



## **GO FOR THE SUN, STAY FOR THE FOOD**

*The Islands Of The Bahamas Presents Cuisine to Satisfy Any Palate*

Beyond the sun, sand and surf, the 700 Islands Of The Bahamas are sure to delight with limitless dining options. From simple dishes to exotic Bahamian and International menus, the culinary scene in The Bahamas is exploding and is sure to tempt all taste buds.

### **Grand Bahama Island**

The fourth largest island in The Bahamas, Grand Bahama Island's culinary offerings mirror its attractions – a blend of cosmopolitan possibilities sprinkled with natural and charming treasures.

***Aqua:*** Set in the epicenter of the renowned Old Bahama Bay resort, Aqua offers an innovative Bahamian fusion menu that blends classic Bahamian delicacies with fresh new dishes. The restaurant's modern British West Indies décor is accented by extraordinary views of the ocean and marina. Visit [www.oldbahamabay.com](http://www.oldbahamabay.com).

***Churchill's Chop House & Bar:*** Old-World charm and elegance set the tone at this fine dining venue at The Westin Grand Bahama. Serving succulent steaks and local seafood, Churchill's has become a popular favorite among travelers looking to start their vacation in style. Be sure to arrive early to enjoy a number of specialty cocktails at the bar. Visit [www.ourlucaya.com](http://www.ourlucaya.com).

***Ferry House:*** Diners are regularly captivated by this eatery touted as Lucaya's most upscale restaurant. Boasting a menu of contemporary global cuisine fused with the unique flavors of the Caribbean and an elegant design featuring picture windows that look out on Bell Channel Bay, the Ferry House is a dining experience not to be missed. Visit [www.ferryhousebahamas.com](http://www.ferryhousebahamas.com).

***Luciano's:*** A staple in the Port Lucaya Marketplace, Luciano's presents a menu of classical European entrees and favorite Island dishes. Dedicated to providing guests with only the highest standard of service and cuisine, it's no wonder Luciano's has catered to gourmet taste buds for more than 25 years. Visit [www.portlucaya.com](http://www.portlucaya.com).

### **Nassau/Paradise Island**

The island pair of Nassau, the capital of The Bahamas, and Paradise Island, is one of the most popular and frequently visited Bahamian destinations. To please the palates of the many visitors to their sandy shores, this duo offers a wide selection of gourmet dining venues.

***Nobu:*** The newest location of the legendary Japanese restaurant run by Chef Nobu Matsuhisa is in the Royal Towers of Atlantis. Famous for its sake cellar, a room situated inside a domed tower lined with glowing sake bottles and windows to provide views of the marina. Visit [www.atlantis.com](http://www.atlantis.com).

***Mesa Grill:*** Celebrity chef Bobby Flay opened his celebrated Mesa Grill at Atlantis in March 2007. Featuring mouth-watering dishes comprised of primarily southwestern ingredients and indigenous American foods such as black and white beans, chili and avocado, Flay is famous for dazzling the palate. Visit [www.atlantis.com](http://www.atlantis.com).

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**Café Matisse:** This picturesque restaurant, located just off Bay Street in downtown Nassau appropriately features Matisse prints and impressions throughout the dining room. A menu of delicious homemade pasta, seafood, pizza and delicious desserts, which changes every three months keeps diners on their toes and coming back often. Visit [www.cafe-matisse.com](http://www.cafe-matisse.com).

**Dune:** Created by internationally renowned chef and restaurateur Jean-Georges Vongerichten, Dune serves an innovative blend of French-Asian cuisine infused with local herbs and Bahamian influences. Perched atop a white sand beach amidst dramatic ocean views, Dune is a truly unexpected dining experience. Visit [www.oneandonlyresorts.com](http://www.oneandonlyresorts.com).

**Graycliff:** The first five-star restaurant in the Caribbean, this elegant eatery is not to be missed. Mouthwatering Continental and Bahamian cuisine is artistically served, paired with a selection from Graycliff's expansive wine cellar, one of the largest and most reputable in the world. Visit [www.graycliff.com](http://www.graycliff.com).

