden brown. Dark-coated baking pans, including many nonstick pans, produce baked goods that are dark colored and sometimes lower in height.

To prevent this, reduce the oven temperature by 25°F. when using dark-colored baking pans.

## **Member Benefits**

Find information on your Club benefits such as the Product Test Program, Life Membership, the new Club VISA, Click and Win!, Deals & Discounts.



Enter the Club's *Click and Win!* giveaway to win great prizes like this.

## **Member Services**

The Member Services Help Desk is available to help with any membership problems or questions. Check out the handy links for questions relating to Dues Notices, Billing, Membership Expiration, the Magazine, Product Test Program and more. If you can't find what you need, just email us at [MemberServices@CookingClub.com](mailto:MemberServices@CookingClub.com).

## NORTH AMERICAN FARMERS' MARKETS

When you want fresh fruits, vegetables, herbs, and flowers, but don't have your own garden, what better place to visit than a farmers' market? The web sites listed below will direct you to a market closest to you. Enjoy shopping in the fresh air while choosing the freshest produce.

### UNITED STATES

#### All States

[www.ams.usda.gov/farmersmarkets](http://www.ams.usda.gov/farmersmarkets)

### CANADA

#### Alberta

[www.agric.gov.ab.ca/store/farmersmarket/index.html](http://www.agric.gov.ab.ca/store/farmersmarket/index.html)

#### British Columbia

[www.bcfarmersmarket.org](http://www.bcfarmersmarket.org)

#### Nova Scotia

[www.gov.ns.ca/nsaf/marketing/recipes/agri/index.htm](http://www.gov.ns.ca/nsaf/marketing/recipes/agri/index.htm)

#### Ontario

[www.fmo.reach.net](http://www.fmo.reach.net)

#### Prince Edward Island (call for location and hours of operation)

Charlottetown (902) 626-3373

Jewells Market (902) 629-1900

Kensington Market (902) 836-5780

Sumerside (902) 436-0833

Wood Island (902) 962-2081

#### Produce, Home Canning & Food Safety Sites

[www.aboutproduce.com](http://www.aboutproduce.com)

[www.dehydrators.com](http://www.dehydrators.com)

[www.nal.usda.gov/foodborne/index.html](http://www.nal.usda.gov/foodborne/index.html)

[www.homecanning.com](http://www.homecanning.com)

[www.myownlabels.com](http://www.myownlabels.com)

To Contact the  
Cooking Club of America  
Member Services:

**Call:**  
(888) 850-8202

**Write:**  
Cooking Club of America,  
Member Services Dept.  
P.O. Box 3438  
Minnetonka, MN 55343

**Email:**  
[mail@cookingclub.com](mailto:mail@cookingclub.com)

**Website:**  
[www.cookingclub.com](http://www.cookingclub.com)