**Indigo Café:** Situated just off West Bay Street in the Cable Beach area, this one-of-a-kind restaurant combines a vibrant and colorful atmosphere with an eclectic menu that will please all palates. Hungry vacationers can dine inside amongst an impressive collection of original artwork accented by soft lighting, or can go al fresco thanks to the restaurant's spacious outdoor patio. Visit [www.indigobahamas.com](http://www.indigobahamas.com).

**The Poop Deck at Sandypoint:** Only a few miles from the active Cable Beach resort area, the Sandypoint outpost of the Nassau Yacht Haven staple offers the same hospitality in a more elegant atmosphere. While the menu still boasts classic favorites & the freshest local fish cooked to order, The Poop Deck at Sandypoint also incorporates finer dishes for those wishing for a more "upscale" dining experience. Visit [www.thepoopdeckrestaurants.com](http://www.thepoopdeckrestaurants.com).

**Goodfellow Farms:** This organic farm grows some of the freshest produce in the Caribbean. Visitors sample their goods at some of Nassau's finest restaurants, or head straight to the source for some tantalizing treats. The farm's Country Store is stocked with fresh from the oven delicacies such as homemade breads and quiches, as well as a variety of soups, fresh cheese and pesto. Hungry customers are welcome to stay for lunch, thanks to a varying weekly menu of healthy, made-to-order meals including Cranberry Almond Chicken salad, Eggplant Parmesan and Smoked Salmon. Visit [www.goodfellowfarms.com](http://www.goodfellowfarms.com).

### **The Out Islands**

The breathtaking beauty and serenity aren't the only things visitors should take advantage of while visiting the Out Islands of The Bahamas.

**Rock House:** Savory cuisine is served in an exquisite British Colonial setting at this elegantly appointed hotel and restaurant found on Harbour Island. Guests can enjoy signature dishes such as the "Almost Boneless" chicken while watching breathtaking sunsets over the harbor or reserve a seat at the intimate 14-person Chef's table. Visit [www.rockhousebahamas.com](http://www.rockhousebahamas.com).

**The Landing:** Consistently met with rave reviews, The Landing is one of the top restaurants on Harbour Island, serving a contemporary menu based on fresh local produce and freshly caught local fish and seafood. The intimate atmosphere and mouthwatering cuisine are only further enhanced by the restaurant's impressively-stocked wine cellar. Visit [www.harbourislandlanding.com](http://www.harbourislandlanding.com).

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***Il Cielo:*** Located at Four Seasons Resort Great Exuma at Emerald Bay, Il Cielo offers a wide selection of Italian dishes and fresh, locally caught seafood. The restaurant’s enchanting Bahamian ambiance, which is accentuated by views over the pools and the ocean, also provides an intimate location for relaxing with a glass of wine from the resort’s impressive wine cellar. Visit [www.fourseasons.com/greatexuma](http://www.fourseasons.com/greatexuma).

***Anglers:*** Blending classic favorites from around the world such as filet mignon or lobster tail with distinctive flavors of the Bahamas, this beachfront retreat serves up international cuisine with a delicate island accent. Guests of all palates will enjoy a delicious variety of menu options coupled with a casually elegant atmosphere. Visit [www.abacoresort.com](http://www.abacoresort.com).

***Tippy’s:*** Although the atmosphere is casual, the menu is sophisticated at this charming beachside restaurant-bar found at Pineapple Fields in Eleuthera. Guests can enjoy anything from pizza to seared sushi-grade tuna or lobster tempura. Island favorites like Cajun grouper is also served, and guests can enjoy live music every Friday and Sunday evenings. Food is best enjoyed on the outdoor deck, with a breathtaking view of the beach. Tippy’s has become one of the most talked about restaurants in The Bahamas. Visit [www.pineapplefields.com](http://www.pineapplefields.com).

An ideal destination for travelers of all interests, the 700 Islands Of The Bahamas attract visitors with world-class diving and fishing, beautiful turquoise water and miles of picture perfect beaches. Island-life, from the non-stop excitement and entertainment of Nassau/Paradise Island and Grand Bahama Island to the laid-back lifestyle of the Out Islands, comes in a variety of flavors for discerning travelers yet draped in one colorful Bahamian backdrop. For more information on travel packages, activities, and accommodations throughout The Islands Of The Bahamas, call 1-800-Bahamas or visit [www.bahamas.com](http://www.bahamas.com).

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